

ASIA

Annual Report 2023







# Annual Report

## 2023





# Index

Letter from the President	4
Methodological Note	8
<b>1. WHO WE ARE</b>	<b>10</b>
ASIA in Italy and the World	18
Institutional Acknowledgments	20
Our History	21
Our Values	25
Mission and Vision	28
Where we operate	30
Governance	33
Human Resources	36
<b>2. WITH WHOM</b>	<b>42</b>
Our donors	46
Our partners	49
Our networks	51
<b>3. OUR COMMITMENT</b>	<b>52</b>
Our approach	56
Ethics	59
Our commitment in 2023	60
Bhutan	74
Mongolia	97
Myanmar	104
Nepal	123
Italy	165
Long Distance Sponsorship	185
Not only LDS	208
Fundraising and Communication	214
<b>4. FINANCIAL STATEMENTS</b>	<b>229</b>
Balance Sheet and Management Accounts	234
Mission Report	243
Audit Report	267
Supervisory Body Report	271

# Letter from the President

---

The year 2023 has seen a stratification of ongoing crises in which the continuing war between Russia and Ukraine has been joined by a new and violent outbreak of the Israeli-Palestinian conflict. The effects of these crises heavily felt from an economic and social point of view in Europe and more than ever in Italy. Moreover, due to the increase in the number of countries affected by wars, famines and natural disasters caused by severe climate change impacts, the migration of populations fleeing these countries and seeking safer places to live has increased sharply.

In Italy, policies to mitigate and manage this phenomenon in a humane and respectful manner are still far from being implemented, and the current Italian government, besides absurd repressive policies and migrant refoulement, has launched the 'Piano Mattei' as part of its migration strategy, with the immediate consequence that all the funding directed to the few priority countries in Asia such as Myanmar have been redirected to African countries.

Unfortunately, other Italian institutional donors were forced to adapt to this policy, drastically reducing the possible sources of funding to countries where ASIA has been working for more than 30 years.

This situation led to a drastic decrease in funding retrieved during 2023 and to fewer new projects being financed, of which there were only 9 across 2023. Thanks to the residual income from 2022, along with new funding, 23 projects were implemented in 2023, of which 9 were completed and 14 are still ongoing with expected closure in 2024.

We worked in Myanmar, Nepal, Bhutan, Mongolia and Italy reaching a total of 14.755 direct beneficiaries and 56.872 indirect beneficiaries.

The priority areas of intervention were: food security, agriculture and pastoralism with 9 projects; global citizenship education with 4 projects; cultural heritage protection with 3 projects; education with 2 projects, emergency with 2 projects, WASH with 2 projects and environmental protection with 1 project.

We pledged to contribute to the Sustainable Development Goals to develop ecologically sustainable and organic agriculture to combat the impacts of climate change; to improve access to education through long-distance sponsorships, teacher training and support for schools in remote areas; to defend the cultural, spiritual and linguistic heritage of oppressed cultural minorities; to educate and raise awareness in civil society on the issues of climate change, solidarity, human rights and fundamental freedoms, the dignity of every person, introducing Buddhist cultural values such as empathy, non-violence and interdependence to create a more respectful and tolerant society. In all the projects implemented, we have given careful attention to women's participation in order to achieve gender equality by strengthening women's access to education, training and employment.

In **Nepal**, despite its great cultural heritage and diversity, is one of the poorest countries in the world, and in the last three decades has suffered the blows of a civil war, two devastating earthquakes and the covid-19 pandemic, which have further slowed down its development and caused very high emigration rates. We have been operating in this country for almost 27 years and during 2023 we reached about 3,000 direct beneficiaries. A total of 10 projects were implemented: 2 to protect Tibetan cultural heritage; 4 to ensure food security; 1 to protect the environment; 1 for emergency relief following the earthquake in the Karnali province; 2 to ensure the availability of potable water and improve sanitary conditions in rural areas.

**Bhutan**, the only country in the world with a Vajrayana Buddhist tradition, is known for its efforts to protect its ancient culture and biodiversity from exploitation and globalisation. In truth, Bhutan, too, has suffered dramatic impacts since opening up to the outside world, putting its cultural heritage, pristine natural environment and biodiversity at serious risk. In the remote areas, unfortunately, income opportunities are very limited and the local people, mostly farmers or nomads, live off their own agricultural products which, more often than not, are not sufficient to guarantee food security or economic self-sufficiency. ASIA has been working in this country since 2019 and in 2023 we implemented 4 projects, including 1 to protect cultural heritage, 2 to ensure food security in very poor districts and 1 to improve the quality of education in schools located in remote areas. In 2023, 2,187 people directly benefited from these activities.

In recent years **Myanmar** has been facing a number of health, economic and political challenges that have undermined its stability and economy. The COVID pandemic has strained the country's health and economic system, with a huge impact on the tourism and export sector. The military coup enacted by the Burmese armed forces on the morning of 1 February 2021 started fierce clashes that are now widespread throughout the country, now considered one of the most dangerous in the world by UN reports. During 2023, the sectors of intervention in which ASIA worked were emergency, food security and agriculture, managing to support 5560 direct beneficiaries.

**Mongolia**, a country known for its rich nomadic culture and millenary traditions unfortunately remains outside the interests of international cooperation. Although life in the capital, which is home to about a third of the total population, now fairly adapts to Western standards, the rest of the population lives according to nomadic traditions in wastelands or concentrated in the gher, an area just outside Ulan Bator, in very precarious social, economic, and sanitary conditions. In this context, and despite a small setback due to COVID-19, ASIA has maintained its presence with international staff since 2016 and has continued to support the population with projects focused especially on the education and pastoral sectors. In 2023, ASIA implemented one project in the education sector and reached 1,323 direct beneficiaries.

In **Italy**, 2023 started with the last activity of the project 'Educating to defend animal rights and protect the environment for a sustainable future of planet Earth', the webinar 'Animal Landscapes. The human-animal relationship between history, environment, psychology and religion', which was attended by well-known speakers and experts in their respective disciplines and a very interested audience. During the year, we concluded the project 'Let's Make Peace. Taking care of one's inner enemies to make peace with the outside world' - focused on awareness and making peace with one's inner world as a necessary condition for establishing relationships based on respect, listening and empathy - and we started a new project 'We are One. From the illusion of a separate self to the awareness of an interconnected self', which aims to alleviate the sense of separation and isolation widespread among young people, providing useful tools to develop a more empathic and connected self with others and with the environment.



Finally, we continued the activities of 'Green school Italy: network of schools and territories for sustainable development' through which an increasing number of schools are acquiring the tools to apply good practices in the direction of environmental sustainability and the fight against the impacts of climate change. Throughout 2023, we reached 2,188 people directly.

Our Annual Report for 2023 provides precise data and information related to all the activities mentioned in this letter, supported by indicators used by ASIA to measure results. Every year we try to improve its contents to provide more information to communicate how the funds that we receive are invested; the number of beneficiaries reached and the impact we have had in the areas where we operate. Finally, we would like to highlight our small contribution to achieving the sustainable development goals of the 2030 Agenda.

Everything we have been able to achieve, despite increasing difficulties, has been possible thanks to our donors, supporters who have been following us for so many years, partners, the board of directors and our staff in Italy and in the countries where we operate. We remain hopeful that we will continue to pursue our mission and contribute actively to alleviating suffering and poverty and creating a more just, sustainable and war-free world.

Rome, 19 April 2024

A handwritten signature in black ink, reading "Andrea dell'Angelo". The signature is written in a cursive style with a long horizontal stroke at the end.

# Methodological Note

---

ASIA, with this document, intends to offer all interested persons, supporters, donors, collaborators, partners and civil society, in a clear and transparent manner, all the relevant information about the activities carried out, the results achieved and how funds were spent throughout 2023 to achieve the objectives set out in the organisation's strategic plan.

The current document consists of four chapters divided as follows:

**The first chapter** provides information about ASIA, its offices in Italy and around the world, the acknowledgments received over the years, its history, the values it is inspired by, the countries where it operates, the vision, the mission, the organisation's governing bodies, the organisational chart, and the personnel.

**The second chapter** briefly illustrates the collaborations and synergies that make ASIA's projects possible: the donors to whom the association has turned to for funding and support, the partners with whom ASIA collaborates in the various countries of intervention, and the networks of which ASIA is a member.

**The third chapter** describes the organisation's ethics with the codes, policies and procedures that govern ASIA's activities and the behaviour of personnel involved in the activities. It then describes the project proposals that were submitted, those that were approved, to which donors they were sent, the amounts financed, and the countries and sectors of intervention of the projects approved and implemented throughout the year. Moreover, it provides a brief outline of the contribution made to achieving the 2030 Agenda for Sustainable Development and the beneficiaries reached in the various countries of intervention. Finally, the projects implemented during 2023 are presented, organised by country of intervention (Bhutan, Nepal, Myanmar, Mongolia and Italy), providing all the necessary data: objectives, activities, results, outputs, beneficiaries reached, donors and funding spent during the year. The long distance sponsorship project activities are then described, with a quantitative analysis of the results achieved during the year in terms of support; the critical issues and problems encountered and a description of ongoing projects by country. At the end of this chapter, fundraising and communication activities

are mentioned, describing the events organised during the year, campaigns, solidarity gifts, and communication activities.

**The fourth chapter** contains the economic balance sheet for 2023 with balance sheet and profit and loss account, with income and expenditure during the year. This is followed by the mission report with the new reclassification of the balance sheet prepared according to the criteria issued by the Ministry of Labour. The main items are: fixed assets, current assets, accrued income and prepaid expenses, shareholders' equity, provisions for commitments and risks, and payables. The full report of the audit carried out by an independent auditor is then included. The chapter concludes with the full report of the Monocratic Auditing Body. All data in the document was subject to analysis and control by ASIA's internal audit and verification processes.

The social report is available in a digital version in Italian and English on the ASIA website and is printed in very few copies in Italian and English to reduce expenses and the use of paper, in order to protect forests and the environment.

A scenic mountain landscape with prayer flags and the number 01. The background features a clear blue sky with scattered white clouds and a range of rugged, rocky mountains. In the foreground, several strings of colorful prayer flags (red, green, yellow, blue, and white) are strung across the frame, partially obscuring the view of the mountains. The number '01' is prominently displayed in the center of the image in a large, white, sans-serif font. The '0' is a simple circle, and the '1' is a vertical bar with a small horizontal top bar.

01

WHO WE ARE





## WHO WE ARE

ASIA in Italy and the World	18
Institutional Acknowledgments	20
Our History	21
Our Values	25
Mission and Vision	28
Where we operate	30
Governance	33
Human Resources	36

**ASIA** – Association for International Solidarity in Asia – was founded in 1988 by **Chögyal Namkhai Norbu**, a profound connoisseur of ancient Tibetan culture and history and Master of the Dzogchen Teaching.





It is a Non-Governmental Organisation (NGO) accredited by the Italian Agency for the Cooperation and Development (AICS) and an ETS - Third Sector organisation - registered at RUNTS (Single National Register of the Third Sector).

ASIA operates in the Asian continent - specifically in India, Nepal, Mongolia, Myanmar and Bhutan - and in Italy.

Throughout all these years it has helped more than 1.500.000 people.

---

In addition to having acquired professionalism and experience in the management of development and emergency projects, ASIA and all its staff in Italy and around the world have absorbed and made their own the values encountered in many of these ancient cultures. Values such as awareness, compassion, altruism, openness to different cultures, and direct involvement with local communities, have become an integral part of ASIA's work.

**The objective of our Association is not only to fight poverty but to create a culture of peace and tolerance to participate in the creation of a better society, respectful of individuals and the environment in which they live.**

# Chögyal Namkhai Norbu

## (1938-2018)

---

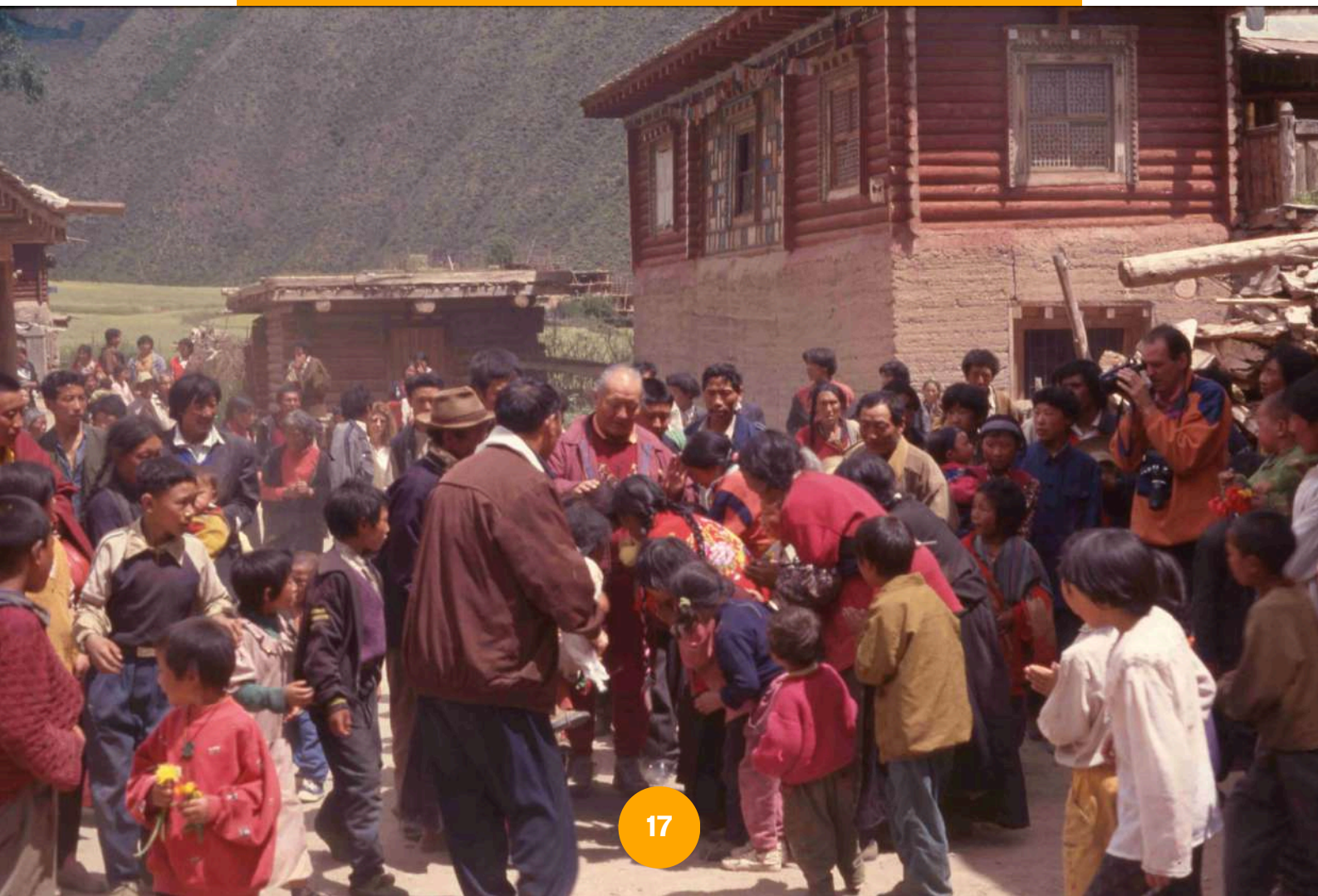
Renowned scholar of ancient culture and history of Tibet, holder of the knowledge of the Dzogchen Teaching and spiritual Master, Chögyal Namkhai Norbu was born in 1938 in Derge County, in the Tibetan region of Kham, in Eastern Tibet. Following the completion of his studies in philosophy and literature, he was invited to Italy in 1960 by the renowned Tibetologist and Orientalist Giuseppe Tucci, to catalogue the Tibetan texts preserved at ISMEO (Institute for the Middle and the Far East). In 1962 he became professor of Tibetan and Mongolian language and literature at the University of Naples 'L'Orientale', where he taught until 1992.

Chögyal Namkhai Norbu dedicated his life to making the vast cultural and spiritual heritage of Tibet known and to pass it on to future generations.

In 1981 he founded Merigar, the first centre of the International Dzogchen Community, from which similar centres have subsequently sprung up in other European countries, in the United States, South America, China, Russia, and Australia; giving rise to the present International Dzogchen Community International. In 1988 he founded ASIA, with the mission of safeguarding the cultural and spiritual identity of the Tibetan people and to improve the living conditions of the populations of the Himalayan area.

Chögyal Namkhai Norbu's commitment to studying and preserving Tibetan culture was unceasing. In particular, his contributions concern the ancient history of Tibet, the indigenous pre-Buddhist traditions, customs of the nomads, the origin, theory and practice of Yantra Yoga, astrology and traditional Tibetan medicine.

For his extensive cultural activities and tireless social engagement, he received countless awards and honours. Among these, the honour of "Commendatore al Merito della Repubblica Italiana" received from President Sergio Mattarella in 2018, deserves a special mention. Chögyal Namkhai Norbu passed away peacefully at his residence in Gadeling, in Arcidosso (GR) on 27 September 2018.



# ASIA in Italy and the World

## Operational Headquarters

Via San Martino della Battaglia, 31  
00185 Roma  
C. F. 03556801003  
Tel. (+39) 0644340034  
[www.asia-ngo.org](http://www.asia-ngo.org)  
[info@asia-ngo.org](mailto:info@asia-ngo.org)

## Legal office

Loc. Merigar, 58031  
58031 Arcidosso (GR)

## ASIA registered offices in Italy

### ASIA Bozen

Via della Vigna, 56  
39100 Bolzano

### ASIA Como

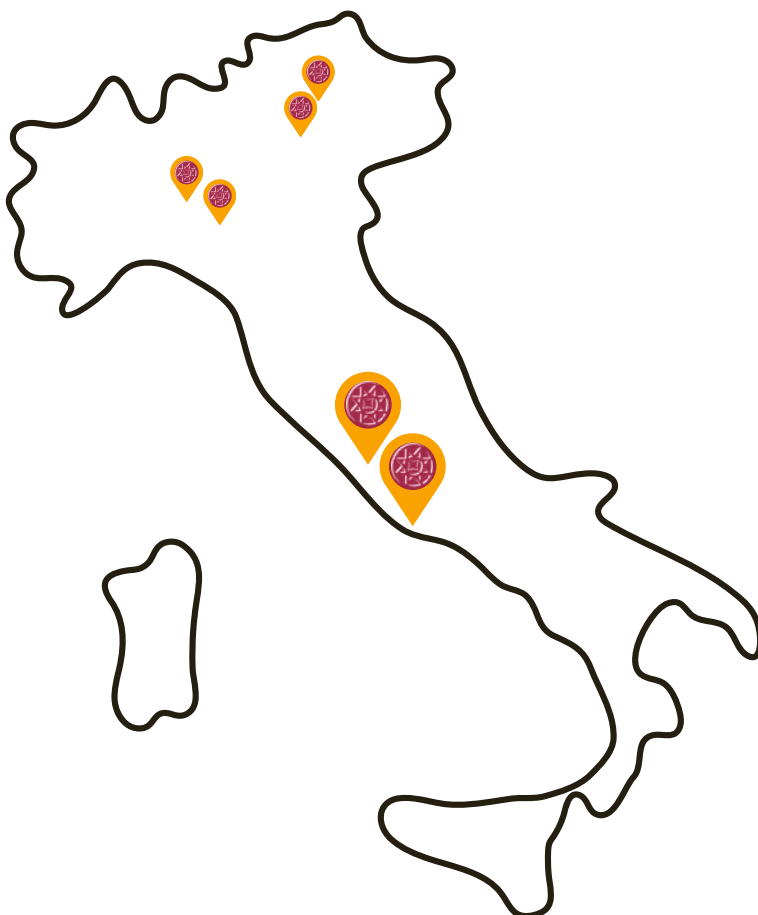
Via Casale Roccolo, 1  
22070 Binago (CO)

### ASIA Milan

Via Sibari, 15  
20141 Milano

### ASIA Trento

Via Esterle, 11  
38122 Trento





## Operative offices in Asia

### ASIA Mongolia

Orkhon-I, Oyu Center,  
Bldg-23 Ste 8  
Bayangol District,  
16th Subdistrict,  
Ulaanbaatar, Mongolia

### ASIA Nepal

Kathmandu 2, Lazimpat  
G.P.O. Box 4045  
Kathmandu, Nepal

### ASIA Myanmar

11C, 11 floor, Dagon Tower  
West Shwe Gone Daing Road,  
Bahan Township,  
Yangon, Union of Myanmar

## ASIA in the world

### ASIA France

7, rue de la Glacière  
25660 La Vèze, France  
Phone (+33) 6738780 26  
[asiafrance@asia-ngo.org](mailto:asiafrance@asia-ngo.org)

### ASIA Germany

Wurmstrasse 10  
82131 Stockdorf, Germany  
Phone (+49) 08912763032  
[info@asia-ngo.de](mailto:info@asia-ngo.de)  
[www.asia-ngo.de](http://www.asia-ngo.de)



## Institutional Acknowledgments

ASIA is a Non-Governmental Organisation recognised by the Italian Agency for Development Cooperation by decree no. 2016/337/000136/0 of 04/04/2016, with the following qualifications:

- **Implementation of medium and short-term programmes in developing countries.**
- **Selection, training and deployment of civil service volunteers.**
- **On-site training of nationals from developing countries.**
- **Information.**
- **Development education.**

This recognition allows ASIA to obtain funding for the implementation of AICS-funded projects for the aforementioned eligibility.

ASIA is registered in the RUNTS (Single National Register of the Third Sector) - ETS sector - at no. 1299 with the Health, Welfare and Social Cohesion Directorate - Welfare and Social Innovation Sector - of the Region of Tuscany. It is registered under No. 190 of the Prefectural Register of Legal Persons of Grosseto.

# Our History



**1988**

Chögyal Namkhai Norbu founds ASIA after a series of missions in India, Nepal and Tibet, during which he verifies the difficult cultural, social and economic conditions of the Tibetan population.

**1989**

Projects focus on improving the living conditions of Tibetan refugees in India. The 'A New Tibetan Village' project begins.



**1990**

The first mission to China was carried out to negotiate permission to enter Tibet to assess needs and present the first projects to institutional donors.

**1993**

The construction of the first Tibetan school, built by ASIA in Dongche, Qinghai Province (formerly the Tibetan region of Amdo), begins.



With the guidance of Chögyal Namkhai Norbu, the first mission to Tibet is carried out, to visit the eastern, central and northern regions.



**1994**

The long-distance sponsorship project in India and Nepal is launched.



**1996**

The implementation of the Gamthog health and education project in Eastern Tibet, funded by the Italian Ministry of Foreign Affairs, begins.

**1997**

Chögyal Namkhai Norbu travels to Tibet for the last time to inaugurate the Dongche school.

ASIA intervenes in the prefectures of Ngari in Western Tibet and Yushu Prefecture in Eastern Tibet, hit by devastating snowstorms killing millions of livestock and endangering the survival of nomadic populations.

**1999**

ASIA obtains recognition of eligibility by the Ministry of Foreign Affairs as an international cooperation NGO.

**2001**

A 'partnership agreement' is signed with ECHO (European Community Humanitarian Office) for emergency projects for people affected by natural disasters.

**2004**

After a catastrophic tsunami hits Sri Lanka ASIA intervenes in the country by expanding the areas of intervention.

ASIA intervenes in Inner Mongolia with an emergency project funded by ECHO and OCHA following a terrible drought affecting nomadic herders.





**2009**

The first development projects are started in Nepal and ASIA registers with the Social Welfare Council as an INGO operating in the country.

**2010**

Humanitarian aid efforts are concentrated in the Tibetan Autonomous Prefecture of Yushu, devastated by a terrible earthquake.



**2015**

Nepal is devastated by a massive earthquake. ASIA intervenes with emergency and reconstruction projects.

**2016**

ASIA's interventions expand to Mongolia and Myanmar.



**2019**

Global Citizenship Education activities begin in Italy.

**2020**

Activities begin in a new country, Bhutan.



**2021**

Interventions in schools and health facilities in India and Nepal are consolidated to face the Covid-19 pandemic. The Xining office and all projects in Tibet are closed.



**2022**

Together with ASIA Germany, humanitarian aid is organised in Ukraine, while in Italy, social-emotional and environmental education activities are developed in schools.



**2023**

ASIA's first solidarity trip to Nepal begins.





## Our Values

ASIA is a humanitarian organisation working towards the 2030 Sustainable Development Goals, in coherence with the principles of the Universal Declaration and the European Convention on Human Rights. ASIA works in favour of populations in need of help without distinction of race, faith, religion, and nationality. It is a non-profit and apolitical independent organisation.

Our work is inspired by the following values:

## Respect for cultural diversity and the environment

We believe that local traditions, cultural, spiritual and artistic heritage, traditional sciences and biodiversity are an invaluable wealth for mankind, and we are committed to safeguarding them, enhancing their value and spreading their knowledge and respect in civil society.

## Participation

We believe that in order to bring about meaningful change, it is necessary to unite people and act together. Collaboration and synergy with partners, donors and beneficiaries are the driving force behind all our projects.

## Interdependence

Our work is based on the knowledge that nothing can exist in isolation from the rest and that even the smallest action can affect the entire system, given the deep connection that binds every living being. Therefore, we are committed to protecting the environment and using materials and technologies with a low environmental impact, recognising the responsibility we have in preserving and defending the ecosystem.

## Education

We promote access to education, a fundamental right and inalienable opportunity for every child to access better living conditions and ensure respect for the cultural identity of peoples.

## Solidarity

We firmly believe in solidarity and altruism, fundamental values for the development of a world without injustice and oppression, where dignity and equal opportunities are guaranteed to every living being.

## Transparency

Transparency and honesty are the cornerstones of the financial and economic management of ASIA. Certification of budgets, control tools, careful selection of personnel project administration, internal audit systems and professional auditors, are some of the elements to give guarantees to private and public donors who support our activities.





## Vision

ASIA considers the cultural diversity, traditions and historical heritage of the populations of the Asian continent and in particular Tibet and the Himalayan area an invaluable wealth. It must be safeguarded and passed on to new generations, through sustainable and participatory development of the depository communities.

**In particular, ASIA shares the values of peace, respect and tolerance inherent to the cultural and spiritual tradition of Tibet and considers them a heritage of all humanity.**

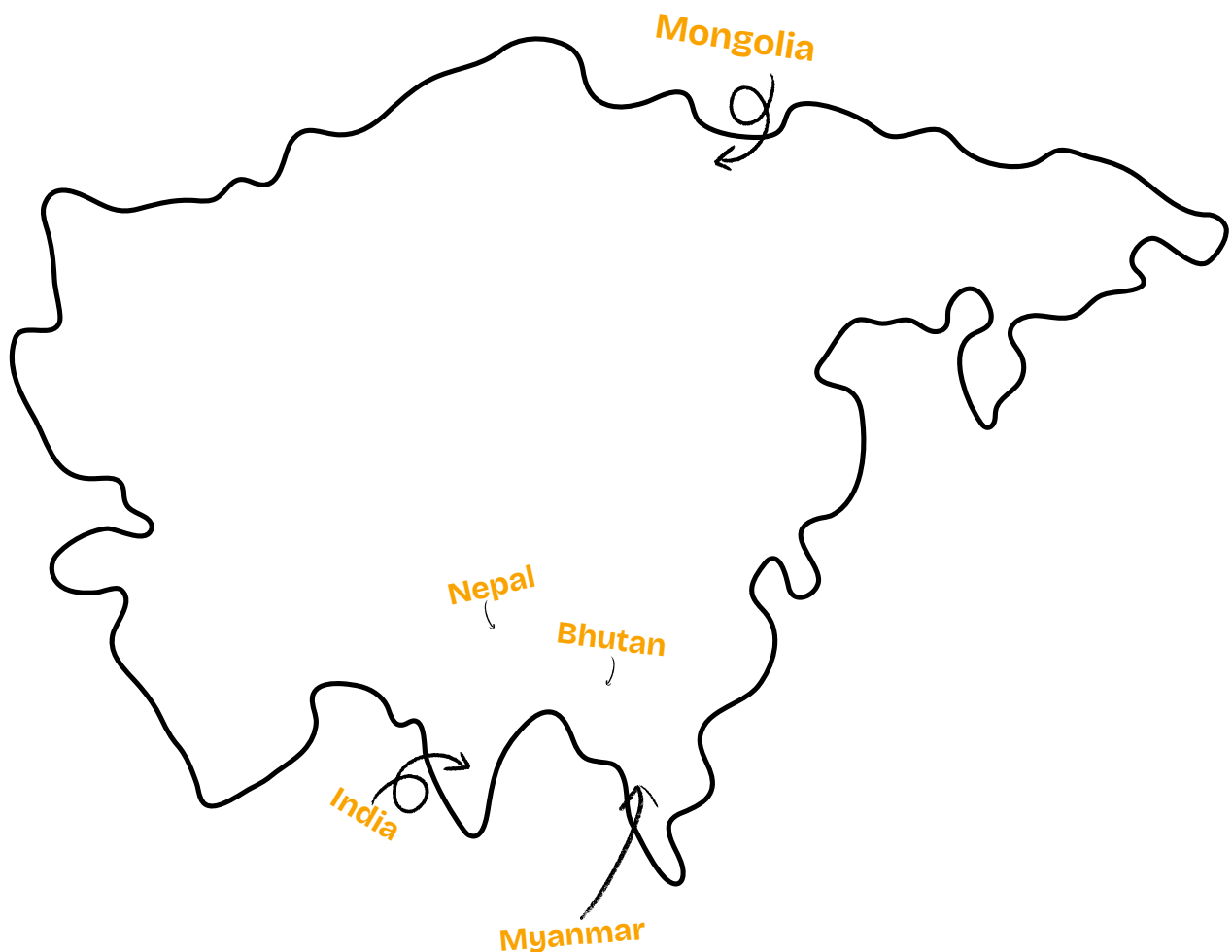
# Mission

ASIA works to preserve the identity and historical and cultural heritage of the peoples of the Asian continent, with a focus on Tibet and the Himalayan area. It promotes sustainable development processes that put local communities at the centre with their human, cultural and environmental resources.



# Where we operate

ASIA works to support Tibetan refugees in India and Nepal, with emergency and international cooperation projects in Bhutan, Myanmar, Mongolia and Nepal. ASIA also works with global citizenship education projects in Italy.









# Governance

ASIA's sovereign body is the Members' Assembly. In 2023, there were 42 members of ASIA, including 23 women and 19 men, 36 Italians and 6 foreigners (1 Canadian and 5 Europeans).

The General Assembly has the task of identifying and outlining the general guidelines of the Association, to approve the budget, as well as the balance sheet of each financial year, which ends on 31 December each year. Every three years it appoints the Board of Directors, the President (legal representative), the Board of Auditors and the Arbitrators. All the offices of the association hold office for three years, free of charge, and may be re-elected.

**The bodies in office for the three-year period of 2022 - 2025 are:**

## Board of Directors

---



Andrea  
Dell'Angelo



Giorgio  
Cancelliere



Riccardo  
Ducci



Mark  
Farrington



Gabriele  
Mugnai



Daniela  
Garbo



Gaetano  
Ruvolo



Wolfgang  
Schweiger



Roberto  
Zamparo

## Board of Auditors/ Monocratic Auditing Body

---



Francesco  
Lauria

## Arbitrators

---



Marco  
Almici



Carla  
Caponi

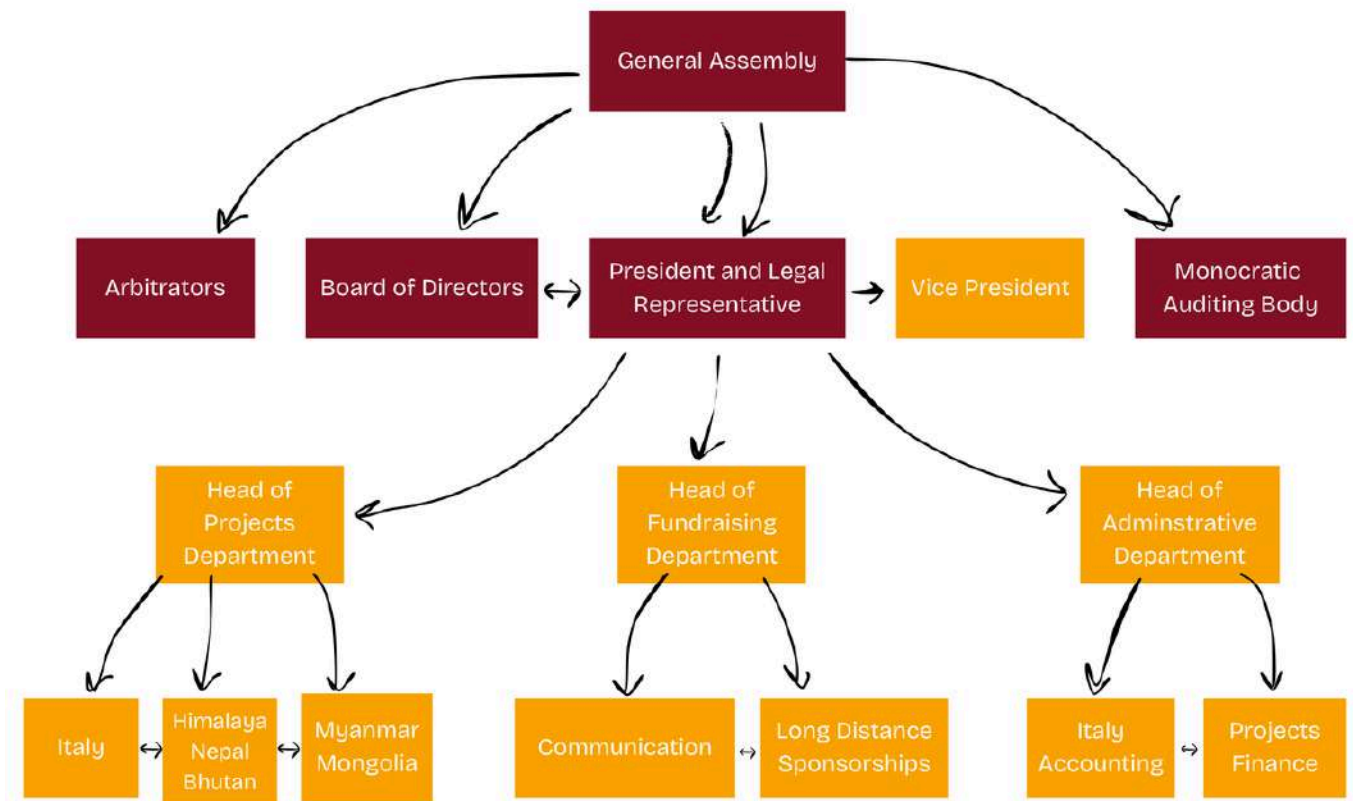


Leopoldo  
Sentinelli

In 2023, at an Extraordinary Members' Meeting chaired by the Notary Public, the members amended the Articles of Association and resolved to transform ASIA into a Third Sector Body.

Furthermore, during the Assembly, the office of President and Legal Representative was established in place of the General Secretary and was created also the office of Vice President. Andrea Dell'Angelo and Riccardo Ducci were appointed President and Vice President respectively.

# Organization Chart

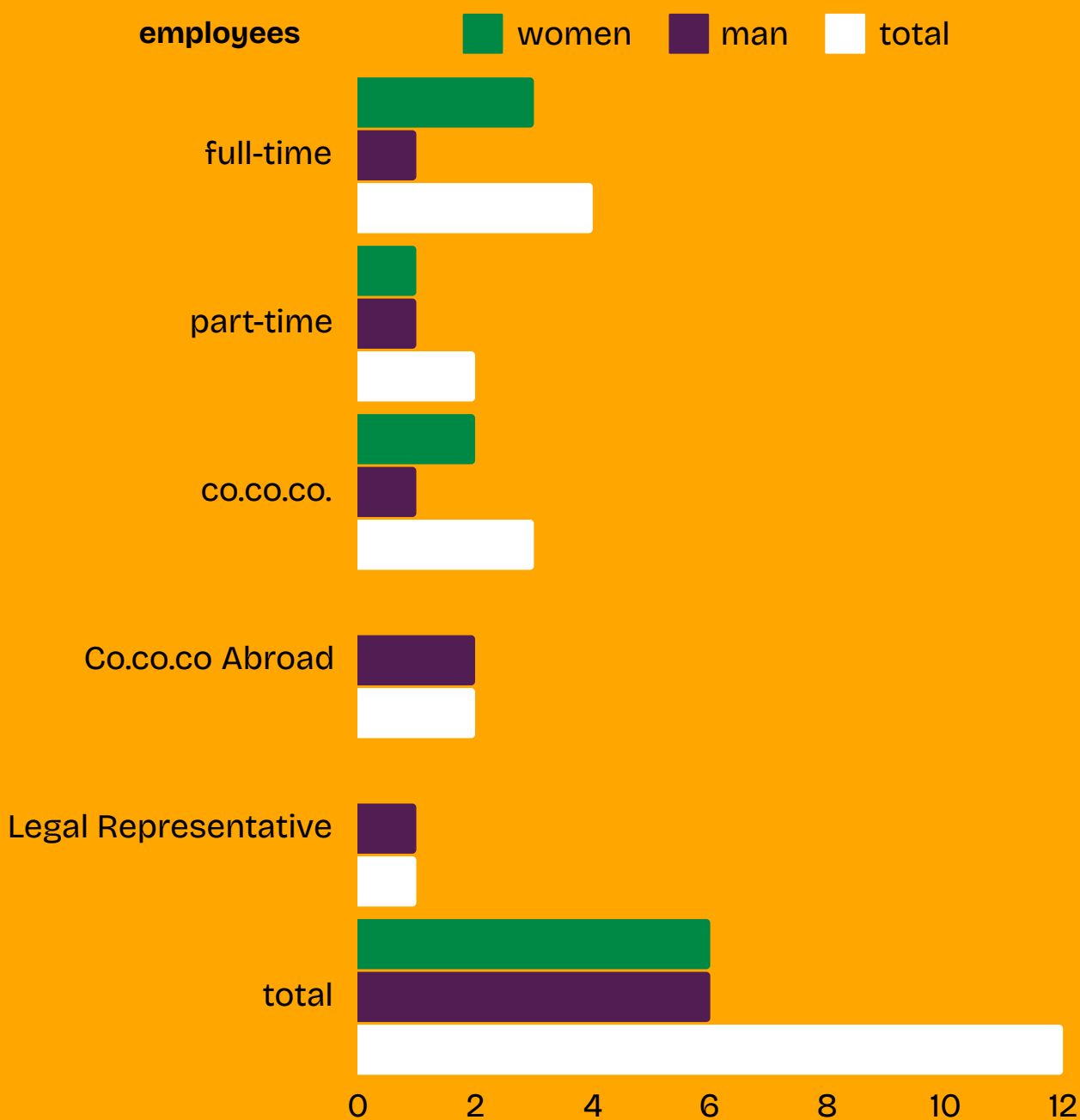


statutory bodies

ASIA was enrolled in the RUNTS (Single National Register of the Third Sector) - ETS sector - at no. 1299 at the Health, Welfare and Social Cohesion Directorate - Welfare and Social Innovation Sector - of the Region of Tuscany.

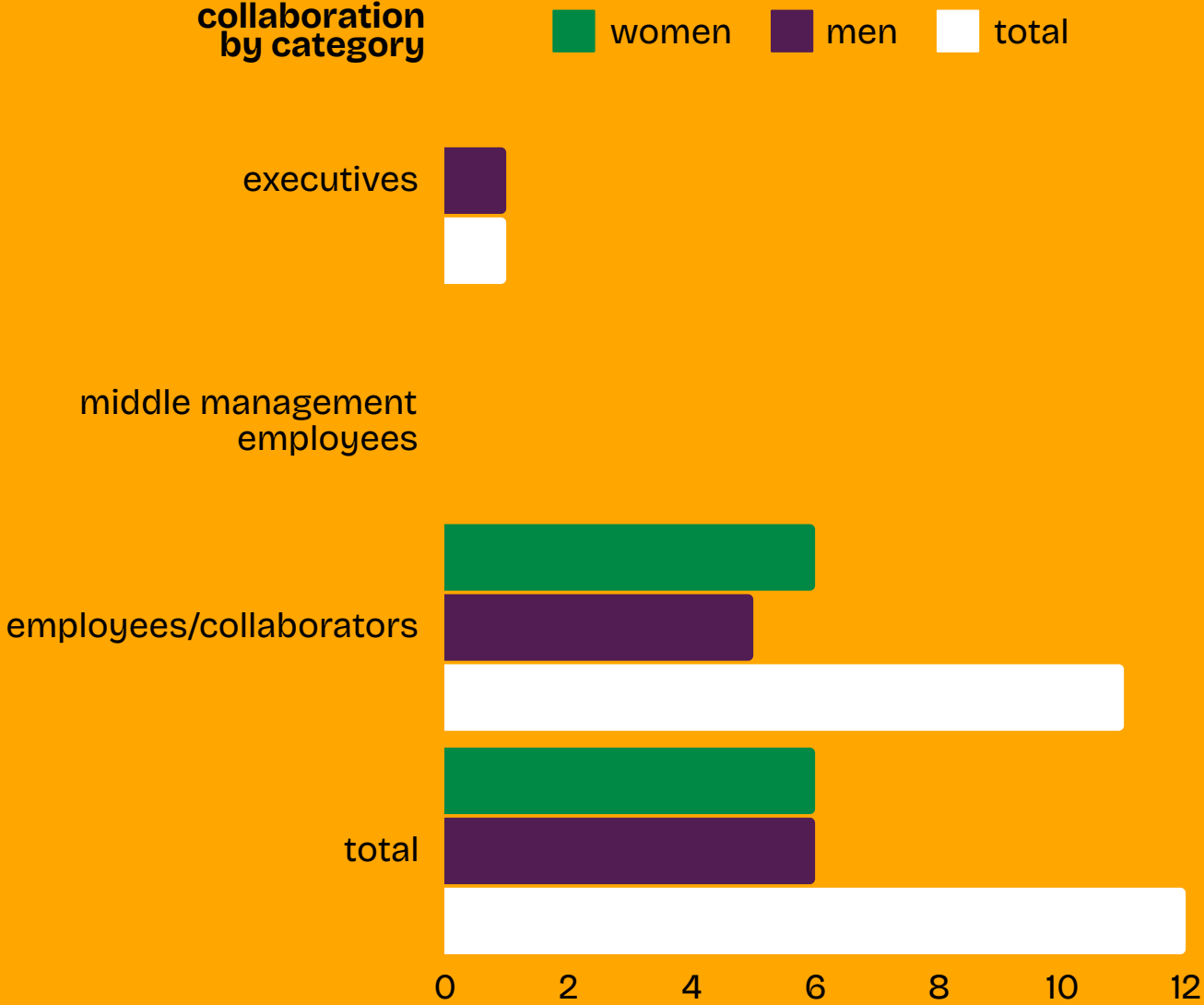
# Human Resources

## Staff Composition



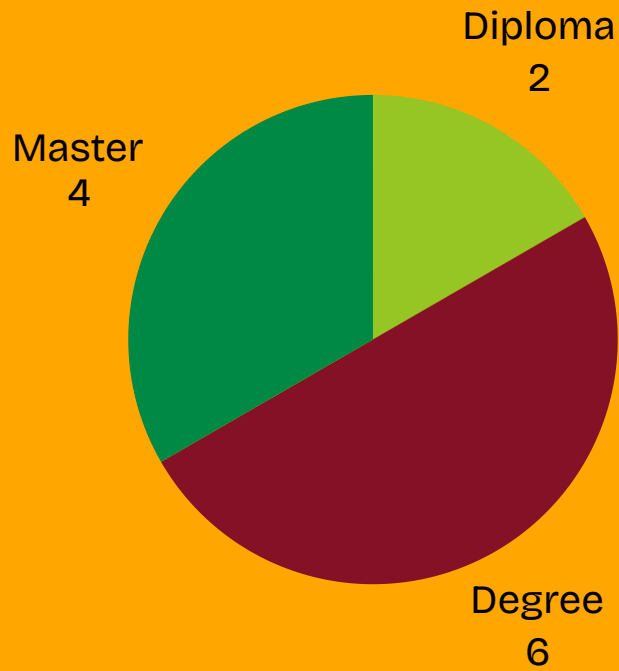


# Staff Composition by Category

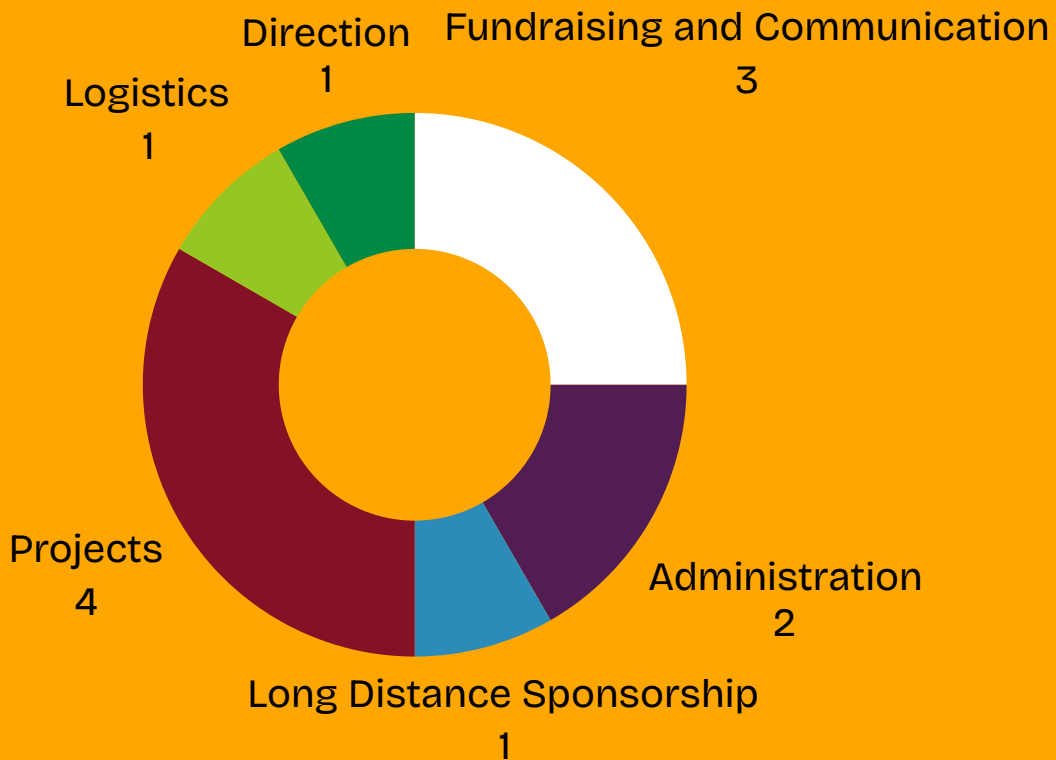




# Qualifications



# Operational Structure



# The well-being of the team

During 2023 at the headquarters, the ASIA team was able to benefit from two courses aimed at improving stress management, self-awareness and psychophysical wellbeing while working on team building:



## **A free coaching programme offered by ICF Italia, the Italian chapter of the International Coaching Federation.**

We were, together with other associations, in the 'Il Dono del Coaching' programme. The aim of the program, defined internally, is to 'improve confrontation, communication, and working methods by better clarifying roles and functions. It aims to simplify decision-making processes in order to create an environment that is more motivated and satisfied with one's work. The course was developed over approximately seven months through individual remote meetings. Twelve people from the ASIA Rome team did their individual course with 12 different coaches - a group course led by two coaches consisting of two meetings.

It was an important opportunity for the whole team to stop and reflect on their roles, needs and work dynamics and to share considerations and expectations.



## **A basic course in Yantra Yoga**

Yantra Yoga, "the Yoga of Movement", is one of the oldest systems of yoga from Tibet. This involves an exclusive series of postures and movements combined with conscious breathing, through which individual energy is coordinated and harmonised.

With eight weekly meetings on Monday mornings, the team was able to start the working week in a more relaxed way, re-establishing connection and balance between body and mind.

## New Management Resources

In 2023, ASIA equipped itself with a new software for managing fundraising and long distance sponsorship. After careful research and selection, NP Solutions was chosen for its experience, level of technological innovation and quality of support.

The need that prompted us to take this step is to improve the effectiveness of fundraising and to manage the organisation's activities more efficiently by renewing one of its main working tools. Thanks to the new software, we will be able to speed up and integrate various stages of the work process and optimise the time of the human resources dedicated to these activities.





02

WITH WHOM





# WITH WHOM

Our donors	46
Our partners	49
Our networks	51

Underlying ASIA's work is the synergy with organisations and institutions that, with their knowledge, skills and resources, contribute to the design and implementation of projects.

Fundamental is also the active participation of the beneficiary communities, who commit to initiate and maintain sustainable development processes and to keep alive the skills and structures acquired during the projects. And finally, the role of the donors is essential. It is thanks to the financial resources they make available, their involvement, and active interest year after year, that we are able to contribute to a better world.

## Our donors



AICS - Italian Agency for Development Cooperation



Bhutan Nyo Foundation



Pianoterra Foundation ETS



Krüger Foundation



Presidency of the Council of Ministers



Progetto Continenti Onlus





Autonomous Province of Bolzano



PROVINCIA AUTONOMA DI TRENTO

Autonomous Province of Trento



Waldensian Church



Tides Foundation



Treadom Srl



Triten Norbutse Institution



UBI- Italian Buddhist Union

**Thank you to our long distance supporters and individual donors.**



# Our partner

## IN BHUTAN

Bhutan Nyo Foundation  
Sumtrhang Monastery  
Tshangkha Central School

## IN INDIA

CST (Central School for Tibetans)  
Dzigar Holy Cave  
STSS (Sambotha Tibetan School Society)  
TCV (Tibetan Children's Village)  
TIPA (Tibetan Institute of Performing Arts)  
THF (Tibetan Homes Foundation - School)  
THF (Tibetan Homes Foundation - Elders)

## IN ITALY

Agenda 21 Laghi, Municipality of Laveno Mombello (VA)  
Brikke Brakke Cooperative EFYS Association  
CAST NGO Onlus  
Erica Cooperative  
Merigar Dzogchen Cultural Association  
Metropolitan City of Cagliari  
Metropolitan City of Rome  
OIKOS Onlus Institute  
Province of Varese (lead partner)  
Public Service Environmental Company (AAMPS) of Livorno  
University of Insubria  
University of Parma CIREA

## IN MYANMAR

DoA (Department of Agriculture)

K'Cho Land Development Association (COLDA)

MoHS District Office (Ministry of Health and Sport)

Progetto Continenti Onlus

SAT (Sustainable Agriculture Team)

## IN MONGOLIA

Department of Education of Sukhbaatar Province

## IN NEPAL

ARSOW Nepal

Association for Rural Welfare Nepal

Beautiful Coffee Nepal

Community Self Reliance Centre (CSRC) Nepal

Gautam Buddha Vihara Monastery

Janahit Nepal

Manasorovar Academy Foundation

Triten Norbutse Monastery

Namgyal High School

Namgyal Primary School

Nepal Agroforestry Foundation

Nghagyur S.C. Monastery

Pal Tashi Choeling

Sengedag Service Society

Support Activities for Poor Producers Nepal

Aarukharka School

Dolpo School (Ganchen Meri)

Dupcheshwori School

Namuna School

Thangdoor School

Tashi Choeling Monastery

Srongtsen Primary School

Tise School (Siliguri)

Triten Norbutse Institution

Srongtsen High School

# Our networks

ASIA is part of the following networks

- La Gabbianella, coordination network of 46 Long Distance Sponsorship associations
- Tavolo della Pace
- Tavolo Nuova cooperazione - Citizen Committee of the Municipality of Rome
- Mountain Partnership





03

**OUR COMMITMENT**







# OUR COMMITMENT



56

59

60

74

97

104

123

165

185

208

214

# Our approach

In its early years, ASIA chose to focus only on Tibet and the protection of its culture, language and spirituality. **From 1993 to 2021 for 28 years, we worked continuously in all Tibetan areas of China.** Since 2022, due to the Chinese government's restrictions against INGOs operating in Tibet, we no longer work in China.

Over the years, we have extended our work to other countries on the Asian continent and today we are present in **Nepal, Bhutan, Mongolia, India, Myanmar with development, emergency and long distance sponsorship projects and in Italy with global citizenship education activities.**

ASIA intervenes in regions inhabited by ethnic minorities to help the **most needy: women, children, the elderly and the people with disabilities;** choosing its interventions on the basis of criteria of **fairness, justice, the fight against poverty and discrimination,** without ever bowing to blackmail or the wishes and desires of political or power groups.





ASIA's approach is based on **respect for human rights** with a focus on the human dimension, the protection of fundamental freedoms, the strengthening of the rule of law, and social justice: the right to **health, clean water, food, a healthy environment, education, work, gender equality and the emancipation of women.**

ASIA is guided by the principles of **partnership, solidarity, accountability and transparency** and works with partners and beneficiaries on the basis of their needs and priorities, focusing on results-based projects identified with partners and fostering the exchange of information and good practices.

As far as **emergencies** are concerned, we intervene in the phase immediately following the very first emergency with the distribution of basic necessities and with reconstruction work on houses, schools, hospitals, sanitation systems and water purification.

The principle underlying ASIA's actions is that following an emergency intervention, we must work to rebuild lasting and sustainable development.

In general, we always try to ensure a **long-term presence** in specific areas, with **priority given to Himalayan areas**, which are inhabited by oppressed minorities and are of proven environmental value and relevance to climate change.

ASIA only operates within the priority areas of intervention that are designated by the General Assembly.

We promote the knowledge and experimentation of those values with a secular and universal character that Tibetan and Himalayan culture and traditions carry, because we believe that these principles can contribute significantly in providing answers to the complex global issues we face and to the growing needs of our communities.



# Ethics

To ensure respect for the principles and values underlying the organisation's activities, ASIA has a set of codes and procedures to ensure fairness, objectivity and impartiality in the realisation of the Association's mission.

In particular, it has adopted:

- a **Code of Ethics and Conduct**, which brings together basic principles and values that determine the activities of the organisation and the conduct of all its staff, partners and enterprises supplying goods or services;
- an **Anti-Fraud Policy and Anti-Corruption Code of Conduct**, which formally defines ASIA's commitment not to allow any form of unlawful behaviour, corruption and fraud and to comply with the relevant laws in force;
- a **Policy for the Prevention of and Fight against Sexual Harassment, Mobbing and Discrimination to protect the Integrity of People**, which guarantees a work environment based on mutual respect and correct interpersonal relations, in order to improve the internal climate, the safety of workers and their performance;
- a **Child Protection Policy**, including a Code of Ethics and Procedure of Report, binding on all those working for and with the organisation;
- and finally, a series of **Administrative and Technical Procedures** (logistics, project management, human resources, safety, etc.) that define clear and impartial standards and processes, for transparent management of the organisation's activities, intact and compliant with the highest national and international industry standards.

# Our commitment 2023

In 2023, we presented 26 projects to public and private donors of which 9 were approved, 6 were under evaluation and 13 were rejected; a financial residual of about 15,000 euros from a PCDM-funded project completed in 2022 in Nepal was approved for use.

**The projects submitted are subdivided as follows:**

2023	Nepal	Myanmar	Bhutan	Mongolia	Srilanka	Italy	Overall totals
Approved	3	0	1	2	0	2	<b>8</b>
Rejected	5	1	0	3	2	2	<b>13</b>
Under evaluation	3	0	0	1	0	2	<b>6</b>
Total projects submitted per country	11	1	1	6	2	6	<b>27</b>
% Proposals submitted per country/tot submitted	41%	4%	4%	22%	7%	22%	<b>100%</b>
% approved proposals/tot proposals submitted	11%	0%	4%	7%	0%	7%	<b>30%</b>
Amount financed in Euros	102.376	0	41.645	156.148	0	32.570	<b>332.739</b>
Amount to be co-financed by ASIA	24.493	0	41.645	67.553	0	12.360	<b>146.051</b>
% financed per country out of total financed for all countries	31%	0	13%	47%	0	10%	<b>100%</b>
Projects submitted in 2022 and approved in 2023	1	0	0	0	0	0	<b>1</b>

## The main donors ASIA approached during 2023 were:

- Province of Trento;
- Province of Bolzano;
- European Union;
- AICS;
- PCDM;
- Reversing Environmental Degradation in Africa and Asia (REDAA);
- Canadian Embassy Mongolia;
- Almayuda Foundation;
- Raggio di Luce Foundation;
- Unicredit Foundation;
- Pianoterra Foundation;
- Tides Foundation;
- Tavola Valdese;
- UBI and Soka Gakkai Italia;

## Approved projects by country and donor in 2023

2023 Donors/Countries	Nepal	Bhutan	Mongolia	Italy	Total per donor
Province of Bolzano	1	1	1	0	3
Pianoterra Foundation	1	0	0	0	1
Tides Foundation	1	0	0	0	1
UBI	0	0	1	2	3
PCDM	1	0	0	0	1
<b>Grand total</b>	<b>4</b>	<b>1</b>	<b>2</b>	<b>2</b>	<b>9</b>

The two donors with the largest number of project approvals are the Province of Bolzano and the Italian Buddhist Union. The PCDM funding is an approval for the use of residue from a project closed in 2022. The other funding is related to 2 private foundations, one Italian and one American.

Below is the amount of funding granted by the various project donors during 2023 by country of intervention:

## Funding received in 2023 for approved projects

2023 Donors/Countries	Nepal	Bhutan	Mongolia	Italia	Total
Province of Bolzano	56.382	41.645	51.356	0	<b>149.383</b>
Pianoterra Foundation	20.000	0	0	0	<b>20.000</b>
Tides Foundation	10.000	0	0	0	<b>10.000</b>
UBI	0	0	104.792	32.570	<b>137.362</b>
PCDM	15.994	0	0	0	<b>15.994</b>
<b>Total</b>	<b>102.376</b>	<b>41.645</b>	<b>156.148</b>	<b>32.570</b>	<b>332.739</b>

The table shows that the country that received the most funding was Mongolia, followed by Nepal then Bhutan and finally Italy. In terms of amount, UBI granted the largest amount of 104 thousand euros from the 8x1000 funds for the humanitarian call. Bolzano follows with funding per country ranging between 56,000 and 41,000 euros.

A total of 23 projects were implemented in 2023 with the remaining and committed 2022 and 2023 funds in Nepal, Myanmar, Mongolia, Bhutan and Italy, of which 10 were completed during that year and 13 are ongoing and will be completed in 2024.

## Status of projects implemented during 2023

2023	Countries	Nepal	Myanmar	Mongolia	Bhutan	Italy	Total	Grand Total
<b>Project Status</b>	in progress	7	2	0	3	2	14	23
	concluded	3	2	1	1	2	9	



## Projects implemented in 2023 by country and sector of intervention

Sectors/Countries	Nepal	Mongolia	Myanmar	Bhutan	Italy	Total
Education	0	1	0	1	0	2
Cultural, spiritual and artistic heritage	2	0	0	1	0	3
Food security, agriculture and pastoralism	4	0	3	2	0	9
Environmental protection and Fight against climate change	1	0	0	0	0	1
Emergency	1	0	1	0	0	2
WASH	2	0	0	0	0	2
Global Citizenship Education	0	0	0	0	4	4
<b>Total</b>	<b>10</b>	<b>1</b>	<b>4</b>	<b>4</b>	<b>4</b>	<b>23</b>

Nepal is the country where the largest number of projects were implemented, followed by Bhutan, confirming ASIA's Himalayan vocation.

**The prevailing sectors were:** food security, agriculture and pastoralism with 9 projects; global citizenship education with 4 projects; cultural heritage protection with 3 projects; education with 2 projects, emergency with 2 projects, WASH with 2 projects and environmental protection with 1 project.

**During 2023, we reached 13,440 direct beneficiaries and 42,353 indirect beneficiaries with the development, emergency and ECG projects, as per the following tables:**

## Direct beneficiaries per country by gender without long distance sponsorships

Countries	Males	Females	Total
Myanmar	2.780	2.780	<b>5.560</b>
Mongolia	662	662	<b>1.323</b>
Bhutan	963	1.192	<b>2.155</b>
Italy	1.034	1.034	<b>2.067</b>
Nepal	1.168	1.168	<b>2.335</b>
<b>Total</b>	<b>6.606</b>	<b>6.835</b>	<b>13.440</b>

## Indirect beneficiaries per country by gender without long distance sponsorships

Countries	Males	Females	Total
Myanmar	11.120	11.120	<b>22.240</b>
Mongolia	2.646	2.646	<b>5.292</b>
Bhutan	3.852	4.768	<b>8.620</b>
Italy	3.101	3.101	<b>6.201</b>
Nepal	4.670	4.670	<b>9.340</b>
<b>Total</b>	<b>20.719</b>	<b>21.635</b>	<b>42.353</b>

## Long Distance Sponsorships beneficiaries in 2023

	India		Nepal		Bhutan		Total
	M	F	M	F	M	F	0
Children	230	281	182	215	7	6	921
Monks	0	35	156	0	0	3	194
Elders	33	30	0	0	0	0	63
Students	0	0	35	45	0	0	80
<b>Total</b>	263	346	373	260	7	9	1258
<b>Total women</b>							615
<b>Total men</b>							643

During 2023, we reached 1,258 direct beneficiaries with the long distance sponsorship project alone, of which 615 women and 643 men.

## Beneficiaries by country category with long distance sponsorships included in 2023

Beneficiaries/ Countries	Nepal	Bhutan	India	Mongolia	Myanmar	Italy	Total
Students	678	1,220	511	1,290	0	992	4,691
Monks	206	18	35	0	0	0	259
Elders	0	0	63	0	0	0	63
Teachers	0	89	0	33	0	721	843
Italian civil society	0	0	0	0	0	475	475
Farmers/nomads	2004	860	0	0	5560	0	8,424
<b>Total direct beneficiaries</b>	<b>2,888</b>	<b>2,187</b>	<b>609</b>	<b>1,323</b>	<b>5,560</b>	<b>2,188</b>	<b>14,755</b>

The total number of direct beneficiaries per country and category of beneficiary was 14,755. The country where most beneficiaries were reached despite the civil war is Myanmar, followed by Nepal, Bhutan, Italy and Mongolia.

For a temporal view of ASIA's work in recent years, below are some tables with data for the three-year period 2021 - 2023.

## Direct and indirect beneficiaries in the last three years per country and per category of beneficiary

Beneficiaries/ Countries	categories/ years	Students	Nuns	Elders	Teachers	Italian Civil Society	Patients	Farmers/n omads	Doctors/ nurses
Mongolia	2021	0	0	0	0	0	0	0	0
	2022	1.290			33				
	2023	1.290			33				
Tibet	2021	0	1.290	0	0	0	0	1.424	50
Nepal	2021	550	150	0	34	0	12.000	7.019	0
	2022	716	162		12			11.879	
	2023	678	206		10			2.004	
Myanmar	2021	0	0	0	0	0	0	744	
	2022							1.039	
	2023							5.560	
Bhutan	2021	50	10	0	7	0	0	771	0
	2022	1231	3		130			600	
	2023	1.220	18		89			860	
Italy	2021	1.949	0	0	70	2.937	0	0	0
	2022	2.318			278	1.469			
	2023	992			721	475			
India	2021	584	0	76	0	0	0	0	0
	2022	619	23						
	2023	511	35	63					
total years	2021	5.13	13.13	76	111	17.37	12.00	24.58.00	50
	2022	8.54	188		453	8.49		19.59	
	2023	15.31	259	63	853	475		15.04	
<b>total three years</b>	<b>20+21+23</b>	<b>13.998</b>	<b>3.120</b>	<b>139</b>	<b>1.417</b>	<b>4.881</b>	<b>12.000</b>	<b>30.861</b>	<b>50</b>

Beneficiaries/ Countries	categories/years	Total direct beneficiaries	Total indirect beneficiaries
Mongolia	2021	0	0
	2022	1.323	5.292
	2023	1.323	5.292
Tibet	2021	3.987	15.948
Nepal	2021	19.753	70.012
	2022	12.769	51.076
	2023	2.898	11.592
Myanmar	2021	744	2.976
	2022	1.039	4.156
	2023	5.560	22.240
Bhutan	2021	838	3.352
	2022	1.964	7.856
	2023	2.187	8.748
Italy	2021	4.956	14.868
	2022	4.065	12.195
	2023	2.188	6.564
India	2021	660	2.640
	2022	642	2.568
	2023	609	2.436
total years	2021	30.938	39.784
	2022	20.763	78.987
	2023	14.765	56.872
<b>Total three-years</b>	<b>20+21+23</b>	<b>66.466</b>	<b>175.643</b>

## Projects approved and implemented by geographical area in the last three years

Country/Year	2021	2022	2023	Total
Tibet	2	0	0	2
Nepal	11	7	10	28
Bhutan	2	3	4	9
Myanmar	1	2	4	7
Mongolia	0	1	1	2
Italy	3	5	4	12
<b>Total</b>	<b>19</b>	<b>18</b>	<b>23</b>	<b>60</b>

The number of projects approved and implemented over the past three years is fairly constant despite the fact that in 2021, ASIA stopped working in Tibet.

## Projects carried out by sector of intervention in the last three-year period 2021-2023

Sectors of intervention	2021	2022	2023	Totali	Average area of intervention over the three-year period
Food security, agriculture and pastoralism	6	5	9	20	33%
Education	1	3	2	6	10%
Education and Global Citizenship	3	5	4	12	20%
Emergency	3	0	2	5	8%
Safeguarding the artistic and cultural heritage	3	3	3	9	15%
Environmental Protection	1	2	1	4	7%
Health and water	2	0	2	4	7%
<b>Total</b>	<b>19</b>	<b>18</b>	<b>23</b>	<b>60</b>	<b>100%</b>

The area of intervention most affected by ASIA projects is food security, which accounts for 34% of the projects implemented over the three-year period, followed by global citizenship education. This is followed by projects related to the preservation of cultural heritage with 16% while education falls to 10% and environmental protection to 7%. Unfortunately, despite the fact that education and the protection of cultural heritage are among ASIA's priority sectors, the number of projects has decreased due to the closure of the office in Tibet, a region where ASIA was very committed to these two sectors of intervention in order to protect Tibetan culture and education.

## Project income in the last three years (in €)

### Amount financed per project/country/year

Country/year	2021	2022	2023
Nepal	125.848	419.653,73	102.376
Mongolia	0	0	156.148
Myanmar	53.940	231.064	0
Bhutan	32.797	261105	41.645
Tibet	0	0	0
Italy	79.782	83.195	32.570
<b>Total</b>	<b>292.367</b>	<b>995.018</b>	<b>332.739</b>

The amount for 2022 is much higher than the other years because no less than three PCDM projects that had been submitted in 2020 were approved during 2022 for a total amount of 583,250 euros. Without the PCDM projects in 2022, the income from projects would have amounted to 411,768 euros in 2022, which is still higher than the funds that came in during 2023.

Unfortunately, no PCDM projects submitted during 2021 entered 2023 because the projects submitted were rejected for rather questionable administrative reasons.

### Long Distance Sponsorships income in the last three years (in €)

	2021	2022	2023*
<b>Long Distance Sponsorships</b>	397.931,00	394.395,0	326.922,0

\* the lower income is due to the fact that three donors have paid their contributions totalling 42,900 Euros at the beginning of 2024 rather than the end of 2023.



## Fundraising income in the last three years (in €)

Fundraising items/ year	2021	2022	2023
Donations from private individuals	112.022,00	194.447,00	189.916,00
5x1000	125.304,23	63.666,00	52.708,00
Free donations	69.566,00	78.508,00	89.566,00
Calendars	5.139,00	5.237,00	5.139,00
Objects t-shirts etc.	12.583,00	13.508,00	12.853,00
Treedom	193.301,00	40.000,00	80.500,0
<b>Total</b>	<b>517.915,23</b>	<b>395.366,00</b>	<b>430.682,00</b>

Income from fundraising decreased over the years, although there was again an increase in 2023 compared to 2022.

## Total income from the three main sectors, long distance sponsorships, fundraising and projects in the last three years (in €):

<b>Projects</b>	2021	2022	2023
	292.367,00	995.017,00	332.739,00
<b>Long Distance Sponsorships</b>	2021	2022	2023*
	397.931,00	394.395,00	326.922,00
<b>Fundraising</b>	2021	2022	2023
	517.915,23	395.366,00	430.682,00
<b>Total</b>	<b>1.208.213,23</b>	<b>1.784.778,00</b>	<b>1.090.343,00</b>

A worrying drop in funding during 2023 clearly emerges.

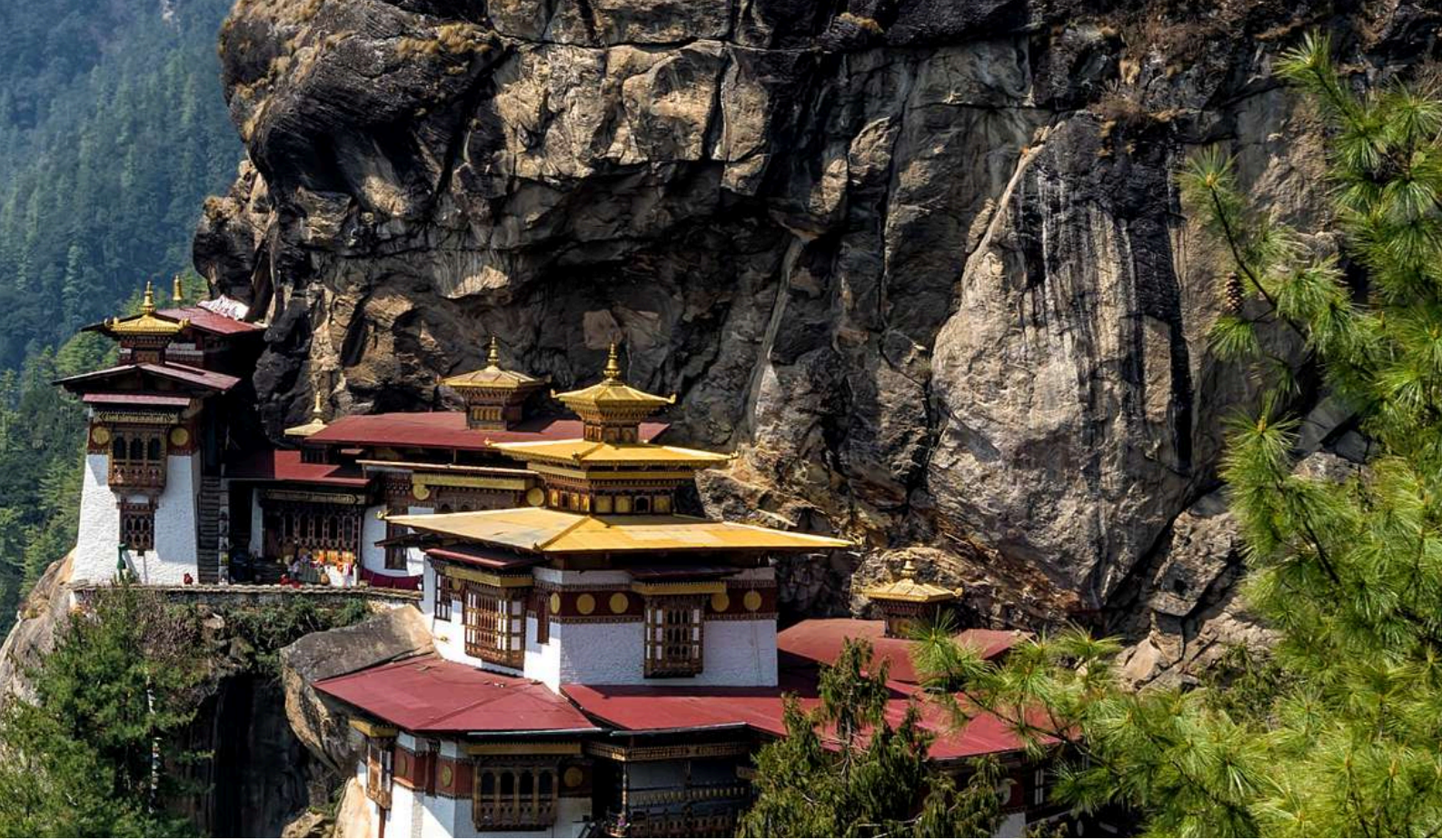


# **Projects in progress in 2023**

# BHUTAN

Bhutan, the only country in the world with a Vajrayana Buddhist tradition, is known for its efforts to protect its ancient culture and biodiversity from exploitation and globalisation. In truth, Bhutan has also suffered a dramatic impact since opening up to the outside world in the 1960s, which has put its cultural heritage, pristine natural environment and biodiversity at serious risk. Forests, as well as works of art preserved in houses, temples and monasteries located in remote areas, have been looted and sold abroad. The government, to remedy this degradation, has over the years enacted a series of laws to protect the forests, rich in valuable timber and fauna. Above all the government has regulated tourism by establishing a tax for each day spent in the country.

- ▶ In remote areas, unfortunately, income opportunities are very limited and the local people, mostly farmers or nomads, live off their own agricultural products which, more often than not, are not enough to guarantee food security for these families or economic self-sufficiency.



- ▶ The tourism industry, which is one of the Bhutanese government's main sources of hard currency, unfortunately stops in the big cities and does not reach the remote areas. To these problems, the consequences of Covid have been added. On one hand, these have limited trade with neighboring countries, not allowing young people to work abroad particularly in India. On the other hand, with the complete closure of borders, they have inhibited tourism altogether, causing a huge economic crisis and an increase in unemployed youth. This further impoverishment of the local population, and the lack of productive alternatives, has again encouraged illegal logging, poaching and art theft.
  
- ▶ Therefore, in order to preserve the precious culture and natural heritage of Bhutan, it is necessary to create new income opportunities for communities in remote areas and for young people without work by involving them in activities that promote the conservation and protection of cultural and historical sites and biodiversity, and by increasing agricultural production and dairy production. To do this, it is important that local communities are helped to appreciate their precious culture, beauty and richness of nature in a way that respects and preserves them for future generations, but at the same time learning how to valorise and utilise these riches in a sustainable way by creating new income opportunities for young people and their families.
  
- ▶ ASIA has been working in Bhutan since 2020 and has implemented 8 projects so far, reaching 4,989 direct beneficiaries in three years. Of the 8 projects, one is an emergency project to help the population prevent the spread of Covid; 2 projects to restore and develop a very old spiritual centre; 2 projects to increase the production capacities of the farmers and ensure the food security of 2 very remote districts; and finally, 2 projects to develop and improve the educational offerings of some schools located in areas far away from the main population centres.



# BHUTAN 2023 IN NUMBERS

## Projects

4 projects:

3 ongoing

1 completed during 2023

## Sectors of intervention

Cultural, spiritual and artistic heritage

Emergency

Food security, agriculture and  
pastoralism

Education

## Sustainable Development Goals



## Who we helped

Directly: 2,155 people

Indirectly: 8,620 people



**Together with**  
Bhutan Nyo Foundation

**Thanks to**  
Autonomous Province of Bolzano  
Bhutan Nyo Foundation  
Presidency of Council of Ministers  
Tides Foundation  
Waldensian Church

**Funds Spent**  
€ 247.586,97





...society of GNB, built and  
values of the dam-ising. Key  
...tending towards knowledge-based  
and holistic quality education and  
...of the necessary learning space  
...potential as productive citizens.

I am a firm believer that if there is one word  
that will stand out above all other words  
when we describe our country's amazing  
journey of modernization over the last  
few decades - it is **Education**  
HM The Druk Gyalpo



## What we have achieved

---

**640**  
**SQM**

completed and furnished  
inside Sumthrang Monastery  
and 2,500 SQM paved  
outdoor courtyard

**308**

hygiene prevention  
brochures printed and  
distributed

**12**

greenhouses and related  
equipment purchased and  
distributed

**367**

farmers and farm workers  
trained in organic cultivation  
techniques and greenhouse  
management

**19**

digital whiteboards  
delivered to two schools  
together with a digital  
platform and application

**84**

teachers trained in the use  
and maintenance of digital  
whiteboards and software

---

# Revival of Sumthrang Monastery's spiritual and cultural traditions and implementation of vocational training to improve the local education and job skills of the younger generation - PHASE 2

---



Ura County, Sumthrang village

## IN BRIEF

The project aims to create a spiritual, cultural and professional center for nuns, monks and laity with all the spaces necessary to lead a dignified life and activities of secular and temporal education. In this way we want to revitalize the Sumthrang monastery and preserve the cultural and spiritual traditions of the Himalayas.

## AREA OF INTERVENTION

Cultural, spiritual and artistic heritage

## PROJECT FINANCING

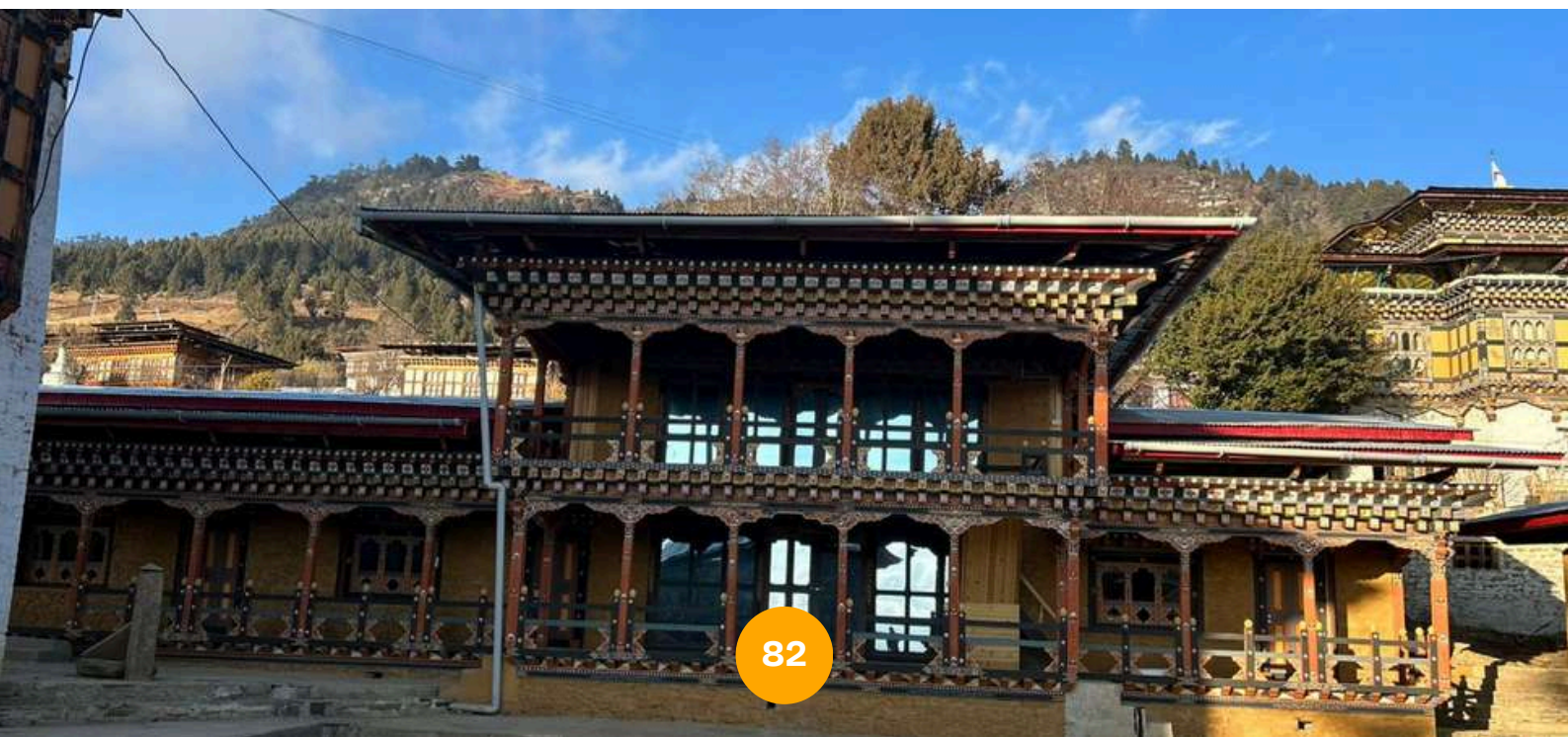
**Total project cost:** US\$ 100,000.00

**Amount spent in 2023:** € 98,341,00

**Donors:** Tides Foundation

## PARTNER

Bhutan Nyo Foundation





## STATE OF PROGRESS

**Start date:** 25/01/2022

**End date:** 25/01/2024

**Duration in monthly instalments:** 24 months

## CONTEXT

Sumthrang Monastery, founded around 1,230, is among the most important in Bhutan. Descendants of its line include Pema Lingpa. In the past it was a cultural center lively for learning, studying and practicing Vajrayana Buddhism and now it is mainly used for rituals and chanting. However, thanks to the Nyo clan, the cultural and spiritual heritage has been passed down from master to disciple and the knowledge of this entire spiritual and cultural tradition is still alive. Nevertheless, the shortage of religious figures capable of conducting rituals, religious festivals and other rituals threatens the survival of local cultural traditions, such as the Kangsöl, a worldwide cultural heritage dating back to the 13th century. Therefore, ASIA, together with the Nyo Foundation, initiated this project, with the aim of safeguarding the precious spiritual and cultural traditions enshrined in the Sumthrang Monastery.

## OBJECTIVES

### **General Objective:**

The spiritual and cultural tradition of Sumthrang has been preserved and passed on to future generations in Bhutan.

### **Specific Objectives:**

A spiritual, cultural and vocational centre for nuns, monks and lay people with classrooms, dormitories, a kitchen, a canteen, toilets and showers for up to 50 students built in the village of Sumthrang and the successfully started secular and temporal education activity.

## PROJECT ACTIVITIES

**A1.** Establishment of a project committee with representatives from the Monastery, the Nyo Foundation and ASIA to manage the project activities.

**A2.** Construction of a guesthouse of 117 square metres on two floors and six rooms to accommodate scholars, lecturers and visiting guests and equipped with the necessary basic services and furnishings.

**A3.** Construction of a building with a library and classrooms totalling 172 square metres equipped with the necessary basic services and furniture.

**A4.** Creation of a 2,500 sqm courtyard and roads, driveways and greenery for 1,250 sqm.

**A5.** Organisation of training on logical framework, project cycle, budget control, and monitoring.

## ACHIEVEMENTS IN 2023

All project activities were realised as well as all expected results. In particular:

**R1.** An operating committee established and active.

**R2.** The 335 square metre, two-storey guesthouse was built in the traditional style, painted and equipped with beds, mattresses, tables.

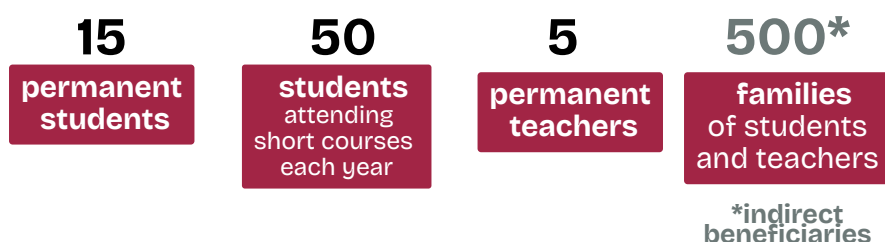
**R3.** A 64 square metre library and study room was built in the traditional style and equipped with tables, bookcases and books.

**R4.** A 241-square-metre, two-storey building with classrooms and accommodation for teachers, was completed and equipped.

**R5.** A 2,500 square metre paved courtyard; external arrangements such as stairs, retaining walls and drainage was constructed; the access road to the monastery was cemented and made accessible to cars as well as a new area for parking vehicles.

**R6.** On-the-job training was carried out with all Nyo Foundation staff both during ASIA on site missions and remotely.

## BENEFICIARIES REACHED IN 2023



---

## Emergency and hunger-relief project for the most vulnerable groups in farming villages in Ura County - Bhutan - to overcome the food crisis caused by the preventive measures for the Covid 19 pandemic and participate in controlling the spread of the virus.

---



Ura County, Sumthrang village

### IN BRIEF

The project aims to support the most vulnerable segments of Bhutan's rural population severely affected by the effects of the pandemic, through a twofold intervention: support for agricultural activities and thus strengthening food self-sufficiency, and strengthening the health system through the distribution of medical equipment and supplies.

### AREA OF INTERVENTION

Emergency

### PROJECT FINANCING

**Total project cost:** € 170,880.46

**Amount spent in 2023:** € 102,174.00

**Donors:** Presidency of Council of Ministers

### PARTNER

Bhutan Nyo Foundation





## STATE OF PROGRESS

**Start date:** 01/02/2023

**End date:** 31/05/2024

**Duration in monthly instalments:** 16 months

## CONTEXT

The COVID-19 emergency had strong and immediate impacts on the national economy. As a very small country, the pandemic immediately caused a food supply problem. In rural areas, many of the people who returned from India were left without work, and with the complete blockade of tourism that took place, the economic situation was extremely aggravated. Many remained in extreme poverty and malnutrition, and despite the government's efforts, the food situation worsened over time. The project aims to focus on 2 pillars: the strengthening of agricultural activities and the reinforcement of health activities in order to equip the local health system with the tools and means to stem the consequences of a resurgence of COVID or other highly transmitted diseases.

## OBJECTIVES

### **General Objective:**

To improve the living conditions of the population of Ura County after the COVID-19 pandemic.

### **Specific Objective:**

To improve the responsiveness of the population and the local hospital to disease and improve the productive capacity of farmers in Ura County.



## PROJECT ACTIVITIES

**A1.** Selection of beneficiaries, establishment of a project committee and coordination of project activities.

**A2.** Organisation of distributions in cooperation with the Ura County Government, the Nyo Foundation and the county departments of Agriculture and Health.

**A4.** Purchase of agricultural implements, motor cultivators, greenhouses and equipment for fruit and vegetable stands.

**A5.** Training of 12 groups of farmers consisting of fifteen young people each, 50% of whom are women, trained in three courses in vegetable greenhouse management; organic farming techniques; conservation and marketing of vegetable products.

**A6.** Strengthening the local health system and health awareness activities.

**A7.** Activity monitoring and final reports.

## ACHIEVEMENTS IN 2023

**R1.** In order to raise awareness among the entire population of Ura County, 12 panels were produced and installed at meeting points for the local population; 308 brochures were produced and distributed in local languages and English explaining all the good practices to prevent covid and other infectious diseases.

**R2.** In order to improve the healthcare offer of the local hospital, a first batch of medical equipment was purchased. In particular, 10 pulse oximeters; 10 BP machines; 3 oxygen concentrators were purchased. The remaining equipment will be purchased in early 2024.





**R3.** In order to improve the skills of the 84 farming families, 12 greenhouses of 100 square metres each were purchased; 12 equipment kits for growing greenhouses; and seeds for growing vegetables. Training courses were held for the management and cultivation of the greenhouses, which were attended by 12 groups of farmers consisting of 15 people each, mostly women.

## BENEFICIARIES REACHED IN 2023



---

**Improving the food security and economic conditions of 200 female farmers organised in 5 women's groups through the introduction of sustainable agricultural techniques, training, mechanisation and access to agricultural markets in Mongar County in Bhutan.**

---



Mongar District, Mongar County

**IN BRIEF**

The project aims to increase the productive capacity of the area and the income of farming families, through: the entry of young women into the primary sector; the enhancement of cultivation techniques and the introduction of light mechanisation for greater productivity and environmental sustainability in the agricultural sector; the organisational support for 5 groups of women capable of initiating sustainable production processes and their marketing.

**AREA OF INTERVENTION**

Food security, agriculture and pastoralism



## PROJECT FINANCING

**Total project cost:** € 97,135.00

**Amount spent in 2023:** € 53,350.00

**Donors:** Autonomous Province of Bolzano, ASIA and Nyo Foundation

## PARTNER

Bhutan Nyo Foundation

## STATE OF PROGRESS

**Start date:** 27/01/2023

**End date:** 31/08/2024

**Duration in monthly instalments:** 20 months

## CONTEXT

In recent years, the COVID-19 emergency has had a strong and immediate impact on Bhutan's economy, paralysing the production and import-export system. Many young people and migrants who have returned from India are attempting to resume agricultural activities to self-produce food for their families. While men mainly work in the construction sector, the primary activity of agricultural production is often carried out only by women. The lack of mechanisation and the difficult topography of the land, however, make it very challenging for female farmers to carry out daily tasks. It is therefore important to make farming a viable job for women as well, reducing their physical fatigue and increasing the efficiency of their techniques and practices.

## OBJECTIVES

### General Objective:

The project aims to increase the productive capacity of the area and the income of farming families.

### Specific Objective:

Increase the presence of young female workers in the primary sector and allocate 25 acres of land to production; increase horticultural production with organic farming techniques with high agro-biodiversity; market new products in order to increase family income.

## PROJECT ACTIVITIES

**A1.** Training 200 women in financial management, organic farming techniques, mechanisation, use and management of the equipment provided by the project and needs/characteristics of the crops promoted; organisation of 5 working groups of 2 villages each and organisational support to the groups.

**A2.** Identify horticultural crops and products for each growing area and appropriate sales strategies for each product.

**A3.** Provide agricultural inputs - seeds and light machinery such as motor cultivators to trained women.

**A4.** Identify land for cultivation, chosen with land-improvement constraints, starting with marginal areas, former abandoned cultivation.

- A5.** Verify the use rights of the 25 acres allocated to the 5 production groups structured in the 10 villages.
- A6.** Supporting vegetable production.
- A7.** Support the sales phase and liaise with the most promising markets.
- A8.** Support quinoa and maize production.
- A9.** Support sales and connection with the most promising markets.
- A10.** Do a market analysis and train the necessary skills to set up the business plan and sales strategy for the 5 women's groups.





## ACHIEVEMENTS IN 2023

**R1.** 187 women trained through three 10-day courses on organic cultivation techniques; agricultural mechanisation; conservation, distribution and marketing of agricultural products. The women's groups were provided with cultivation equipment and five motor cultivators.

**R2.** 5 groups of 30 women each were established in Mongar County and received the training and equipment provided by the project.

**R3.** 25 acres of land were identified for cultivation. The land was shown on a map. A report was drawn up on the plant species and soil type in order to prepare an appropriate cultivation plan according to the market analysis carried out

**R4; R5; R6** Not yet achieved as the cultivation, production and marketing phase of the products is scheduled for 2024

## BENEFICIARIES REACHED IN 2023

**187**

women

*who have not only received adequate training but also equipment and motor cultivators to increase the agricultural production of the identified households*

**5889\***

inhabitants of Gonkar county

\*indirect beneficiaries

Providing more equal opportunities for students in 2 schools in 2 of Bhutan's poorest and most remote districts by supporting the transition of education from quantitative to qualitative through the creation of digital classrooms and training of teaching staff.



Gasa and Zhemgang Districts

### IN BRIEF

The project aims to strengthen formal education in Bhutan by making the education system accessible to students who have difficulty reaching schools and by fostering educational resilience in the event of future pandemics or other causes of interpersonal isolation. The intervention will create an online educational platform and set up the digital equipment necessary for 112 teachers to interact on a daily basis with 1,277 students and their families, strengthening both the link between schools and families and the propensity of families to invest in their children's education.

### AREA OF INTERVENTION

Education

### PROJECT FINANCING

Total project cost: € 36.810,31





**Amount spent in 2023:** € 36.810,31  
**Donors:** Waldesian Church and ASIA

## **PARTNER**

Bhutan Nyo Foundation

## **STATE OF PROGRESS**

**Start date:** 12/01/2023

**End date:** 31/12/2023

**Duration in monthly instalments:** 12 months

## **CONTEXT**

Despite the great development of education in the country since the 1960s, Bhutanese education has remained very old-fashioned and of low quality, especially in the more remote areas far from the capital. Here, the quality of teaching is lower, both because the best teachers are attracted to the cities, where they can work in better facilities and earn higher salaries, and because of the lack of IT and digital facilities. The project therefore aims to help reduce the wide gap between young people living in the cities, who are fully integrated in the modern digital world, and those living in the rural and remote areas of the country who are lagging behind.

## **OBJECTIVES**

### **General Objective:**

Quality of education in 2 schools increased by 50% due to increased IT skills and access to online programmes.

### **Specific Objective:**

Digital interaction between 112 teachers, 1,277 students and parents increased by 60% through the development and implementation of a digital platform; the use of 18 multimedia whiteboards and the training received.



## PROJECT ACTIVITIES

- A1.** Provision of 19 multimedia interactive whiteboards.
- A2.** Development of a platform for teaching and school management.
- A3.** Training of 112 teachers from the two schools in the correct use of interactive whiteboards and in the use of the IT platform for teaching and school management

## ACHIEVEMENTS IN 2023

**R1.** 1,242 students in two remote schools now have access to 19 digital classrooms, a platform and a digital application for school management and interaction with teachers and parents.

**R2.** 84 teachers now regularly use the platform for school management on both computers and phones thanks to the application created by the project.

**R3.** 84 teachers received training in the operation, daily use, and maintenance of the 19 digital whiteboards, while being trained by the platform developers in the use of the school management software.

## BENEFICIARIES REACHED IN 2023



### Bishjong school

**434**

students

**214**

boys

**220**

girls

**39**

teachers



### Sonamthang school

**708**

students

**336**

boys

**372**

girls

**45**

teachers

## indirect beneficiaries

**21919**

inhabitants

**11407**

men

**10512**

women

of the two  
districts of Gasa  
and Zhemgang





# MONGOLIA

A country famous for its rich nomadic culture and millenary traditions, Mongolia unfortunately often remains outside the interests of international cooperation. Although life in the capital, which is home to about a third of the total population, now fairly follows western style, the rest of the population lives according to nomadic traditions in wastelands or concentrated in the gher, an area just outside Ulan Bator, in very precarious social, economic, and sanitary conditions. Added to this is serious pollution, one of the worst cases in the world, especially in the capital where, in some months of the year, the air becomes unbreathable.

- ▶ The severe cold, called dzud, which now occurs practically every year, with temperatures in the steppe reaching as low as  $-50^{\circ}$ , undermines agriculture, a sector that has never really taken off also because of nomadism, and pastoralism as the animals, unable to find fodder on ground covered by metres of snow, die from lack of food and excessive cold.
- ▶ In the countryside, the education sector also has to cope with cold weather and limited resources, and families face daily challenges in providing an adequate education for their children.



- ▶ Despite these adversities, Mongolian culture remains strong and deep-rooted in the population, with celebrations of ancient traditions still very much alive, a rich culinary tradition reflecting nomadic life and the need for hearty meals to withstand the cold winter, and a huge tourism potential with breathtaking landscapes attracting the interest of visitors from all over the world.
- ▶ In this context, and despite a minor setback due to COVID-19 - as Mongolia was one of the first countries to close its borders - ASIA has continued to maintain its presence with international staff since 2016 and has continued to support the population with projects focused especially on the education sector (improvement of schools in remote areas, provision of water purification systems, training for teachers and students, school computerisation), and on the pastoralist sector (support for veterinarians, support in the creation of improved stables, fodder and micronutrients during dzud etc.), reaching a total of 2,646 people directly supported over the past three years.

# MONGOLIA 2023 IN NUMBERS

## Projects

1 project, started in 2022  
and completed during 2023

## Sectors of intervention

Education

# Sustainable Development Goals



## Who we helped

**Directly:** 1.323 persone

**Indirectly:** 5.292 persone

## Together with

Department of Education of  
Sukhbaatar Province

## Thanks to

UBI (Italian Buddhist Union )

## Funds spent

€ 68.690,66

## What we have achieved

---

**4**

school libraries enhanced

**13**

schools in which we have improved the computer rooms

**13**

schools in which teachers' IT skills have increased and transferred to students

---

# From the village to the world

## Bridging the media literacy gap in rural Mongolia

---



Sukhbaatar Province, Soum of Uulbayan, Asgat, Khalzan and Dariganga

### IN BRIEF

The project aims to promote the development of settlements in remote areas of Sukhbaatar province and reduce migration to the capital by improving computer skills and internet access for teachers and students in 13 districts of the province.

### AREA OF INTERVENTION

Education

### PROJECT FINANCING

**Total project cost:** € 194,435

**Amount spent in 2023:** € 68,690.66

**Donors:** Italian Buddhist Union (UBI)

### PARTNER

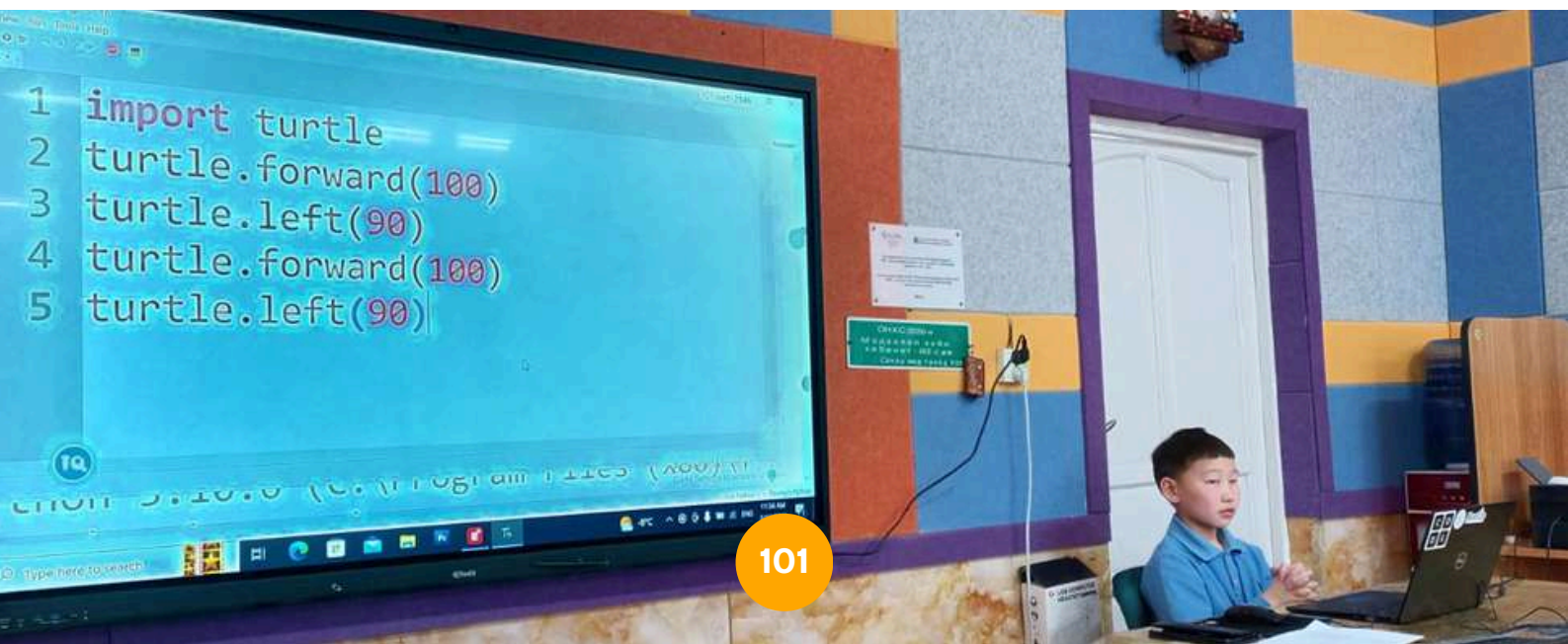
Department of Education of Sukhbaatar Province

### STATE OF PROGRESS

**Start date:** 24 February 2022

**End date:** 30 June 2023

**Duration in months:** 16 months (12 + 4 extension)





## CONTEXT

Sukhbaatar province lies at an average distance from the capital Ulan Bator of about 600 km. The territory is mainly covered by steppe. The summer is hot and dry and temperatures range between 27° in summer and -25° in winter. The average annual rainfall is about 200/250 mm. The local population lives in ordinary houses or in typical Mongolian dwellings, the 'gher'. Most families live mainly on livestock farming and agriculture; the remainder are employed in government jobs or in the tertiary sector.

## OBJECTIVES

### General Objective: :

to promote the development of settlements in the remote areas of Sukhbaatar Province and reduce migration to the capital.

### Specific Objective:

to improve computer skills and internet access for teachers and students in 13 districts of Sukhbaatar province.

## PROJECT ACTIVITIES:

**A1.** Distribution and collection of pre-training questionnaires.

**A2.** Realisation of 2 trainings.

**A3.** Distribution and collection of post-training questionnaires.

**A4.** Purchase and installation of 9 computers and 9 printers in the 9 soums of Sukhbaatar Province.

**A5.** Purchase and installation of 4 library supplies and 4 internet stations equipped with PC and printer.

**A6.** Realisation of 2 training days for students from selected schools.

**A7.** Realisation of a Power Point presentation using the skills acquired during training.



## RESULTS ACHIEVED IN 2023:

- R1.** Increasing the computer literacy of teachers in the 13 schools involved in the project.
- R2.** Operation and improvement of computer rooms in the 13 schools.
- R3.** Enhancement of 4 school libraries.
- R4.** Transfer of acquired skills from teachers to students.

## BENEFICIARIES REACHED IN 2023

**33**

**teachers**  
from selected  
schools

**1.290**

**children**  
from selected  
schools

**5292\***

**people**  
  
\*indirect  
beneficiaries

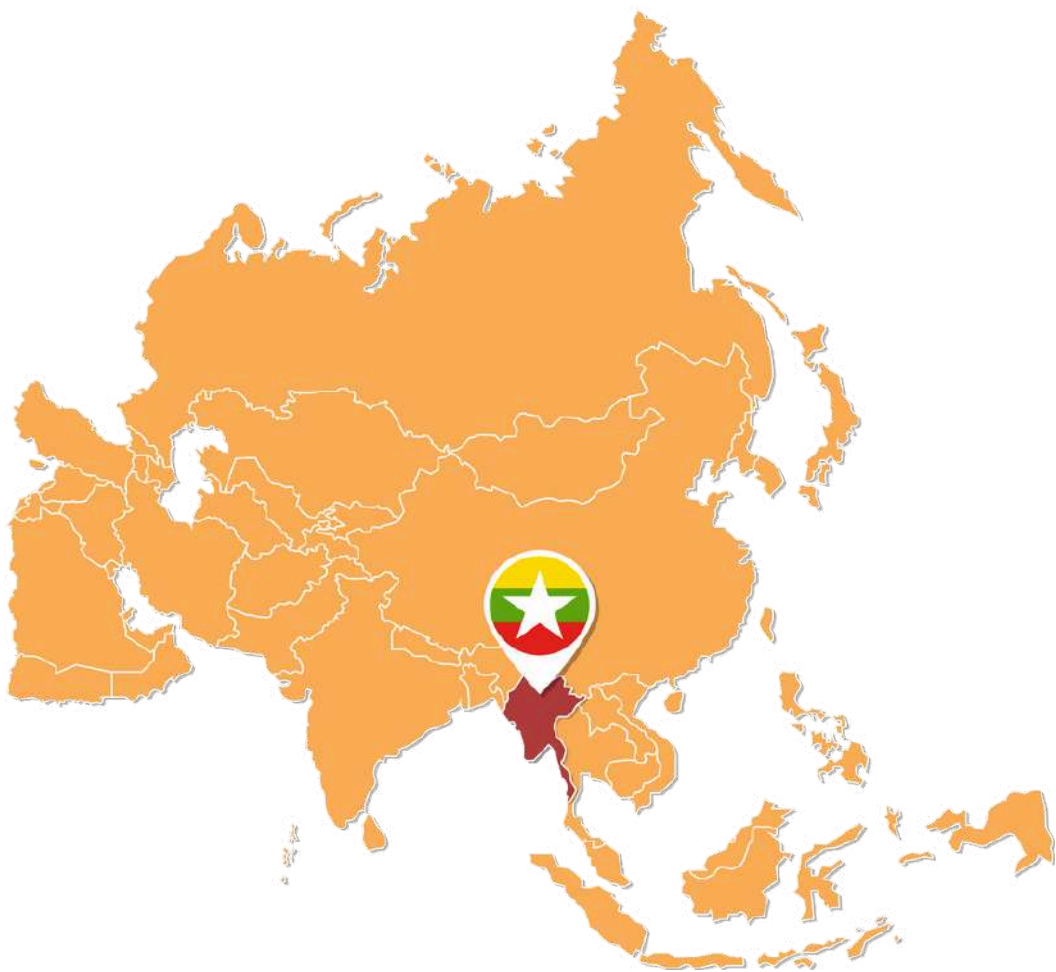




# MYANMAR

In recent years, Myanmar has been facing a number of health, economic and political challenges that have unfortunately undermined its stability. The COVID pandemic, since 2019, has strained the country's health and economic system, with a huge impact on the tourism and export sector. The military coup staged by the Burmese armed forces on the morning of 1 February 2021 to overthrow the democratically elected government of Aung San Suu Kyi in 2015 initiated fierce clashes that continue to this day.

- ▶ Despite the complexity of the context and despite the enormous social and economic consequences that these events have caused, ASIA has continued to maintain its presence in the country, both with international and local staff, maintaining the principles of neutrality and independence, with interventions in favour of the most vulnerable population groups.
- ▶ The areas of intervention in which ASIA has been involved in the country in recent years have been emergency, food security and agriculture, managing to support 7,343 people directly over the past three years.



- ▶ ASIA has chosen to intervene in these sectors because they are crucial areas for trying to ensure the well-being and survival of people in crisis situations such as the current one.
- ▶ Emergency, an area that ASIA is also dedicated to in other countries where it intervenes, require rapid action to provide immediate assistance to people affected by health disasters or conflicts, while food security and agriculture are key to ensuring that communities can have access to nutritious and sustainable food in the long term.
- ▶ In addition, intervention in these areas promotes the resilience of communities, providing them with the skills and resources they need to cope with any future shocks or crises.
- ▶ In this way, ASIA wants to contribute to improving the living conditions of the most vulnerable people in the country and to promoting sustainable and inclusive development.

# MYANMAR 2023 IN NUMBERS

## Projects

4 projects implemented in 2023:  
2 completed  
2 will be completed in 2024

## Sectors of intervention

Emergency  
Food security, agriculture and pastoralism

# Sustainable Development Goals



## Who we helped

**Directly:** 5.560 persone

**Indirectly:** 22.240 persone

## Together with

DoA (Department of Agriculture)  
K'Cho Land Development Association  
(COLDA)

Progetto Continenti Onlus  
MoHS District Office (Ministry of  
Health and Sport)  
SAT (Sustainable Agriculture Team)

## Thanks to

AICS (Agenzia Italiana per la  
Cooperazione allo Sviluppo)  
Autonomous Province of Bolzano  
Autonomous Province of Trento  
Presidency of the Council of Ministers  
Progetto Continenti Onlus

## Funds spent

€ 395.228,80



## What we have achieved

**313** people trained in basic nutrition and food hygiene concepts

**773** people trained in compost production techniques, natural pesticides, food preservation and processing

**194** people received agricultural tools

**764** households in extreme poverty received food kits



---

# Optimising the coffee supply chain and fostering associated economies in Southern Chin State (COFFEA - Chin)

---



Mindat and Kanpetlet Township, Mindat District, Chin State

## IN BRIEF

The project aims to increase employment opportunities in rural communities in remote areas of southern Chin through the sustainable development of the coffee supply chain in Myanmar (a country where the economic potential of this resource is not fully exploited), by promoting constant and profitable access to the local and international market.

## AREA OF INTERVENTION

Food security, agriculture and pastoralism

## PROJECT FINANCING

**Total project cost:** € 1,188,723.68

**Amount spent in 2023:** € 286,300.61

**Donors:** AICS, ASIA ETS and Progetto Continenti Onlus

## PARTNER

COLDA (K'Cho Land Development Association)  
Progetto Continenti Onlus

## STATE OF PROGRESS

**Start date:** 15 November 2019

**End date:** 14 January 2024

**Duration:** 50 months

## CONTEXT

Chin is the poorest region in Myanmar with a rate of 58%. Stunting affects 43% of children under the age of 3. The region is among the 4 in the country where, according to data from the Ministry of Health and Sports, families are unable to provide for their minimum food needs. There are very few opportunities for farmers to use quality seeds, and the emigration of the most active segment of the population is very high, making women, adolescents and the elderly bear the responsibility for agricultural activities.





The use of the 'slash and burn' technique has also seriously compromised the fertility of the little arable land available and has begun to create serious hydrogeological problems. The mountainous environment and poor road network also make the region very isolated.

## OBJECTIVES

### General Objective:

to promote sustainable rural development by reducing itinerant farming, migration and loss of natural resources (mountain forest) in Southern Chin State.

### Specific Objective:

to increase the employment opportunities of rural communities in remote areas of Southern Chin through the strengthening of the coffee supply chain, with a focus on women and young people, and by fostering constant and profitable access to the local and international market.

## PROJECT ACTIVITIES

**A1.** Support for starting agricultural activities on 80 acres of land for 80 landless families.

**A2.** Establishment of 13 nurseries of certified Arabica coffee varieties of controlled origin and study of the main agro-pathological problems of coffee.





**A3.** Support for starting agricultural activities on 80 acres of land for 80 landless families.

**A4.** Establishment of 13 nurseries of certified Arabica coffee varieties of controlled origin and study of the main agro-pathological problems of coffee.

**A5.** Training of more than 600 producers on appropriate farming techniques: climate smart agriculture, good agricultural practices, post-harvesting and quality control.

**A6.** Training of 20 Coffee Management Committees on coffee plantation management, associationism and business management.

**A7.** Carrying out a sector study on the national and international market for Chin coffee.

**A8.** Presentation of the outputs of the market analysis to representatives of institutions and coffee producers.

**A9.** Organisation of 1 Business to Business meeting (B2B - meetings between producers and retailers or processors) at local, regional and national level.

**A10.** Organisation of 1 promotional event for coffee made for the local market and specialised sector events.

**A11.** Training of 4 farmer leaders on national market opportunities, marketing and commercialisation.

**A12.** Identification of the 3 most promising commercial chains complementary to coffee: market analysis, national demand analysis and cost-benefit analysis.

**A13.** Selection and training of 250 coffee producers on the production and marketing of agricultural products from chains complementary to coffee: non-wood forest products (honey), fruit (dragon fruit and others).

**A14.** Organisation of 4 events for the presentation and promotion of selected complementary products.

**A15.** Equipping coffee producing communities with production equipment (20 warehouses, 26 stripping machines, 20 dryers and 26 generators).

## RESULTS ACHIEVED IN 2023

**R1.** Increased quality and quantity of coffee produced in the districts of Southern Chin, Mindat and Kanpetlet.

**R2.** Increased the commercial value of the product on the national and international market and increased the related sales opportunities

**R3.** Strengthened micro-entrepreneurial activities related to complementary coffee chains.

## BENEFICIARIES REACHED IN 2023

**3.626**

farmers

**14504\***

people from  
beneficiary  
communities

\*indirect  
beneficiaries



---

## It takes a village to make a vegetable garden

---



Kanpetlet Township, Mindat District, Chin State

### IN BRIEF

The initiative aims to improve the ability of 10 villages of the high-poverty 'Cho' minority to obtain food in sufficient quantity and quality for proper nutrition and to initiate productive activities in agriculture that can provide an economic supplement to family income, through training activities, the provision of good quality seeds and cuttings, and the creation of family gardens.

### AREA OF INTERVENTION

Food security, agriculture and pastoralism

### PROJECT FINANCING

**Total project cost:** € 83,460.00

**Amount spent in 2023:** € 39,628.97

**Donors:** Autonomous Province of Bolzano and ASIA

### PARTNERS

Institutional partnerships with the DoA (Department of Agriculture) and the MoHS (Ministry of Health and Sport) District Office

### STATE OF PROGRESS

**Start date:** 1 January 2022

**End date:** 30 June 2023

**Duration:** 18 months

### CONTEXT

Chin is the poorest region in Myanmar with a rate of 58%. Stunting affects 43% of children under the age of 3. The region is among the 4 in the country where, according to data from the Ministry of Health and Sports, families are unable to provide for their minimum food needs. There are very few opportunities for farmers to use quality seeds, and the emigration of the most active segment of the population is very high, making women, adolescents and the elderly bear the responsibility for agricultural activities. The use of the 'slash and burn' technique has also seriously compromised the fertility of the little arable land available and has begun to create serious hydrogeological problems. The mountainous environment and poor road network also make the region very isolated.



## OBJECTIVES

### General Objective:

to improve the state of nutrition and decrease the poverty rate in Chin State by 3 per cent, within 5 years from the end of the project.

### Specific Objective:

to disseminate sustainable agricultural practices and diversify agricultural production in Mindat District, with a focus on women.

## PROJECT ACTIVITIES

**A1.** Organisation of 10 Training and Production Centres (CFP).

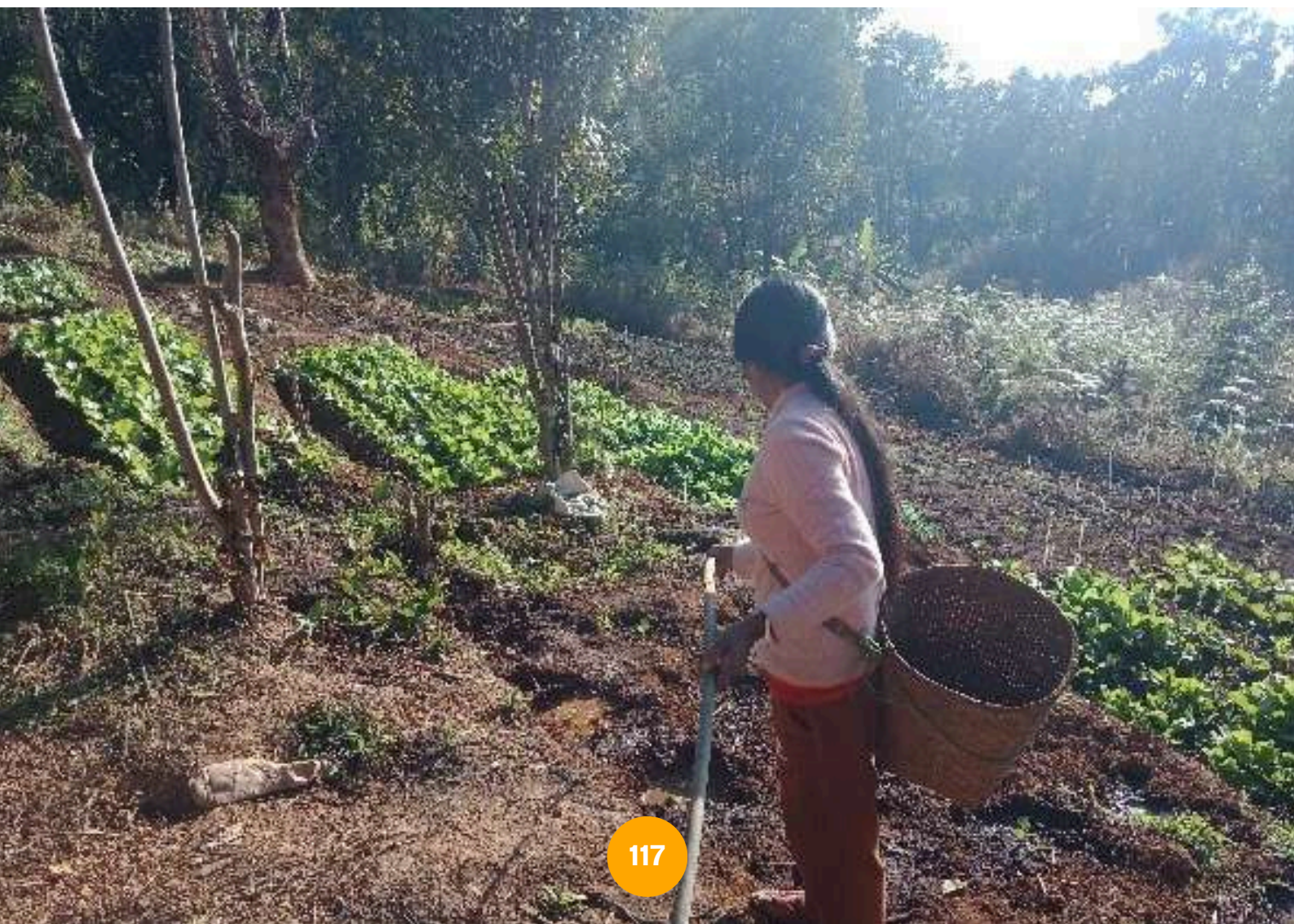
**A2.** Organisation of training and technical assistance.

**A3.** Organisation of a network of family gardens.

## ACHIEVEMENTS IN 2023

**R1.** 313 beneficiaries received training in basic nutrition and food hygiene concepts.

**R2.** 321 beneficiaries received training in compost and natural pesticide production techniques.





**R3.** 342 beneficiaries received training in food preservation and processing techniques

**R4.** 194 beneficiaries received agricultural tools.

## BENEFICIARIES REACHED 2023

---

**1170**

farmers

**4680\***

people

\*indirect  
beneficiaries



---

# Fighting hunger: smart agriculture techniques for family gardens in Chin State

---



Mindat and Kanpetlet Township, Mindat District, Chin State

## IN BRIEF

The initiative aims to improve the food and economic self-sufficiency of some of the poorest rural communities in Chin State, where ASIA has been working since November 2019 with a coffee project and various interventions in response to the COVID-19 emergency. Due in part to the ongoing serious conflict, local communities face great difficulties in procuring food in sufficient quantity and quality for proper nutrition and starting productive activities in agriculture that can supplement family incomes.

## SECTOR OF INTERVENTION

Food security, agriculture and pastoralism

## PROJECT FINANCING

**Total project cost:** € 168,897.00

**Amount spent in 2023:** € 6,668.59

**Donors:** Presidency of the Council of Ministers

## PARTNER

DoA (Department of Agriculture)



## STATE OF PROGRESS

**Start date:** 1 September 2023

**End date:** 31 December 2024

**Duration:** 16 months

## CONTEXT

Chin is the poorest region in Myanmar with a rate of 58%. Stunting affects 43% of children under the age of 3. The region is among the 4 in the country where, according to data from the Ministry of Health and Sports, families are unable to provide for their minimum food needs. There are very few opportunities for farmers to use quality seeds, and the emigration of the most active segment of the population is very high, making women, adolescents and the elderly bear the responsibility for agricultural activities. The use of the 'slash and burn' technique has also seriously compromised the fertility of the little arable land available and has begun to create serious hydro-geological problems. The mountainous environment and poor road network also make the region very isolated.

## OBJECTIVES

### General Objective:

to improve the nutrition status of children under the age of 3 and decrease the poverty rate in Chin State within 5 years of the end of the project.

### Specific Objective:

to disseminate sustainable agricultural practices in Mindat District, with a focus on women.

## PROJECT ACTIVITIES

- A1.** Creation of nurseries with vegetable production.
- A2.** Training in nursery management and maintenance.
- A3.** Creation of gardens.
- A4.** Cultivation assistance and support.

## ACHIEVEMENTS IN 2023

- R1.** Project Staff Contracting.
- R2.** Purchase of certain equipment for the development of activities.
- R3.** Selection of Beneficiaries.

## BENEFICIARIES REACHED 2023

---

None, the project started in the last months of the year.

---

# Food emergency of the vulnerable population in the Sagaing region - ASIA Trento

---



Budalin Township, Sagaing Region

## IN BRIEF

The initiative aimed to support the food needs of at least 600 families in the Sagaing Region to cope with shortages resulting from Covid-19 and the ongoing political conflict. The project helped to give a hunger-stricken population a breathing space, providing a starting point for the recovery of a section of the population that will be able to re-establish the rural economy at the time of the rice harvest.

## SECTOR OF INTERVENTION

Emergency

## PROJECT FINANCING

**Total project cost:** € 62,167.52

**Amount spent in 2023:** € 62,630.63

**Donors:** Autonomous Province of Trento

## PARTNER

SAT (Sustainable Agriculture Team)

## STATE OF PROGRESS

**Start date:** 15 February 2023

**End date:** 30 September 2023

**Duration:** 7.5 months

## CONTEXT

The project is set in the context of a country tested by the succession of emergency situations that have arisen over the last few years, from extreme events such as Cyclone Komen in 2015, to the more recent Covid-19 pandemic, to the profound political crisis that has seen the interruption of the democratic process as of February 2021. These events, fitting into an already weak basic context, especially in rural areas, have ended up almost totally weakening an already very vulnerable population.



## OBJECTIVES

### General Objective:

to improve the food security of the population affected by the food crisis, the consequences of COVID-19 and the ongoing civil war in Sagaing.

### Specific Objective:

to provide food assistance to vulnerable groups in Budalin Township, Sagaing Region.

## PROJECT ACTIVITIES

**A1.** Purchase of 15,000 dry rations.

**A2.** Distribution of 15,000 dry rations.

## ACHIEVEMENTS IN 2023

**R1.** 764 food kits were distributed to the most vulnerable families in the 5 target villages of the intervention.

**R2.** 127% (764 households) of the intended beneficiaries (600 households) received food support.

## BENEFICIARIES REACHED 2023

**764**

families



**3056**

overall people



# NEPAL

Nepal is a country of immense cultural, linguistic and natural wealth, located in the central Himalayan region close to the borders of India and the Tibetan Plateau. Despite its great cultural heritage and diversity, the country is among the poorest in the world, and in the last 3 decades has suffered the blows of a civil war, 2 devastating earthquakes and the covid-19 pandemic, further slowing its development and causing high emigration rates. Rural Nepal is characterised by subsistence farming patterns based on the family unit, and by topographical and production difficulties that are exacerbated by climate change and monsoon variability, contributing to the undermining of the population's food security and exacerbating the phenomenon of abandonment of these areas and the emigration of young people from the country, with serious social, cultural, economic and environmental consequences.

- ASIA has been working in Nepal since 1996, with the objective of promoting sustainable development processes in the rural areas of the country, supporting the preservation of the Himalayan cultural and spiritual heritage. Over the past 27 years, ASIA has intervened in Nepal improving the living conditions of the population with agriculture, agroforestry, health and water, education and emergency projects implemented in 14 districts of the country.



▶ In these districts, ASIA has promoted rural development and climate resilience projects for production systems, promoting climate-smart farming practices, agroforestry activities aimed at reducing the unregulated extraction of natural resources and the protection of local biodiversity, reforestation, and the development of value chains for highly profitable products (honey, spices, organic seeds), with the aim of improving the socio-economic conditions of rural producers, reducing the abandonment of these areas and conflicts related to the use of natural resources. ASIA has also implemented WASH projects aimed at improving the sanitary conditions and access to water for the beneficiary populations, education and long distance sponsorship projects aimed at improving the conditions and quality of education for Himalayan students, and projects to protect the Himalayan and Tibetan cultural and spiritual heritage.

▶ ASIA has also been active in all the major emergencies that have hit the country, from the 2015 earthquake, where the organisation supported more than 10,000 families with temporary housing and schools, reconstruction of damaged water systems and the rebuilding of schools, to the covid-19 pandemic, where it supported hospitals in several districts of the country with oxygen concentrators, vulnerable families with food supplies and awareness campaigns to the most recent earthquake in November 2023, which hit the Karnali region, where ASIA has intervened immediately with the construction of shelters for homeless families and temporary schools.

▶ Over the past 3 years, ASIA has reached 35,420 people directly with projects.

# NEPAL 2023 IN NUMBERS

## Projects

10 projects implemented in 2023:

3 completed

7 will be completed in 2024

## Sectors of intervention

Education

Emergency

Training and micro-enterprises

Cultural, spiritual and artistic heritage

Environmental protection and  
combating climate change

WASH

Food security, agriculture and  
pastoralism

## Sustainable Development Goals



## Who we helped

Directly: 2,335 people

Indirectly: 9,340 people



## **Together with**

ARSOW Nepal  
Association for Rural Welfare Nepal  
Beautiful Coffee Nepal  
Community Self Reliance Centre  
(CSRC) Nepal  
Janahit Nepal  
Nepal Agroforestry Foundation  
Pal Tashi Choeling  
Sengedag Service Society  
Support Activities for Poor Producers  
Nepal  
Triten Norbutse Institution

## **Thanks to**

8X1000 Waldensian Church  
Autonomous Province of Bolzano  
Italian Buddhist Union - UBI  
Krueger Foundation  
Pianoterra Foundation ETS  
Presidency of the Council of Ministers  
Tides Foundation  
Treedom Srl  
Triten Norbutse Institution

## **Funds Spent**

€ 443.191,78



# What we have achieved

---

1

building of the traditional medical school that houses the canteen, kitchens and teachers' quarters

30

cement tanks built in the ground

54

drip irrigation systems implemented

79

plastic tunnels installed for vegetable production

117,000

seedlings geolocalised

2

water systems

9

hygiene awareness campaigns

5

rainwater and waste water collection tanks

29

training courses in agricultural production techniques, preparation of bio pesticides and natural fertilisers, nursery management, financial literacy and agricultural marketing, good hygiene practices, management of water systems and rainwater harvesting tanks

---

## Becoming 'amchi': a school of traditional Tibetan medicine in Nepal as an opportunity for young people and the population of the Himalayan area.

Phase two: construction of a canteen, a kitchen and accommodation for teachers

---



Bagmati Province, Kathmandu District, Jarsingpauwa

### IN BRIEF

The project is carried out in cooperation with the Triten Norbutse Institution, the one and only institution legally registered in Nepal for the purpose of keeping the methods of traditional Tibetan Bönpo medicine alive. The training programme taught is the entire Bon Bumshi medical system and is open to anyone interested in becoming an Amchi doctor. The aim of this intervention is to support the Himalayan population with little access to health facilities by keeping very effective traditional methods and medicines alive for treating and preventing various types of illnesses.

### AREAS OF INTERVENTION

Education  
Cultural, spiritual and artistic heritage  
WASH

### PROJECT FINANCING

**Total project cost:** € 230.380,77

**Amount spent in 2023:** € 170.212,80

**Donors:** Tides Foundation, Donatori Privati, Triten Norbutse Institution, ASIA

### PARTNER

Triten Norbutse Institution

### STATE OF PROGRESS

**Start date:** 01/09/2020

**End date:** 31/07/2023

**Duration:** 35 months

## CONTEXT

Ancient Tibetan medicine is rooted in the Bön culture, which predates the arrival of Buddhism in Tibet and Nepal by several centuries, and is still practised in Nepal, particularly in the remote areas of the Himalayas, where it is the only real alternative to the absence of hospitals and medical infrastructure providing modern medical services. It is also a type of medicine that is accessible even to the poorest sections of the population in Nepal.

After diagnosis, the Tibetan doctor (Amchi) recommends the abandonment of harmful behavior and recommends a diet suitable for the patient. If prescribed, remedies are mainly composed of medicinal plants with healing and mineral properties, while body therapies include acupuncture, kunye massage and moxibustion.

The school aims to offer young Himalayans a professional perspective and, in the medium term, will contribute to improving health services for the population in the remote mountainous regions of Nepal, where the absence of basic health services is a real obstacle for the local populations.

## OBJECTIVES

### Generale Objective:

Improving primary health care in remote areas of Nepal through the establishment of a traditional medicine school and the training of qualified traditional Himalayan doctors.

### Specific Objectives:

Create learning opportunities by building facilities for traditional medical education and capacity building for students and traditional doctors in the Himalayan region.

Enabling the poorest segment of the population in rural Nepal to have access to adequate care.

Preserving traditional Tibetan culture and promoting intercultural exchange between western and traditional medicine.





## PROJECT ACTIVITIES

### A.3 – Construction of the building.

In 2023, at the end of July, the construction of the building was completed and it was finally handed over to the beneficiaries (students and teachers). The building houses the canteen, kitchens and teachers' quarters. While waiting for the building that will house the classrooms and library yet to be constructed, some rooms are being used for regular classes. In addition, an area has been set aside on the terrace for the drying and storage of medicinal plants needed for the preparation of medicines.

## ACHIEVEMENTS IN 2023

R1. Building construction completed.

## BENEFICIARIES REACHED IN 2023

32

students  
and teachers

128\*

relatives  
of the direct  
beneficiaries

\*indirect  
beneficiaries

6.250\*

people

\*indirect  
beneficiaries

from the communities of Swayambhu,  
Lapsiphedi, and the rural populations of  
Humla, Dolpo, Mustang, Dhorpatan and  
Solukhumbu

who benefit from the medical services  
offered by the traditional medical school

---

## BIO: Boost the Income in Horticulture - increasing organic farm income and supporting horticulture for the survival of farming families in Dandatole village, Dindhupalchok district, Nepal

---



Bagmati Province, Sindhupalchok District, Helambu  
Rural Municipality

### IN BRIEF

The project, which will end in June 2024, targets the community of the Rural Municipality of Helambu, which was severely affected and penalised by the 2015 earthquake. The activities aim to produce a per capita income increase for the beneficiaries of at least 20% within three years after the conclusion of the intervention, as well as the adoption of highly climate resilient agricultural models within the entire constituency (at least 554 households).

### AREAS OF INTERVENTION

Food security, agriculture and pastoralism  
Environmental protection and the fight against climate change  
Training and micro-enterprises

### PROJECT FINANCING

**Total project cost:** € 243,473.91  
**Amount spent in 2023:** € 156,100.98  
**Donors:** Presidency of the Council of Ministers

### PARTNER

ARSOW Nepal

### STATE OF PROGRESS

**Start date:** 01/01/2023  
**End date:** 30/06/2024  
**Duration:** 18 months (12+6)

## CONTEXT

The project was designed in 2020 for the community of the Rural Municipality of Helambu - whose livelihoods are heavily dependent on agriculture - based on a needs assessment that showed a strong need to support increased agricultural production to meet the daily food needs of the beneficiaries, encourage the production of surplus for sale, and combat the impacts of climate change.

## OBJECTIVES

### General Objective:

Securing the food needs and improving the livelihoods of communities in Sindhupalchok district by strengthening the organic farming chain in Dandatole village, rural Helambu municipality, Nepal

### Specific Objectives:

Promoting organic farming of vegetables and increased water availability. Strengthening the development process of the short agricultural chain.

## PROJECT ACTIVITIES

- 1.1. Construction of 30 soil cement tanks
- 1.2. Soil cement tank and drip irrigation system maintenance training
- 1.3. Installation of 120 drip irrigation systems
- 2.1. Installation of 120 plastic bamboo tunnels for horticulture
- 2.2. Training in out-of-season vegetable production and distribution of seeds and equipment
- 2.3. Implementation of 2 nurseries and management training
- 2.4. Training and support on the preparation and use of biopesticides and manure management
- 3.1 Orientation session on agricultural marketing in local markets
- 3.2 Establishment of beneficiaries in 4 farmer groups
- 3.3 Capacity building on management and mobilisation of farmers' groups, training on financial literacy









31/12/2023 17:07

## ACHIEVEMENTS IN 2023

**R1:** Increased availability of water for irrigation in the dry season. In 2023, 30 soil cement tanks were built and 49 drip irrigation systems installed.

**R2:** Introduced new tools and techniques for organic farming. In 2023, 49 plastic tunnels for out-of-season vegetable production were installed; 6 trainings on out-of-season vegetable production were carried out; 408 crop calendars were printed and distributed; two nurseries were installed and training carried out; 1 training on nursery management was carried out; 6 trainings on the use, preparation and management of bio pesticides and natural fertilisers were carried out; 4 farmer groups were trained.

**R3:** Create new income opportunities through agricultural marketing

## BENEFICIARIES REACHED IN 2023



---

# Tree in a cup: an agroforestry project to improve the economic situation of Rasuwa, Nuwakot, Tanahu and Lamjung districts through the provision of coffee plants, fruit species and multipurpose trees

---



Districts of Rasuwa, Nuwakot, Tanahu and Lamjung

## IN BRIEF

This project promotes the economic growth of Rasuwa, Nuwakot, Tanahu and Lamjung districts by increasing productivity and profit from the cultivation of coffee, fruit and multi-purpose trees. It is a multi-year project running since 2017.

## AREAS OF INTERVENTION

Food security, agriculture and pastoralism  
Environmental protection and the fight against climate change  
Training and micro-enterprises

## PROJECT FINANCING

**Total project cost:** € 24,933.00  
**Amount spent in 2023:** € 24,933.00  
**Donors:** Treedom Srl



## **PARTNER**

Nepal Agroforestry Foundation, Beautiful Coffee Nepal, Support Activities for Poor Producers Nepal.

## **STATE OF PROGRESS**

**Start date:** 01/03/2022

**End date:** 31/02/2023

**Duration:** 12 months

## **CONTEXT**

Traditional agroforestry practices in the Rasuwa, Nuwakot, Lamjung and Tanahu districts play an important role in farmer livelihoods because agricultural productivity is decreasing and traditional forest resources are unable to meet the growing demand for food, fodder and timber. Furthermore, environmental deterioration is becoming a new problem in Nepal and the project areas. Therefore, agroforestry is one of the best ways to cope with this situation and local knowledge in agroforestry, education and development practices are essential to improve this practice.

## **OBJECTIVES**

### **General Objective:**

Reducing poverty in Nepal through increased competitiveness of international trade and the domestic coffee market, and improving marginal land use in the Rasuwa, Nuwakot, Tanahu and Lamjung districts through fruits, fodder and multipurpose trees.

### **Specific Objectives:**

Expand the area of coffee orchards and increase coffee production in the country.  
Supporting the use of marginal land and the export of products.  
Improve forest areas in Rasuwa, Nuwakot, Tanahu and Lamjung districts by planting productive species.

## **PROJECT ACTIVITIES**

- A1.** Purchase of coffee seedlings (5,000), plums (1,000), fodder plants (2,000) and multipurpose plants (2,000).
- A2.** Training on soil preparation and follow-up planting of seedlings. Shade trees will be prepared and planted together with coffee plants.
- A3.** Transport of seedlings, soil preparation and planting. The project supervisor will support the farmers at this important time.
- A4.** Data entry of each individual coffee, shade, fodder and multipurpose tree planted.
- A5.** Training in organic farming practices and fair trade principles.
- A6.** Reforestation and Marginal Land Rehabilitation Training
- A7.** Training on proper animal nutrition.
- A8.** Routine Monitoring: all activities will be monitored continuously during implementation by project staff and the local partner.
- A9.** Evaluation and Reporting: mandatory evaluation by the Nepalese government will follow. ASIA HQ will conduct a final evaluation mission. It will produce a narrative report on best practices and achievements. All photos, videos, satellite images and 'narratives' of the project will be collected.



## ACHIEVEMENTS IN 2023

**R1.** Geolocalised approximately 117,000 seedlings and provided technical follow-up to 1,094 beneficiaries.

## BENEFICIARIES REACHED IN 2023

**1.094**

farmers and their family members



**6.096**

people

---

# Improving farmers' livelihoods by enhancing organic vegetable production and access to clean water in Sindhupalchowk district

---



Bagmati Province, Sindhupalchok District,  
Bhotekoshi Rural Municipality, Sebung, Chhagam and Bagam villages

## IN BRIEF

The community of Botekoshi, like all communities in rural Nepal, is still characterised by the use of inadequate sanitary practices, which increase the risk of disease, and the absence of sufficiently organised water networks capable of ensuring safe drinking water throughout the year. The project aims to improve the living conditions of the inhabitants of Sebung, Chhagam and Bagam through the introduction of modern agricultural practices and access to safe drinking water.

## AREAS OF INTERVENTION

Food security, agriculture and pastoralism  
WASH

## PROJECT FINANCING

**Total project cost:** € 93,185.02

**Amount spent in 2023:** € 43,956.00

**Donors:** Autonomous Province of Bolzano, ASIA.

## PARTNER

Janahit Nepal

## STATE OF PROGRESS

**Start date:** 27/01/2023

**End date:** 31/03/2024

**Duration:** 14 months (12+2)



## CONTEXT

The Botekoshi community is located in the north of Sindhupalchok district, in an extremely rural area characterised by low agricultural production caused by the absence of sufficient land, lack of water sources for irrigation, and lack of harvesting and storage strategies to irrigate during the dry season. Agricultural production is mainly geared towards subsistence rather than markets, and does not contribute to the income generation needed to promote the development of these rural communities.

## OBJECTIVES

### General Objective:

Improving farmers' livelihoods by enhancing organic vegetable production and access to clean water in Sindhupalchowk district.

### Specific Objectives:

Increasing the vegetable production of 160 small-scale farmers in the communities of Sebung, Chhagam and Bagam by 20 per cent.

Providing drinking water to 46 families in Sebung and improving their knowledge of sanitation practices.

## PROJECT ACTIVITIES

**A1.** Introduction of new improved agricultural production technologies.

**A2.** Strengthening marketing capacities for agricultural products.

**A3.** Construction of a water supply system and establishment of a water management committee.

**A4.** Hygiene promotion in the villages of Sebung, Chhagam and Bagam.







## ACHIEVEMENTS IN 2023

**R1.** Increased vegetable production and improved the technical knowledge of the beneficiary community. Constructed 30 plastic tunnels with drip irrigation systems to promote winter vegetable production, conducted 8 trainings on out-of-season vegetable production and distributed seed support kits, conducted 1 training on setting up and managing nurseries, constructed 1 nursery, conducted 3 trainings on climate resilient agriculture and IPM (Integrated Pest Management), conducted 8 trainings on post-harvest management, constructed 3 model farms.

**R2.** Facilitated direct access to agricultural markets. Realised 2 training sessions on agricultural marketing, realised 2 training sessions on financial literacy.

**R3.** Sebung communities and schools have access to drinking water. A water system was built in Sebung and a water management committee was established and formed.

**R4.** Improved the hygiene conditions of beneficiary communities and school children. Implemented 9 hygiene awareness campaigns and 2 trainings on good hygiene practices.

## BENEFICIARIES REACHED IN 2023

**160**  
farming families



**640**  
people

143

---

# Improving the livelihood and economic status of the community population in the rural municipality of Uttargaya through the promotion of commercial farming practices.

---



Bagmati Province, Rasuwa District, Uttargaya Rural Municipality

## IN BRIEF

Uttargaya is particularly suited to the production of rice and maize as subsistence crops, and vegetables, potatoes and ginger as cash crops. Unfortunately, the absence of combine harvesters for harvesting maize and rice, and the distance to storage centres to ensure the preservation of potatoes and ginger, are real obstacles to agricultural development. The project aims to increase agricultural production of staple and cash crops by reducing the workload of farmers, with the objective of improving their livelihoods and socio-economic status.

## AREAS OF INTERVENTION

Food security, agriculture and pastoralism  
Environmental protection and combating climate change  
Training and micro-enterprises





## PROJECT FINANCING

**Total project cost:** € 85,457.85

**Amount spent in 2023:** € 3,186.00

**Donors:** Autonomous Province of Bolzano, ASIA.

## PARTNER

Community Self Reliance Center (CSRC) Nepal

## STATE OF PROGRESS

**Start date:** 27/01/2023

**End date:** 30/06/2024

**Duration:** 17 months (12+5)

## CONTEXT

In the Rural Municipality of Uttargaya, the main source of livelihood and income is traditional agriculture, which, while it does not respond to the obstacles posed by extreme monsoon patterns and climate change, has a high labour and time consumption cost that is not covered by the income generated from production, which is well below that of other areas with very similar climatic and topographical conditions.

## OBJECTIVES

### General Objective:

Improving the livelihood and economic status of marginalised communities in the rural Uttargaya municipality of Rasuwa district in Nepal through sustainable agricultural production.

### Specific Objectives:

Increase out-of-season vegetable and staple crop production by 20 per cent involving at least 60 per cent women beneficiaries.

Reduce farmers' workload and increase the shelf life of selected crops.

## PROJECT ACTIVITIES

- A1.** Dissemination of new agricultural techniques and support for out-of-season horticultural production.
- A2.** Training and production support in basic agriculture and NTFPs.
- A3.** Purchase of machinery, training and support for commodity preservation.

## ACHIEVEMENTS IN 2023

Due to the internal restructuring of the partner organisation with which the project had been formulated (Nepal Agroforestry Foundation), ASIA was forced to find a new local partner in order to ensure the timely and quality implementation of activities. During the course of 2023, the new partner was identified, Community Self Reliance Centre Nepal, an organisation with roots in Rasuwa since 1993, which works with the aim of promoting agrarian reform in favour of the country's farmers. Training and capacity building were carried out for staff to ensure effective project implementation, as well as the realisation of a baseline study to identify a proper monitoring strategy for the effectiveness indicators. Project activities will be implemented in the first half of 2024 to conclude the project by 30 June 2024.

## BENEFICIARIES REACHED IN 2023

310

farming families



1.240

people



---

## A school sheltered from the elements to foster equal opportunities for less fortunate young people in the Himalayan region

---



Bagmati Province, Kaski District, Pokhara

### IN BRIEF

The project aims to construct a three-storey school building that will provide a suitable school environment for the students and teachers of the Pal Tashi Choeling school, as well as to promote the inclusion of more students from under-privileged families. To provide economic support through Long Distance Sponsorship to 60 students, and to promote improved language teaching techniques for English and Tibetan.

### AREAS OF INTERVENTION

Education  
Cultural, spiritual and artistic heritage



## PROJECT FINANCING

**Total project cost:** € 189,140.42

**Amount spent in 2023:** € 1,587.00

**Donors:** Pianoterra ETS Foundation, private donors, ASIA.

## PARTNER

Pal Tashi Choeling

## STATE OF PROGRESS

**Start date:** 05/10/2022

**End date:** 04/08/2024

**Duration:** 22 months (12+10)

## CONTEXT

Pal Tashi Choeling Monastery is located on the shores of Lake Phewa and was founded in 1993 by Gopal Lama. Initially, the monastery complex consisted of only a small temple, but over the years the area has expanded to include a residential building for the monks and a temporary open-air school facility, covered with sheet metal and exposed to the elements. The boarding school currently houses 60 young students, aged between 10 and 16, who live in six rooms in very precarious conditions due to the lack of space and inadequate facilities. For years, the monastery has been providing accommodation, food and a bilingual education to the young people housed there, with the aim of countering the loss of the cultural and linguistic heritage of the Himalayan minorities and providing equal opportunities to the monks who decide to live a secular life once they have grown up and finished their studies.

## OBJECTIVES

### General Objective:

Ensure the linguistic and cultural preservation of the linguistic minorities in the Himalayan area.

### Specific Objectives:

Ensuring equal learning opportunities for young people from the linguistic minorities in the Himalayan region.

Improving the quality of formal, bilingual education provided in the monastery at Pal Tashi Choeling school.

Improving the living conditions of the students at Pal Tashi Choeling school.

## PROJECT ACTIVITIES

- A1.** Establishment of a project supervision commission.
- A2.** Construction of the first floor of the school building.
- A3.** Teacher training to improve Tibetan and English teaching skills.
- A4.** Sponsorship of 15 students through Long Distance Sponsorship.



## ACHIEVEMENTS IN 2023

Revised and finalised the executive and structural drawings for a three-storey school building that will house classrooms and dormitories, and handed over the technical dossier to the Pokhara municipality for municipal approval.

## BENEFICIARIES REACHED IN 2023

60

students

240

people

15.000\*

people

\*indirect beneficiaries

from the Gurung and Tamang language minorities and the Tibetan diaspora living in Pokhara.





---

# Improving hygiene conditions and water supply for the Phakel community of monks

---



Bagmati Province, Makwanpur District, Indrasarowar Rural Municipality, Phakel village

## IN BRIEF

The project includes the construction of a water system to ensure a safe and potable water supply to the 25 retreat cottages of the Phakel monastery, as well as the provision of training to improve the hygiene practices of the beneficiary group. The provision of a rainwater harvesting system for irrigation and agricultural inputs (drip irrigation system, 2 plastic tunnels for vegetable production during the dry season) is also planned, in order to ensure and promote the monastery's food self-sufficiency.

## AREAS OF INTERVENTION

WASH

## PROJECT FINANCING

**Total project cost:** € 13,309.77

**Amount spent in 2023:** € 1,209.00

**Donors:** Individuals and ASIA

## PARTNER

Sengedag Service Society

## STATE OF PROGRESS

**Start date:** 28/11/2022

**End date:** 28/04/2024

**Duration:** 17 months (12+5)

## CONTEXT

After the 2015 earthquake, the spring used by Phakel Monastery suddenly dried up, probably due to hydrogeological disruption caused by the strong tremors, leaving the monks in a precarious hygienic situation. ASIA carried out a feasibility study in 2022, and found the necessary funds to implement the project, activities started in winter 2023.

## OBJECTIVES

### General Objective:

Providing Adequate Access to Drinking Water in Makwanpur District.

### Specific Objectives:

Supplying the Phakel monastery with drinking water

Promoting the self-sufficiency of the monastery through the introduction of improved agricultural techniques.

## PROJECT ACTIVITIES

**A1.** Construction of a drinking water supply system for 25 families.

**A2.** Improving the hygiene conditions of beneficiary communities.

**A3.** Training in construction and maintenance techniques.

**A4.** Construction of concrete tanks in the ground.

**A5.** Implementation of a drip irrigation system.

**A6.** Construction of 2 plastic bamboo greenhouses for growing vegetables.

**A7.** Construction of a rainwater harvesting system.

**A8.** Training in out-of-season vegetable production technology.





## ACHIEVEMENTS IN 2023

In 2023, a water system management committee was established, the water source was identified and registered, and approval was received from local government authorities to construct the water system. Water potability tests revealed a high degree of water contamination (related to the use of the source by wild and grazing animals), which required a re-evaluation and reformulation of the water system construction drawings and materials prepared during the project preparation phase. It was decided to completely isolate the spring, in order to avoid any risk of water contamination, and to create a tank to allow animals to drink water. The project will be completed by April 2024.

## BENEFICIARIES REACHED IN 2023

**50**

monks

**2.534**

people from  
the monastery

# Access to drinking water and agricultural support for the Yangri village community



Bagmati Province, Sindhupalchok District, Panchpokharithagpal Rural Municipality, Yangri Village.

## IN BRIEF

The project aims to provide access to drinking water and improve hygiene practices for the Yangri community. Thanks to the funding granted by the 8X1000 Valdese, ASIA, in collaboration with the local partner Janahit Nepal, is building a new water system that will guarantee access to drinking water for 55 families in Yangri.

## AREAS OF INTERVENTION

WASH

## PROJECT FINANCING

Total project cost: € 31,132.50

Amount spent in 2023: € 24,168.00

Donors: 8X1000 Waldensian Church





## **PARTNER**

Janahait Nepal

## **STATE OF PROGRESS**

**Start date:** 01/03/2023

**End date:** 31/01/2024

**Duration:** 12 months

## **CONTEXT**

The community's water system, which provided safe water, was destroyed when the Melamchi River flooded in June 2021, creating a huge shortage of safe water. Since the destruction of the existing water system, the community has used a temporary pipeline connection, but this does not provide safe water for the population.

## **OBJECTIVES**

### **General Objective:**

Ensuring access to clean water in Sindhupalchok district

### **Specific Objective:**

Providing drinking water to 55 families in Yangri village

## PROJECT ACTIVITIES

**A1.** Construction of a water system for 55 families.

## ACHIEVEMENTS IN 2023

**R1.** Communities in Yangri have potable water availability. During 2023, 1 water system management committee was established, 1 water system was built for 55 households in Yangri and 1 water potability test was carried out.

## BENEFICIARIES REACHED IN 2023

**55**

families



**220**

people



---

# Supporting the improvement of food security through the introduction of rainwater and wastewater harvesting technologies to improve the management of water resources for agriculture and reduce the impacts of winter drought on agricultural production in Melamchi municipality in Nepal

---



Bagmati Province, Sindhupalchok District, Melamchi Rural Municipality, Dhakalkhare, Rayamajhitole, Badaure, Shiikharpur and Pipalchaur villages

## IN BRIEF

The project was designed to make efficient use of expenditure savings from a larger food security project (Supporting Poverty Reduction and Improving Food Security through the Development of Climate Resilience and Sustainable Agriculture in the Sindhupalchok District of Nepal), which was funded by the Prime Minister's Office and ended on 31/12/2021.

## AREAS OF INTERVENTION

Food security, agriculture and pastoralism  
Environmental protection and fighting climate change

## PROJECT FINANCING

**Total project cost:** € 15,993.87  
**Amount spent in 2023:** € 14,747.00  
**Donors:** Presidency of the Council of Ministers

## PARTNER

Association for Rural Welfare Nepal

## STATE OF PROGRESS

**Start date:** 22/02/2023  
**End date:** 21/08/2023  
**Duration:** 6 months





## CONTEXT

The project aims to increase the amount of water available for agriculture during the dry season in order to decrease the impacts of monsoon variability on agricultural production, through efficient irrigation practices and improving the water retention capacity of agricultural land.

## OBJECTIVES

### General Objective:

Improving and increasing the economic sustainability of agricultural production in Melamchi Municipality, Sindhupalchok District, Nepal

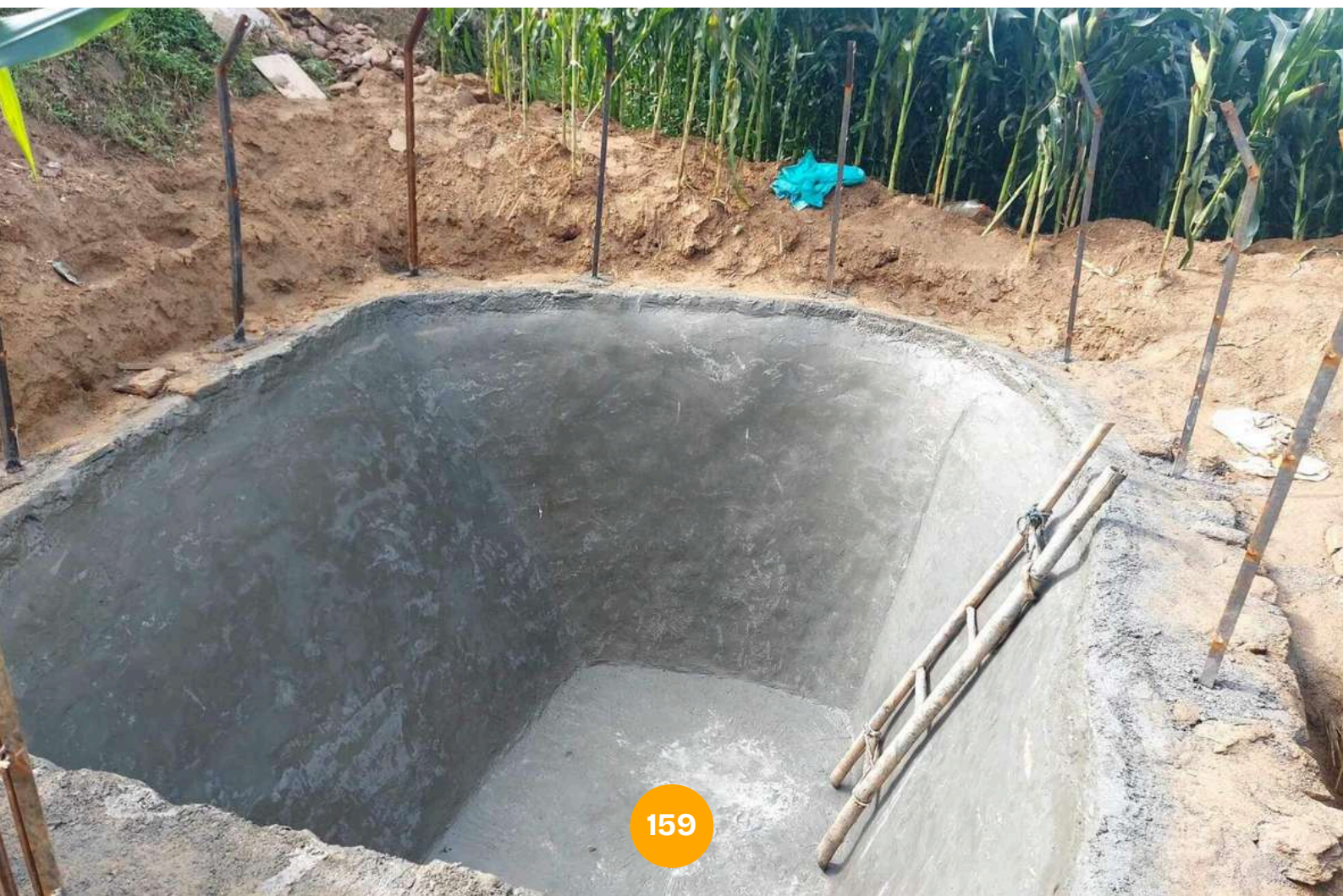
### Specific Objective:

Increasing resilience to climate change and efficient water management for the productions of five farmer groups in the municipality of Melamchi.

## PROJECT ACTIVITIES

**A1.** Construction of 5 rainwater and waste water collection tanks and supply of drip irrigation systems.

**A2.** Training in the management and maintenance of catchment and drip irrigation systems and agricultural techniques that improve soil water retention capacity.





## ACHIEVEMENTS IN 2023

**R1.** Increased the amount of water available for agriculture for selected beneficiaries. In 2023, 5 rainwater and wastewater collection tanks were constructed and drip irrigation systems provided for 5 groups of farmers in the villages of Dhakalkhare, Rayamajhitole, Badaure, Shiikharpur and Pipalchaur.

**R2.** Increased knowledge and skills of selected households in maintaining and operating storage and small-scale irrigation systems and in practices to improve soil water retention capacity. In 2023, trainings were conducted for 5 groups of farmers from the villages of Dhakalkhare, Rayamajhitole, Badaure, Shiikharpur and Pipalchaur, specifically 1 training related to the management and maintenance of storage tanks and 1 training related to the use and production of biocharcoal as a soil conditioner with high potential for improving the water retention capacity of hydric soils, as well as a biological fertiliser.

## BENEFICIARIES REACHED IN 2023

**107**  
families



**428**  
people

**13.000\***  
farmers  
\*indirect beneficiaries

*living in the surrounding areas who will benefit from the knowledge gained by the direct beneficiaries of the project*

---

## Supporting displaced communities in Jajarkot to cope with the 2023 earthquake emergency

---



Karnali Province, Jajarkot District, Barekot Rural Municipality, Shirpachaur and Bayalatole villages.

### IN BRIEF

The project aims to ensure the provision of temporary shelters to communities affected by the earthquake of 3 November 2023. In particular, it plans to distribute all materials for the construction of temporary shelters to 158 families in the village of Shirpachaur and the construction of 2 semi-temporary schools in the villages of Bayalatole and Shirpachaur, in order to provide shelter for the students and families of the two villages during the cold winter and monsoon season.

### AREAS OF INTERVENTION

Emergency

### PROJECT FINANCING

**Total project cost:** € 128,913.06

**Amount spent in 2023:** € 3,092.00

**Donors:** Pianoterra ETS Foundation, Tides Foundation, Krueger Foundation, UBI, private donors.

### PARTNER

Project managed entirely by ASIA

### STATE OF PROGRESS

**Start date:** 03/11/2023

**End date:** 30/06/2024

**Duration:** 8 months

### CONTEXT

On 3 November 2023, at 23:47, a 5.7 magnitude earthquake destroyed 17,792 houses and severely damaged 17,529, causing 156 deaths and 349 injuries in the districts of Jajarkot and Rukum West. ASIA immediately went into the field to collect the necessary data to formulate an emergency response, identifying as target areas the villages of Shirpachaur and Bayalatole, located in the Rural Municipality of Barekot, the closest to the epicentre of the earthquake.



## OBJECTIVES

### General Objective:

Supporting the earthquake-stricken population of Jajarkot and Rukum West districts in coping with the emergency through the provision of shelters and semi-temporary schools.

### Specific Objective:

Supporting the earthquake-stricken population of the villages of Shirkachaur and Bayalatole in Jajarkot district in coping with the emergency through the provision of shelters and semi-temporary schools.

## PROJECT ACTIVITIES

During November and December 2023, the target villages were identified and preliminary designs for temporary schools and shelters were produced, and the tender for the procurement of materials for the construction of the temporary shelters (CGI panels) was opened. The distribution and construction of the shelters and the construction of two semi-temporary schools are planned for early 2024.

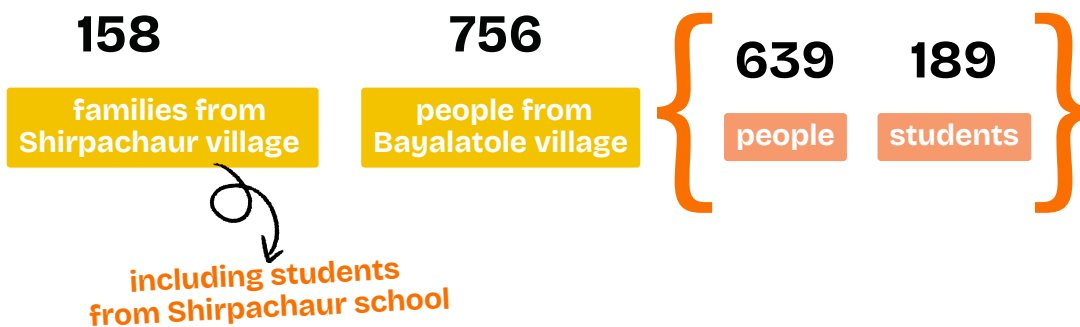




## ACHIEVEMENTS IN 2023

In 2023, the target villages of the intervention were identified, the tender for the supply of materials for the construction of temporary shelters was opened, and the supplier company was selected.

## BENEFICIARIES REACHED IN 2023

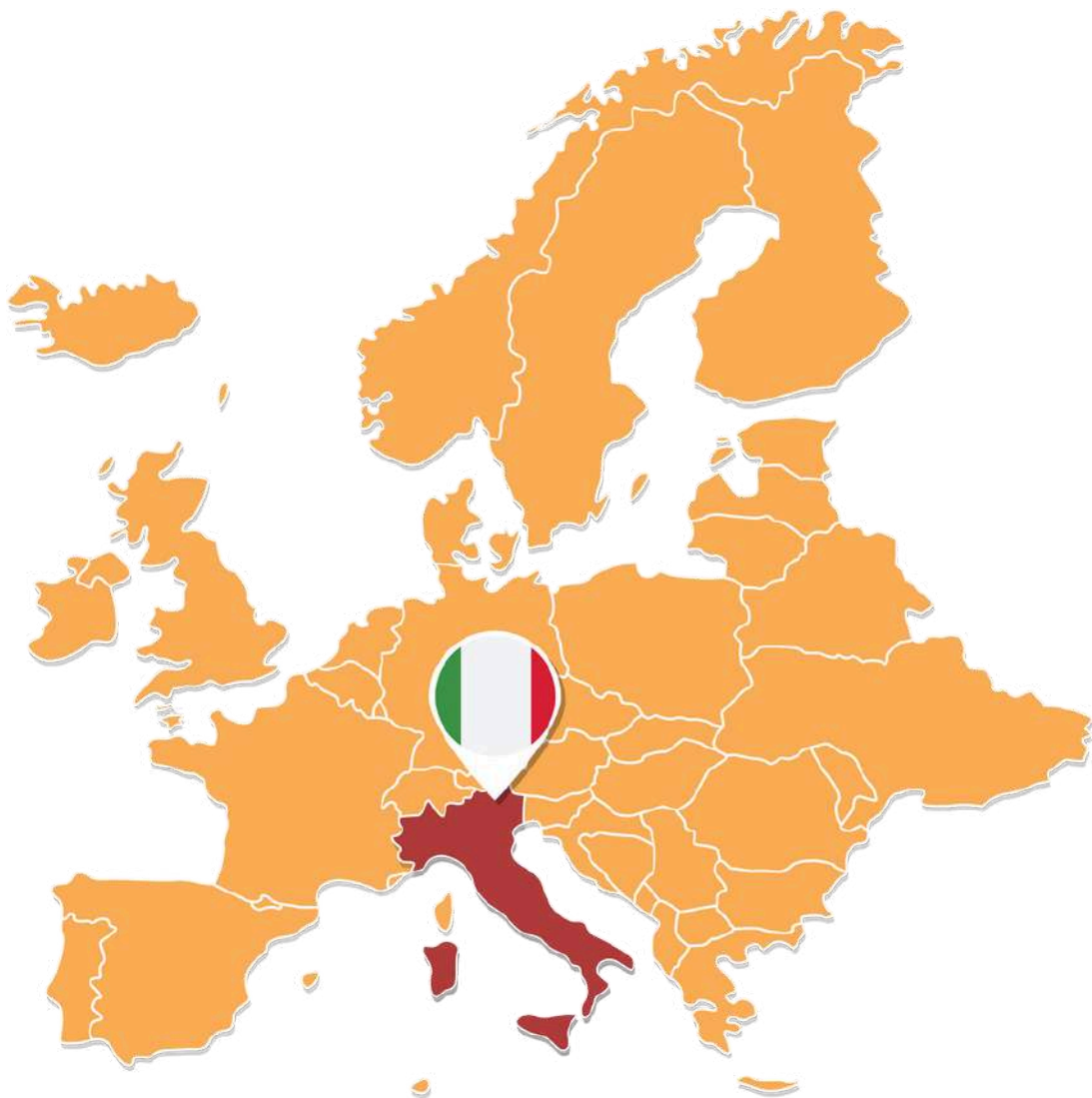




# ITALY

For about 20 years, ASIA has been involved in Italy with projects to raise awareness of various aspects of Tibetan culture and international cooperation issues, by organising exhibitions, conferences, university seminars, publications and courses in schools.

- ▶ Since 2019, the focus of the projects has expanded to include, in addition to the intercultural aspect, the socio-emotional aspect, in order to respond to the growing need for self-awareness, empathy, emotional regulation and conflict management manifested in particular by children and young people.
- ▶ In recent years, in fact, the emotional distress of young people has been worryingly increasing: in a recent report, ISTAT certified that in 2021, 6.2 per cent (the year before it was 3.2 per cent) of 14-19 year olds, more than 220,000 young people, were dissatisfied with their lives and experienced poor mental health.





- ▶ According to the WHO, suicide is today considered to be one of the three main causes of death among individuals between the ages of 15 and 44, and is estimated to be the leading cause in the future. Among the multiple causes of this strong malaise is often a problem of emotional illiteracy, as well as extreme individualism, which leads young people - and not only them - to feel isolated and separated from others and their environment.
  
- ▶ This is why we have started to support schools, both primary and secondary, in the dissemination of the so-called soft skills, those relational competences made up of emotional education, awareness of one's inner world, and empathic communication skills, which are at the basis of a person's psycho-physical wellbeing and health, drawing inspiration from the values and principles of Buddhist culture and reaching 11,209 direct beneficiaries over the last three years among students, teachers, family members, and civil society.
  
- ▶ The year 2023 started with the last activity of the project "Educating to defend animal rights and protect the environment for a sustainable future of planet Earth", the webinar "Animal Landscapes. The human-animal relationship between history, environment, psychology and religion", which was attended by well-known speakers and experts in their respective disciplines and a very interested audience.



- ▶ During the year, the project 'Let's Make Peace. Taking care of one's inner enemies to make peace with the outside world' - with which we worked on awareness and making peace with one's inner world as a necessary condition to establish relationships based on respect, listening and empathy - and a new project 'We are One. From the illusion of a separate self to the awareness of an interconnected self' began. This aims to alleviate the sense of separation and isolation widespread among young people, giving them useful tools to develop a more empathic and connected self with others and the environment.
- ▶ Finally, in 2023 we continued the activities of 'Green school Italia: network of schools and territories for sustainable development' through which an increasing number of schools are acquiring the tools to apply good practices in the direction of environmental sustainability and the fight against climate change.

# ITALY 2023 IN NUMBERS

## Projects

**4 projects implemented in 2023:**  
2 completed  
2 will be completed in 2024

## Sectors of intervention

Global Citizenship Education

# Sustainable Development Goals



## Who we helped

**Directly:** 2,067 people

**Indirectly:** 6,201 people

## Together with

Agenda 21 Laghi, Municipality of Laveno  
Mombello (VA)

Brikke Brakke Cooperative

CAST NGO Onlus

EFYS Association

Erica Cooperative

Merigar - Dzogchen Cultural Association

Metropolitan City of Cagliari

Metropolitan City of Rome

OIKOS Onlus Institute

Province of Varese (lead partner)

Public Service Environmental Company

(AAMPS) of Livorno

University of Insubria

University of Parma CIREA

## Thanks to

AICS (Agenzia Italiana per la  
Cooperazione allo Sviluppo)  
Italian Buddhist Union (UBI)

## Funds Spent

€ 50.133,77

## What we have achieved

---

Yantra Yoga and Kumar Kumari courses  
in **7** schools

'Colourful Emotions' workshops  
in **5** schools

Theoretical-experiential courses  
for teachers in **3** schools

Guided tours of the MACO (Museum of  
Oriental Art and Culture) for **5**  
primary school classes in Arcidosso

Khaita Dances courses in **2** schools

di Refresh workshops in **1** school

**2** territorial sustainability workshops  
launched in the Municipality XI of Rome

Green School launch event

Interreligious conference  
'Inner Disarmament. Contemplative  
Ways in Dialogue on Peace"

---

## Educating to defend animal rights and protect the environment for a sustainable future of planet Earth

---



Rome and province and Grosseto and province

### IN BRIEF

The project aims to develop empathy towards all animals, introducing young people and civil society to the concept of responsible care, rights, needs and protection of animals. On the one hand, it focuses on interactive, hands-on animal awareness courses for children and young people in primary and secondary school; on the other hand, it provides for scientific dissemination activities for a more adult audience, including in-depth meetings in high schools on intensive livestock farming and its effects on the environment, and an online lecture series.

### AREA OF INTERVENTION

Global Citizenship Education

### PROJECT FINANCING

**Total project cost:** € 57,088.00

**Amount spent in 2023:** € 10,427.72

**Donors:** UBI: 70%; Partners (Merigar Dzogchen Cultural Association and ASIA) : 30%

### PARTNER

Merigar Dzogchen Cultural Association (leader)

### STATE OF PROGRESS

**Start date:** 03/02/2022

**End date:** 31/03/2023 (2-month extension)

**Duration in months:** 14 months (12 + 2)

### CONTEXT

The consequences and pace of climate change caused by human activities are now extremely evident and pressing: for the first time in our history, human activities are irreversibly degrading our ecosystem. By now, a large number of studies and scientific research show how intensive farming of land and sea animals has a strong negative impact on the environment (consumption of water reserves, deforestation, occupation of land solely for livestock feed, etc.), i.e. on the fate of future generations and, in the immediate future, on human health. Moreover, the methods of killing animals are still very cruel today.

# Paesaggi Animali

La relazione uomo-animale  
tra storia, ambiente, psicologia e religione



## OBJECTIVES

### General Objective:

to participate in the creation and evolution of a more harmonious and just society that respects the life of all beings and the earth.

### Specific Objective:

to sensitise primary and secondary school students, teachers and civil society on respect for all sentient beings, on how human behaviour aimed only at profit and not at respect for our environment is leading the entire planet towards destruction.

## PROJECT ACTIVITIES

**A1.** Workshops for students on respect for animals

**A2.** Visits to the LAV animal rescue centre in Semproniano and production of a book with the children's drawings.

**A3.** Awareness-raising meetings on intensive livestock farming for high schools.

**A4.** Interdisciplinary online conference.

## ACHIEVEMENTS IN 2023

**R.4** Realised interdisciplinary webinar "Paesaggi Animali. La relazione uomo-animale tra uomo, ambiente, psicologia e religione" ('Animal Landscapes. The human-animal relationship between man, environment, psychology and religion')

**BENEFICIARIES REACHED IN 2023**

**354**

people from civil society  
(webinar participants)



ASIA

INTERNATIONAL  
DZOGCHEN COMMUNITY  
MERIGAR

webinar interdisciplinare

# Paesaggi Animali

La relazione uomo-animale  
tra storia, ambiente, psicologia e religione

**10 gennaio | 18:30-19:30**  
Storia del rapporto uomo-animale  
*Giuliano Russini, Gianfranco Mormino*

**17 gennaio | 18:30-19:30**  
Effetti dello sfruttamento intensivo degli animali  
sui cambiamenti climatici e differenze  
rispetto agli allevamenti tradizionali  
*Camilla Govoni, Gianni Tamino*

**24 gennaio | 18:30-19:30**  
Uomo e animale: somiglianze e differenze  
cognitive e comportamentali  
*Raffaella Bestonso, Roberto Marchesini*

**31 gennaio | 18:00-20:00**  
Uomo e animale nelle religioni  
*Guidalberto Bormolini, Diego Manzi, Nadia Tebbini, Angelo Vaira*

iscriviti su [asiatribe.org](https://asiatribe.org)

con il contributo IN/OCDO  
dell'unione buddhista italiana



---

## LET'S MAKE PEACE. Taking care of inner enemies to make peace with the outside world

---



Rome and province and Grosseto and province

### IN BRIEF

The project aims to contribute, through various activities aimed at children, teachers and civil society in general, to the creation of a culture of peace and dialogue. In particular, it aims to make children and adults aware of the importance of human values such as empathy, love, compassion, altruism and respect for others, in order to create a peaceful society. By making peace with oneself, one learns not to project the enemy outside oneself and establishes relationships based on respect, listening and empathy.

### AREA OF INTERVENTION

Global Citizenship Education

### PROJECT FINANCING

**Total project cost:** € 57,040.00

**Amount spent in 2023:** € 17,702.51

**Donors:** UBI: 70%; Partners (Merigar Dzogchen Cultural Association and ASIA) : 30%

### PARTNER

Merigar Dzogchen Cultural Association (leader)

### STATE OF PROGRESS

**Start date:** 01/09/2022

**End date:** 31/12/2023 (4-month extension)

**Duration in months:** 16 months (12 + 4)

### CONTEXT

Everyday life in the advanced societies in which we live is increasingly characterised by violence, crime, wars, and disasters. Literacy has reached unprecedented levels, but this universalisation of education does not seem to correspond to a state of greater inner well-being, but rather to unrest and discontent.

Growing material well-being seems to be one of the con-causes of suffering, as the increasingly widespread youth distress shows us. Boredom, emulation, the search for visibility on social networks are among the factors behind the increase in juvenile violence, but looking deeper we can see that at the root of this suffering is a problem of emotional illiteracy. This project aims precisely at spreading greater awareness of one's emotional world and fostering a culture of dialogue.

## OBJECTIVES

### General Objective:

to contribute to a non-violent society and to peace by contributing to individual and collective change by reviving human values in an experiential way.

### Specific Objective:

to improve students', teachers' and civil society's knowledge of human and peace values such as altruism, respect for others, dialogue, compassion and interdependence, while fostering their application in daily life, through lectures, visits, courses and workshops.





## PROJECT ACTIVITIES

- A1.** Interreligious conference
- A2.** Guided tours of the MACO Museum in Arcidosso
- A3.** Activities in schools:
  - A3.1** Yantra Yoga Kumar Kumari courses
  - A3.2** 'Colourful Emotions' workshops.
  - A3.3** Theoretical-experiential courses for teachers.

## ACHIEVEMENTS IN 2023

- R1.** Started and completed Yantra Yoga and Kumar Kumari courses in the 7 schools planned, in Rome and in the province of Grosseto.
- R2.** 'Colourful Emotions' workshops started and completed in the 5 schools planned, in Rome.
- R3.** Started and completed the theoretical-experiential courses in the 3 planned schools in Rome.
- R4.** Guided tours of the MACO (Museum of Oriental Art and Culture), for 5 primary school classes in Arcidosso, were realised.
- R5.** Interreligious conference 'Inner Disarmament. Contemplative Ways in Dialogue on Peace" organized in the room kindly offered by A.Me.Co. Association.

## BENEFICIARIES REACHED IN 2023

**656**

children

**536**

teachers and adults



---

## Green school Italia: network of schools and territories for sustainable development

---



Lombardy, Rome Metropolitan Area, Livorno Province, Cagliari Metropolitan Area and Valle d'Aosta Region

### IN BRIEF

The project provides teachers and students involved with new operational and didactic tools to strengthen their knowledge, methodologies and skills in the field of education for sustainable development; a modular training pathway to provide teachers with knowledge and insights on the 2030 Agenda and increase their skills to integrate global citizenship and sustainability education into school curricula.

### AREA OF INTERVENTION

Global Citizenship Education

### PROJECT FINANCING

**Total project cost:** € 644,503.80

**Amount spent in 2023:** € 16,118.48

**Donors:** AICS: 88%; Partnership funding: 12%

### PARTNER

Agenda 21 Laghi, Municipality of Laveno Mombello (VA)

Brikke Brakke Cooperative

CAST NGO Onlus

EFYS Association

Erica Cooperative

Metropolitan City of Rome

Metropolitan City of Cagliari

Province of Varese (lead partner)

Public Service Environmental Company (AAMPS) of Livorno

OIKOS Onlus Institute

University of Insubria

University of Parma CIREA

### STATE OF PROGRESS

**Start date:** 24/10/2022

**End date:** 23/10/2024

**Duration in monthly instalments:** 24 months

## CONTEXT

The Green School Method promotes easy carbon footprint calculation systems and new operational and didactic tools to strengthen knowledge, methodologies and skills in the field of education for sustainable development. The project starts from the Schools but reaches the Communities, transforming the social, economic and associative fabric into sustainability yards, which are able to realise co-planning paths, with the conception of community educational pacts and the realisation of concrete actions.

The Green School Italia Programme was set up with the aim of expanding the success of a project that has so far only been active in Lombardy and has involved over 600 schools in five Italian regions. In the 13 years since the first project, the tools made available to the schools have been perfected and refined, in particular through the contribution of the research organisations included in the partnership.



## OBJECTIVES

### General Objective:

to contribute to the development and strengthening of the concept of 'citizenship', understood as belonging to the global community, pragmatically contributing to individual and collective change for the creation of a more sustainable and just world.

### Specific Objective:

to improve students', teachers' and citizens' understanding of the challenges posed by climate change and sustainable development processes by fostering the acquisition of good practices in sustainable lifestyles through local sustainable development workshops in the communities of the territories involved.

## PROJECT ACTIVITIES

**A1.** Revision of the carbon footprint calculation tools and school interface of the green-school.it website.

**A2.** Development of didactic and educational tools.

**A3.** Modular teacher training course.

**A4.** Supporting the introduction of good sustainable practices in schools, monitoring the impacts of behavioural changes and awarding Green School recognition.

**A5.** Establishment of a permanent discussion table on sustainable schools programmes.

**A6.** Creation of territorial networks for education for sustainable development.

**A7.** Launch of participatory design workshops for sustainable development actions in the territories involved.

## ACHIEVEMENTS IN 2023

**R1.** Started the second year of the project at territorial level with internal organisational-programmatic meetings (ASIA and Rome Capital City) for launch event and training course for teachers.

**R2.** A launch event was organised for all schools in Rome and its province (in hybrid mode) with the participation of the Regional School Office and the Province of Varese

**R3.** Initiated communication with schools interested in the Programme and completed registration for the 2023/2024 school year of schools and contact persons on the green-school website.

**R4.** The first two territorial sustainability workshops in the Municipality XI of Rome have been launched.

**BENEFICIARIES REACHED IN 2023**

**149** teachers

---

## WE ARE ONE: from the illusion of a separate self to the awareness of an interconnected self

---



Rome and its province, Grosseto and its province

### IN BRIEF

The project aims to contribute, through various activities aimed at children, teachers and civil society in general, to create a more inclusive society that is aware of the network of connections existing between all living beings and to encourage more responsible behaviour. In particular, it aims to increase the propensity for a more holistic view of reality, helping them to overcome the illusion of a separate self at the root of rampant individualism, and to develop a more empathetic and connected self with others and the environment.

### AREA OF INTERVENTION

Global Citizenship Education

### PROJECT FINANCING

**Total project cost:** : € 57.020,58

**Amount spent in 2023:** € 5.885,06

**Donors:** UBI: 70%; Partner (Merigar Dzogchen Cultural Association and ASIA): 30%

### PARTNER

Merigar Dzogchen Cultural Association (leader)

### STATE OF PROGRESS

**Start date:** 01/09/2023

**End date:** 31/08/2024

**Duration in monthly instalments:** 12 months

### CONTEXT

The society in which we live is characterised by levels of individualism never reached in the entire history of mankind, the damage of which is now known on a global scale. Children and young people, permeated by this culture, show increasing uneasiness: cases of childhood anxiety are on the rise; episodes of self-harm, to which social media have made a significant contribution; stress among students, driven from an early age to compete in the school system; the so-called 'nature deficit', due to the fewer and fewer opportunities children have to be in contact with nature.



Quando penso alla danza  
mi viene il sole in testa



Anna Z.

With this project we want to work on the sense of identity, especially of the younger generations, stimulating different and inclusive ways of perceiving others and the world, mitigating the sense of separation and isolation.

## OBJECTIVES

### General Objective

to contribute to a more inclusive society that is aware of the network of connections between all living beings and to encourage more responsible behaviour.

### Specific Objective:

to stimulate among the young people and the civil society involved in the project a more holistic view of reality and a more inclusive way of perceiving others and the environment. To mitigate their sense of separation and isolation by giving them some useful tools to develop a more empathetic and connected self with others and the environment.

## PROJECT ACTIVITIES

### A1. Courses in schools for children and teachers:

- A1.1 Yantra Yoga and Kumar Kumari courses
- A1.2 Joyful Khaita dances.
- A1.3 Mindfulness
- A1.4 Kindness and empathy workshops
- A1.5 Refresh

### A2. Events for families and civil society:

- A2.1 Final sharing meetings in schools.
- A2.2 Final concert 'We are One'.

## ACHIEVEMENTS IN 2023

R1. Yantra Yoga and Kumar Kumari courses started in 7 of the 8 schools planned, in Rome and in the province of Grosseto.

R2. Khaita Dances courses started in 2 of the 3 planned schools, in Rome and in the province of Grosseto.

R3. Refresh workshops started in 1 of the 2 planned schools, in Rome.

**BENEFICIARIES REACHED IN 2023**

**336**

children

**36**

teachers



# LONG DISTANCE SPONSORSHIP

Long Distance Sponsorship (LDS) is a fundraising method that allows us to support schools of all levels (from kindergarten to high school), monasteries, monastic colleges and homes for the elderly every year, improving the living conditions of those in need in the cultural and social environment to which they belong. Long distance sponsors undertake to send a stable and continuous economic contribution to these children, young people, the elderly, monks and nuns, guaranteeing them dignified living conditions and the possibility of receiving an education that respects their cultural identity, with the aim of maintaining and passing it on.

Thanks to the Long Distance Sponsorship we participate every year in the 2030 Agenda for Sustainable Development and contribute in particular to the realisation of these Development Goals:





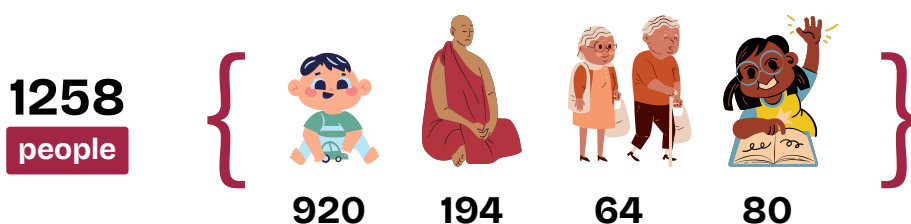
The number of long distance sponsorship projects active each year is constantly changing and this depends on various factors, the main ones being: number of new starts, number of closures, number of renewals, project openings/closings and the timing of reporting on these factors.

The aim of the Annual Report is to give an account of the year on all ASIA's activities and for this reason the period from the beginning of January to the end of December is taken as the period of analysis, but it is important to emphasise that this purely temporal choice does not suit the LDS project since the number of the sponsorships varies and changes from day to day and the 'snapshot' on 31 December may not reflect the current situation.

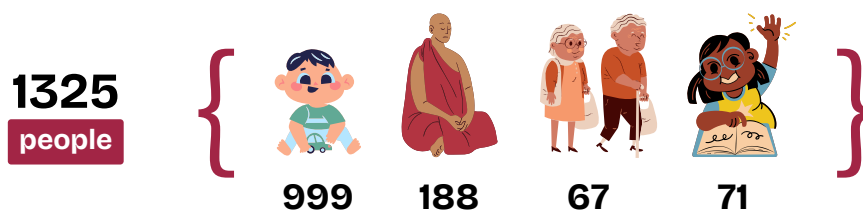
This year, following a 2022 settlement following the closure of the projects in Tibet, closed with **a total of 1,258 active LDS and 822 supporters**, registering a decrease in the number of active LDS (2022 ended with 1,325 active LDS and 903 supporters) but continuing with the positive trend of starting new projects: 2 primary schools.

In conclusion, considering the activities carried out, the resources deployed and above all the global economic, geopolitical and social situation, this is a result that is not entirely satisfactory but in line with external circumstances.

## BENEFICIARIES SUPPORTED IN 2023



## BENEFICIARIES SUPPORTED IN 2022

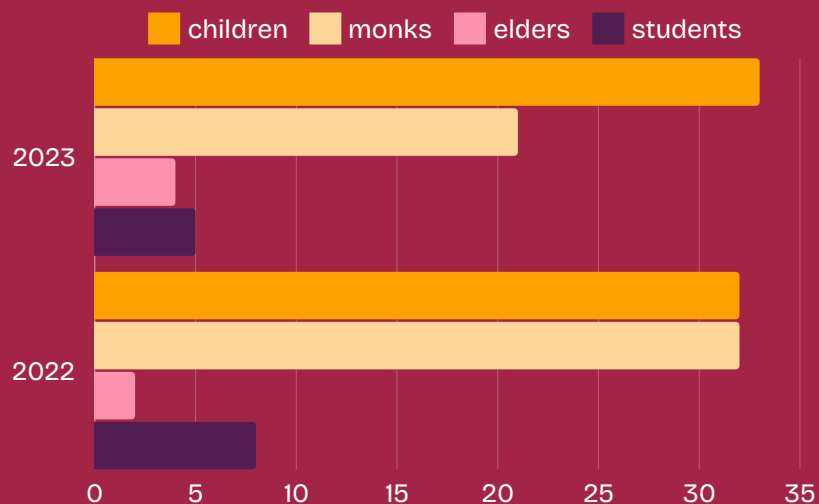


# LDS 2023 IN NUMBERS

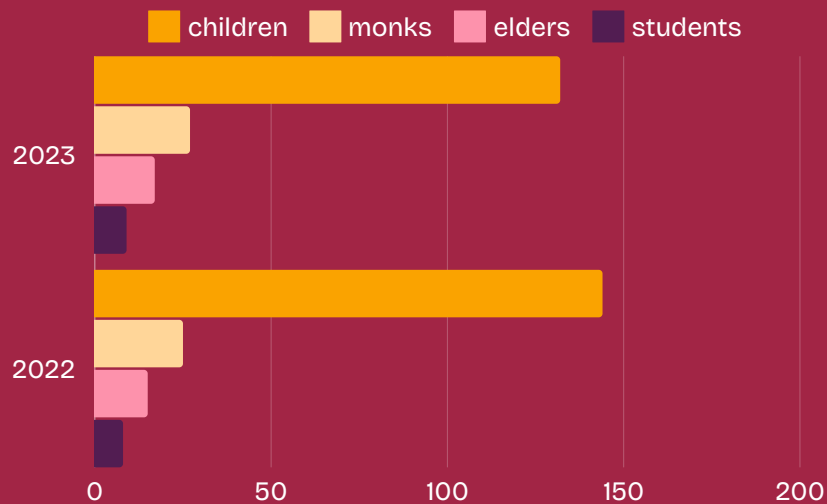
## New LDS and closures

2023 saw a slight decrease in the number of requests to start new supports (63, compared to 74 in 2022), a factor probably influenced by global economic and geopolitical trends (inflation and wars). On the other hand, there was also a slight decrease in the discontinuation of supports compared to the previous year, with 185 LDS closed compared to 192 in 2022.

### New LDS 2022 - 2023



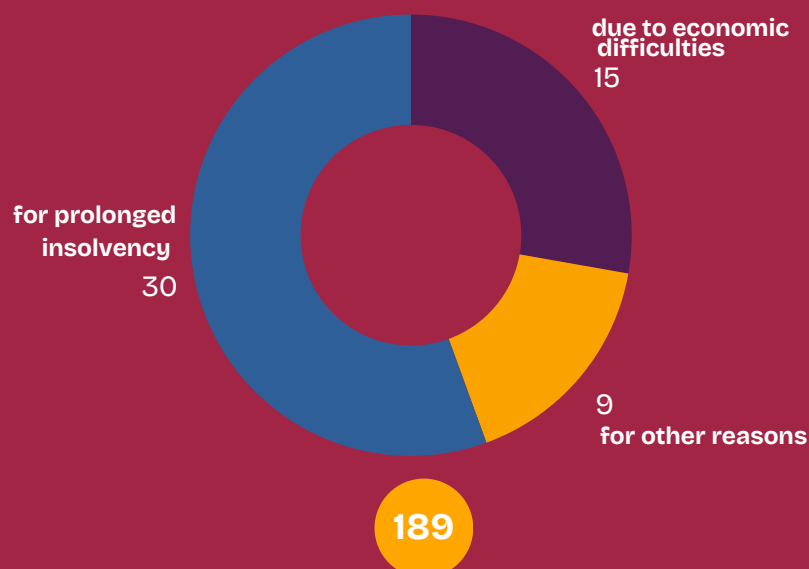
## LDS closures 2022 - 2023



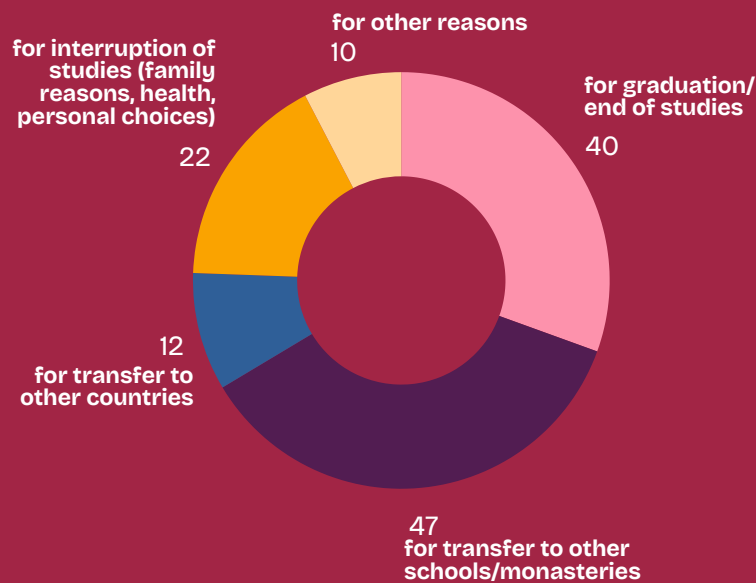
With respect to the type of beneficiaries, 2023 saw a general decrease in all new support, but a consolidation of the requests for new support in favour of children (33), compared to the previous year (32). Compared to 2022, start-ups in favour of the elderly increased and requests for new LDS in favour of children and secondary school students (scholarships) decreased.

Of the 185 closures, 54 are supporter-related while 131 are due to changed circumstances of the beneficiaries. Below are the specific reasons:

### 54 supporter-related closures



## 131 closures related to the changed circumstances of the beneficiaries



### The number of supporter-related closures increased

(+12 compared to 2022), reflecting on the one hand the insolvency of some supporters (+11 compared to 2022) and on the other hand the latest aftermath of the project closures in Tibet. Furthermore, it is of importance to note that compared to 2022, closures due to economic difficulties decreased (-4).

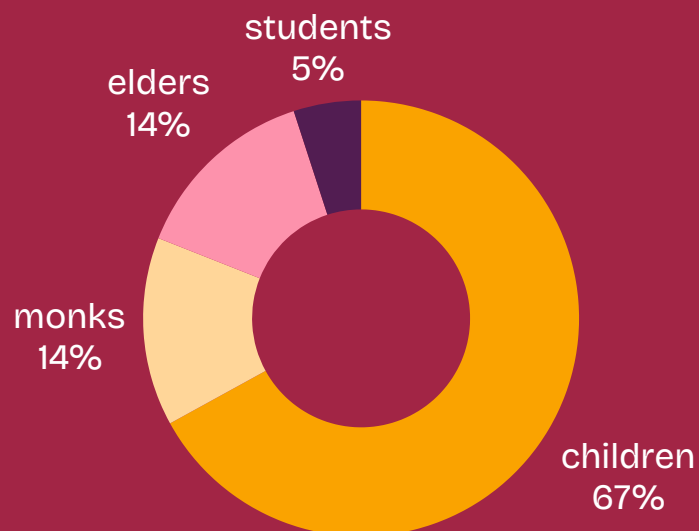
### The number of closures due to changed conditions of beneficiaries decreased this year

compared to the previous year (131 compared to 150 in 2022). This is due to the monitoring of the movement of beneficiaries, as the number of transfers of our beneficiaries between the institutions we support is increasing year by year (+10 compared to 2022). The closures were communicated to the respective supporters, most of whom immediately decided to renew their commitment (see details in the following section). As of 31 December, 76 LDSs remained closed, of which 30 because supporters were unable to renew their commitment and 46 of supporters who have not yet responded to the closure notices (these figures correspond to the number of beneficiaries and not to the actual number of supporters, which may correspond to several supporters).



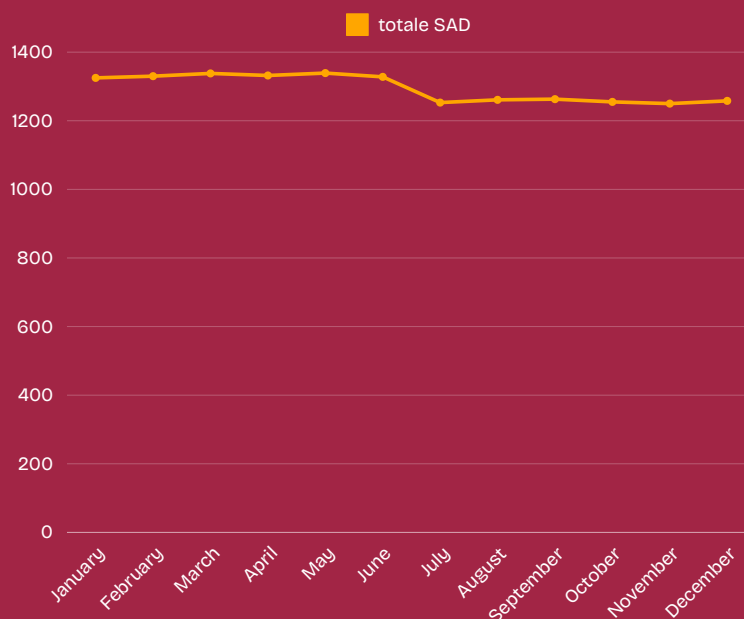
## LDS renewed

During 2022, a total of 63 LDSs were renewed, i.e. new distance support initiated following the departure of beneficiaries and the closure of previous support. Of the 63 renewed supports (including 8 new supports from closures relating to 2022), 42 are in favour of children, 9 in favour of monks, 9 in favour of the elderly and 3 in favour of high school students (scholarships). This figure is strongly influenced by the type of beneficiary who has left the programme: in most cases, supporters choose to renew their long distance sponsorship in favour of another beneficiary in the same category.



## LDS trend 2023

The development of the Long Distance Sponsorship project during 2023 replicated the typical trend of previous years. As in the previous year, the number of active LDSs fluctuated (see figure below) with moments of sharp decreases, linked to the end of the school year and the consequent leaving due to the end of studies, followed by a steady fluctuation. Compared to previous years, the usual increase due to the Christmas period was missing, possibly caused by the Christmas campaign focused on the earthquake emergency in Nepal.



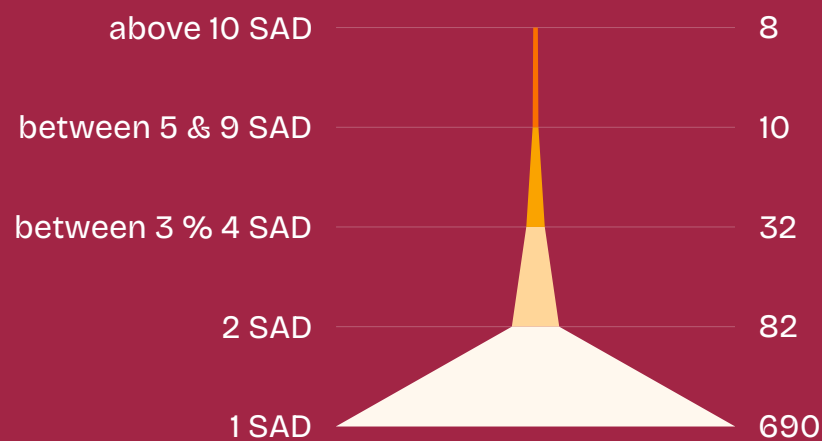
## Long Distance Sponsors

2023 welcomed 39 new supporters (of which 10 are former supporters) for a total of 847 distance supporters. During the year, 7 supporters with active support decided to increase their commitment, supporting 7 more beneficiaries, which always makes us very proud considering the global economic, geopolitical and social situation and the management challenges of increasing the number of new projects.

Of the 847 long distance sponsors, 25 chose not to have personal support, donating to a German fund dedicated to them, which covers 26 LDS this year. Of the remaining 822 sponsors, the majority (690 people) support a single beneficiary, but it is noteworthy that as many as 82 people support at least two beneficiaries, and there are 8 sponsors who have more than 10.

ASIA's sponsors come from many parts of the world; among the most represented countries we have Italy in first place (with 678 sponsors, 62 fewer than in 2022), followed by Germany (60), France (40), the USA (16), and Spain (13).

### Number of LDS per supporter



# ASIA in Europe

As for the countries in Europe where ASIA has offices:

## in France

The situation has changed little since last year. The number of active LDS increased by 1 and the number of supporters by 2. There are 36 sponsors and the number of active LDS is 49 (35 children, 11 monks, 2 high school students and 1 senior).

## in Germany

The number of benefactors has decreased while the number of active LDSs has increased slightly. Specifically, in 2023 there were 50 sponsors (25 of whom donated to the non-personal fund) and 77 active LDS. Specifically, German supporters supported 44 high school students (scholarships), 6 monks, 1 senior citizen and 26 children.



# LDS per country

The year 2023 saw the start of 2 LDS projects, a primary school in Nepal and one in Bhutan. Below is a summary table of the number of active supports for each project over the last 3 years.

LDS PROJECTS	LDS 2021	LDS 2022	LDS 2023
<b>INDIA - 23 (7)</b>	660	642	609
0501 THF (school)	148	129	117
0503 TKIS (closed at the end of the year)	1	1	
0506 STSS Chauntra			
0507 STSS Paonta	77	73	61
0554 STSS Petoen			
0509 THF Elders	76	67	64
0510 TIPA	15	12	11
0511 CST Shimla (closed at the end of 2022)			
0516 CST Darjeeling (closing)			
0517 CST Mussorie (closed at the end of 2022)	5	2	2
0530 CST Kalimpong (closing)			
0544 CST Sonada (closed at the end of 2022)			
0512 TCV Bylakuppe	73	63	62
0513 TCV Dharamsala	42	44	39
0514 TCV Lower Dharamsala	7	18	20
0515 TCV Gopalpur	57	49	49
0518 TCV Ladakh	39	43	43
0519 TCV Suja	34	41	39
0520 TCV Outreach	14	11	7
0524 TCV Outreach Bylakuppe	6	3	3
0531 TCV Chauntra	57	55	50
0548 TCV Selakui	9	8	7
0558 Dzigar Holy Cave (new)		23	35

LDS PROJECTS	LDS 2021	LDS 2022	LDS 2023
<b>NEPAL - 14</b>	691	680	633
0502 Triten Norbutse Monastery	103	99	87
0508 Manasorovar Foundation	221	203	152
0549 Dolpo School (Ganchen Meri)	37	28	23
0563 Gautam Buddha Monastery	13	9	10
0564 Tashi Choeling Monastery	34	43	38
0565 Nghagyur Choeling Monastery	0	11	21
0570 Aarukharka School	26	22	13
0571 Thangdoor School	20	16	10
0572 Namuna School	6	3	1
0573 Dupcheshwori School	61	59	49
0574 Tise School (Siliguri)	112	112	112
0575 Srongtsen Primary School	0	4	17
0576 Namgyal Primary School (new)	0	0	20
0594 Srongtsen High School	26	29	30
0598 Namgyal High School	32	42	50
<b>BHUTAN - 1</b>	10	3	16
0580 Sumthrang Monastery	10	3	3
0581 Tshangkha School (new)	0	0	13
<b>TOTAL LDS 4 COUNTRIES</b>	<b>1361</b>	<b>1325</b>	<b>1258</b>

# LDS in Bhutan

2023 saw the start of a new project in Bhutan for the Tshangkha Central School, Trongsa. Support continues to be given to Sumthrang Monastery, which currently houses only 3 nuns following the passing away of the abbot. Although the monastery has now lost its original group of 10 nuns, it is working to obtain recognition from the Ministry of Education as a monastic school for Buddhist studies, registered both locally and worldwide. The institute is developing its curriculum and school policies and aims to start recruiting new male and female students soon.



Ura County and Trongsa County

## ACTIVE PROJECTS

0580 Sumtrhang Monastery

0581 Tshangkha Central School

## DESCRIPTION

long distance sponsorship in favour of needy nuns and students attending and living in monasteries and schools in Bhutan. The support ensures the coverage of basic needs, study and practice materials, medical care and a decent living and study environment for all nuns and children.

## OBJECTIVES

### General Objective:

Contribute to the preservation and dissemination of Himalayan cultures through Long Distance Sponsorship of Bhutanese students and monks.

### Specific Objective:

To improve the living and studying conditions of the nuns and children supported at distance; to make sponsors aware of international solidarity and cooperation issues and the importance of safeguarding cultures at risk.



## **ACHIEVEMENTS IN 2023**

improved living and study conditions for resident nuns, maintained regular exchanges and updates with all long distance sponsors. Support for 13 needy children at the Tshangkha school activated.

## **BENEFICIARIES REACHED IN 2023**

3 nuns and 13 children.

## **PARTNER**

Bhutan Nyo Foundation

## **FUND SPENT IN 2023**

2.160,00 €



# LDS in India

In India, there were 19 active LDS projects in 2023 (7 if TCV, CST and STS schools were considered as unified under the 3 acronyms). The number of long distance sponsorships in December 2023 was 609, 33 less than in 2022. All schools under the administration of the Department of Education of the Tibetan Government in exile, the Central Schools for Tibetans (CST) started during 2022 to come under the direct management of the Sambhota Tibetan School Society (STSS) and it was expected that in 2024 the CST Darjeeling and Kalimpong projects would also be closed and all long distance sponsorships shifted permanently to STSS.



Uttarakhand, Himachal Pradesh, Arunachal Pradesh,  
West Bengal, Karnataka

## ACTIVE PROJECTS

**0501** THF School

**0506** STSS Chauntra, **0507** STSS Paonta, **0554** STSS Petoen

**0509** THF Elders

**0510** TIP A

**0516** CST Darjeeling, **0530** CST Kalimpong (in chiusura)

**0512** TCV Bylakuppe, **0513** TCV Dharamsala, **0514** TCV Lower Dharamsala,

**0515** TCV Gopalpur, **0518** TCV Ladakh, **0519** TCV Suja, **0520** TCV Outreach,

**0524** TCV Outreach Bylakuppe, **0531** TCV Chauntra, **0548** TCV Selakui

**0558** Dzigar Holy Cave



## DESCRIPTION

In India, the long distance sponsorship project is implemented at many of the Tibetan schools founded following the Dalai Lama's exile and attended by children and young people from the main Tibetan settlements. Long distance sponsorship helps to cover the expenses incurred for the upkeep, education (from kindergarten to university) and training of these students, who live in school accommodation or at home, and who are also provided with medical care and as familiar a living and studying environment as possible. In addition to the support for students, there is also the unique long-distance support project in India for the elderly, who live in the homes of the Tibetan Homes Foundation, or in settlements throughout India. Thanks to the project, help is given to cover the costs incurred for the maintenance and care of elderly Tibetans who are left alone or are ill, and therefore can no longer support themselves. Since 2022 there has also been a LDS project in India for Tibetan nuns, many of them elderly and without families, who live at the hermitage of the Sacred Cave of Guru Padmasambhava.

## OBJECTIVES

### General Objective:

To contribute to the preservation and dissemination of Tibetan language and culture through long distance sponsorship of Tibetan students, nuns and elders.

### Specific Objective:

To ensure study support for the most disadvantaged children and young people in the Tibetan community in exile; to increase the quality of education in the schools where the project is active; to improve the living conditions of the students, nuns and elderly people sponsored at distance; to raise awareness among supporters of international solidarity and cooperation issues and the importance of safeguarding cultures at risk.



## **ACHIEVEMENTS IN 2023**

Improved quality of education in 19 schools, improved living conditions for 510 students, 35 nuns and 64 elderly Tibetans, maintained regular exchanges and updates with all long distance sponsors.

## **BENEFICIARIES REACHED IN 2023**

510 students, 35 nuns and 64 Tibetan elderly

## **PARTNERS**

TCV, THF, TKIS, CST, STS, TIPA and Dzigar Monastery

## **FUND SPENT IN 2023**

129.339,00 €





# SAD in Nepal

In Nepal, 15 LDS projects were active in 2023, one more than in 2022. In fact, a new project was started: in favour of the Namgyal primary school (the same institute where the Scholarship project in the secondary school was already active). The year 2023 saw a significant decrease in the number of active sponsorships in this country to 633, 47 fewer than in 2022.



Kathmandu, Rasuwa, Kaski and Dolpo Districts,  
Siliguri (West Bengal, India)

## ACTIVE PROJECTS

- 0502** Triten Norbutse Monastery
- 0508** Manasarovar Foundation
- 0549** Dolpo School (Ganchen Meri)
- 0563** Gautam Buddha Vihara Monastery
- 0564** Tashi Choeling Monastery
- 0565** Nghagyur S. C. Monastery
- 0570** Aarukharka School
- 0571** Thangdoor School
- 0572** Namuna School
- 0573** Dupcheshwori School
- 0574** Tise School (Siliguri)
- 0575** Srongtsen Primary School
- 0576** Namgyal Primary School (new)
- 0594** Srongtsen High School
- 0598** Namgyal High School

## DESCRIPTION

In Nepal, the long distance sponsorship project is implemented at 11 schools (6 Tibetan and 5 Himalayan, 2 of which are high schools) and 4 monasteries. At the schools, the support helps to cover school fees for the poorest students, from kindergarten to high school, and enables the institutions to ensure a quality education and study environment for all. At the monasteries, the project supports the primary studies of the youngest children and the monastic path of youth and adults.



## OBJECTIVES

### General Objective:

To Contribute to the preservation and dissemination of Himalayan cultures through long distance sponsorship of Tibetan and Nepalese students and monks.

### Specific Objective:

To ensure study support for the most disadvantaged children and young people in the Himalayan communities in the areas of intervention; to increase the quality of education in the schools where the project is active; to improve the living and study conditions of the students and monks supported at distance; to raise awareness among supporters of the issues of international solidarity and cooperation and the importance of safeguarding cultures at risk.

## **ACHIEVEMENTS IN 2023**

Improved quality of education in 11 schools and 4 monasteries, improved living and study conditions for 477 students and 156 monks, maintained regular exchanges and updates with all the long distance sponsors.

## **BENEFICIARIES REACHED IN 2023**

477 students and 156 monks







## **PARTNER**

Manasarovar Academy, Bönpo Triten Norbutse Monastery, Nepal Agroforestry Foundation (NAF), Sangsung Meri Bon Culture Society, Shree Gautam Buddha Vihara Monastery, Pal Tashi Chhoyling Monastery, Nghagyur Sangngh Choeling Monastery, Sherig Phuntsok Ling Bon Society, Namgyal Higher Secondary School, Srongtsen Bhrikuti Boarding High School

## **FUND SPENT IN 2023**

102.687,18 €

# NOT ONLY LDS

In India, Nepal and Bhutan, a high degree of education is the only opportunity for young people to build a future and contribute actively to the society in which they live. However, the best training schools, colleges and universities are to be found in the big cities where, in addition to tuition fees and the cost of teaching materials, high living costs are added. Many families, usually shepherds, farmers or seasonal workers, cannot afford to help their children, and although the students themselves sometimes work part-time jobs for their livelihood, the small income generated by these jobs is never enough.

Moreover, public scholarships are difficult to obtain and those students who manage to get into the most prestigious universities, but cannot afford the fees, have to drop out and in some cases interrupt their studies, with serious consequences for themselves, their families and the entire community.

# ENRICO DELL'ANGELO FUND

The Enrico Dell'Angelo Fund, set up in 2018 to honour the memory and legacy of Enrico Dell'Angelo, is a project created with the main objective of supporting university or vocational studies of young Himalayans with proven skills and strong motivation, in order to improve the overall quality of life in the areas where they live and to spread their culture and traditions around the world. The total amount of each scholarship granted by the Fund depends on the total cost that each beneficiary must bear until the end of the study cycle and corresponds to 75% of this total cost (the remaining 25% must be covered by the student themselves as proof of their commitment).

Since the Fund's inception to date, 13 scholarships have been granted to 5 male and 5 female students, for university and vocational courses of varying duration (from 1 to 5 years).



Nepal, India, Bhutan

## OBJECTIVES

### General Objective:

To enhance the knowledge, skills and career opportunities of young people from Tibetan and Himalayan communities in Asia and around the world.

### Specific Objective:

To support the university and specialised studies of young Tibetans and Himalayans in their own countries and around the world; to make donors aware of international solidarity/cooperation issues and the importance of safeguarding cultures at risk

## ACHIEVEMENTS IN 2023

3 new scholarships started (EDA011, EDA012 and EDA013) which, added to the 3 still active in 2022, contribute to the total of 6 scholarships in the year.



## BENEFICIARIES REACHED IN 2023

6 students. Below are the details

Name (not complete)	Chonyi	Kunkyi	Pema
Identification Code	EDA006	EDA009	EDA010
F/M	M	F	M
Country	India	Nepal	Bhutan
Degree Course	Tibetan medicine (MA)	Business Administration (BA)	Preservation of Cultural Heritage (MA)
Duration (years)	5	2	2

Name (not complete)	Tsering	Tenzin	Laxmi
Identification Code	EDA011	EDA012	EDA013
F/M	F	F	F
Country	Nepal	Nepal	Nepal
Degree Course	Business Administration (BA)	Hotel Management (BA)	International Business (BSc)
Duration (years)	4	4	4

## PARTNERS

Study Grant office of the Department of Education of the Tibetan government-in-exile, Central European University (CEU) and the Bhutanese Druk Nyo Foundation

## FUNDS SPENT IN 2023:

17.212,26 €

# FRANCESCO AND MARIA CATALDI FUND

In 2019, ASIA, together with supporter G. Cataldi, set up a Scholarship Fund, 'Francesco and Maria Cataldi Fund', to honour the memory of his parents, who passed away in 2011. In this case, a single donor pledges to cover a variable number of scholarships at 100% and for the entire duration of the studies of the beneficiaries, selected from deserving and needy Tibetan and Himalayan students attending universities and specialisation courses in India and Nepal.



Nepal and India

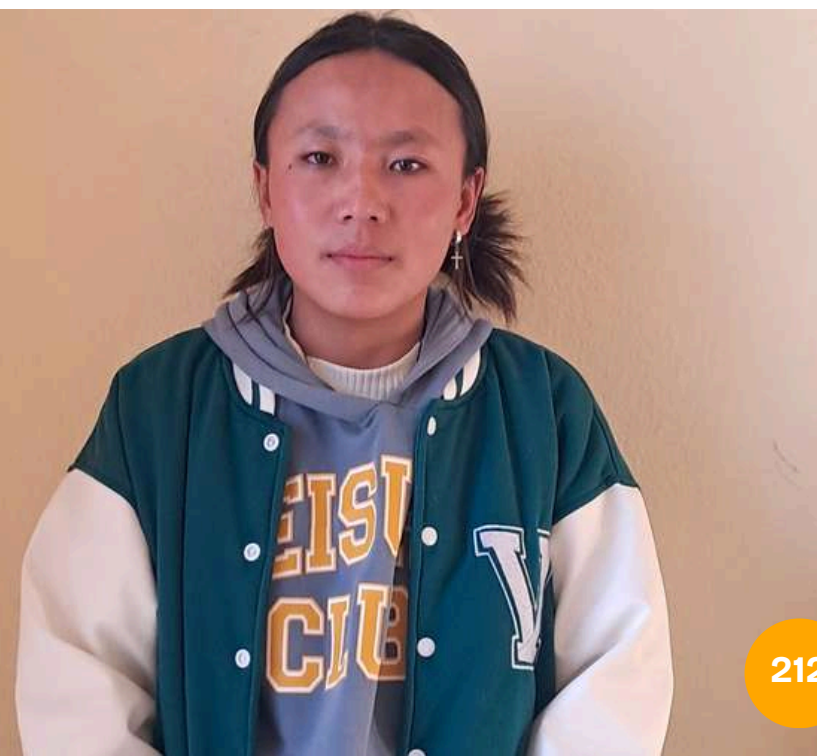
## OBJECTIVES

### General Objective:

To enhance the knowledge, skills and career opportunities of young people from Tibetan and Himalayan communities in Asia.

### Specific Objective:

To support university and specialised studies of young Tibetans and Himalayans in their own countries; to help young people build a future for themselves and improve their living conditions and those of the community in which they live.



## ACHIEVEMENTS IN 2023

2 new scholarships awarded and the professional outlets and knowledge of the 2 young female beneficiaries increased and enhanced.

## BENEFICIARIES REACHED IN 2023

2 female students. Below are the details:

Name (not complete)	Karma	Kunsang
Identification Code	FMC004	FMC005
M/F	F	F
Country	Nepal	Nepal
Degree Course	Nursing	Business Management
Duration (years)	3	4

## PARTNER

N/A

## FUNDS SPENT 2023:

2649,21 €

# FUNDRAISING AND COMMUNICATION

In the first part of 2023, the activities of this sector gave continuity to the Christmas 2022 campaign, 'Hidden Treasures', raising awareness of the importance of preserving and supporting the heritage of culture and spirituality preserved in monasteries of Buddhist tradition in Tibetan refugee communities in India and Nepal. The 5x1000 campaign also highlighted the same need, focusing on the urgency of supporting the vulnerable in the Tibetan diaspora.

The second part of the year was characterised by a series of changes in the direction of a renewal of the sector:

- there was a turnover in Communication, with a new manager joining the team in November;
- we invested in a new management software - Give by NP Solutions - which allows us to modernise the activities of the sector and integrate its different components;
- in November an earthquake struck Nepal again and consequently Fundraising and Communication activities focused on supporting the communities left homeless and without shelter in the freezing Himalayan winter;
- in November the first solidarity trip to Nepal started, initiating a new ASIA activity.





# Initiatives and Events

---

The year 2023 was characterised by greater synergy and collaboration with other associations, with whom we organised awareness-raising and fundraising initiatives throughout Italy, as well as promoting our usual annual events.

**The first events of the year were those organised by ASIA Trento: three initiatives - in January, April and May - to tell civil society about the environmental protection project** carried out with funds from the Autonomous Province of Trento and completed at the end of 2022. It was to follow up on one of the activities begun with the project, that of training beekeepers, which was carried out in collaboration with the Associazione Apicoltori Trentini. With the first two awareness-raising and information events, **“Assaporando il Nepal”** (‘Tasting Nepal’) we brought the public closer to Nepal's culture through its culinary traditions. With a video and the testimonies of the **Associazione Apicoltori Trentini**, we recounted the situation of the women of Rasuwa. With the third event, a **concert by Serefe** (a group of musicians who are alumni of the Conservatories of Verona and Trento) we raised funds to support these women by continuing their training and equipping them with the necessary equipment.



**In April, we organised the webinar “Educazione Etica e Benessere”** ('Ethical Education and Well-Being') together with the association **EduEES**, which is disseminating SEE Learning - Social, Emotional, and Ethical Learning - in Italian, with the aim of publicising the respective 'heart and mind' education work we are carrying out in Italian schools.

**In May, we were invited by the bistro association Come un Albero**, which focuses on the inclusion of disabled people - to talk about Tibet and our work. Two operators, with the support of pictures and videos, introduced the audience to the culture and recent history of Tibet, as well as to our projects.

**In May, we were also present at the Yeshi Namkhai retreat in Merigar** with a fundraising stand run by our workers and some volunteers.

In July, we concluded the project 'LET'S MAKE PEACE. Taking care of inner enemies to make peace with the outside world', cofunded by the Italian Buddhist Union, with the interreligious conference **"Il Disarmo Interiore. Vie contemplative in dialogo sulla Pace"** ('Inner Disarmament. Contemplative Ways in Dialogue on Peace'), hosted by A.Me.Co. in Rome. The conference - also organised online - was an opportunity to exchange and share contemplative ways and paths of 'inner disarmament'. Speeches by philosophers and exponents of some of the main religions (Buddhism, Bön, Christianity, Islam, Judaism, Hinduism) stimulated the participants' reflections, enabling them to come into contact with different methods of peacemaking with oneself.



ASIA was included among the beneficiary associations of the **Concerto per un Fiore** ('Concert for a Flower'), organised in mid-July in Osoppo (UD) by the cultural association Friuli Adventures. During the event a group of volunteers ran an information and fundraising stand with our T-shirts and other solidarity gifts.



**After the summer break, in September, we were invited to the Epicentro Festival**, dedicated to International Solidarity and organised by the **Spiragli** association in Altamura, where we were able to introduce the issues we work on and our projects to the local community.



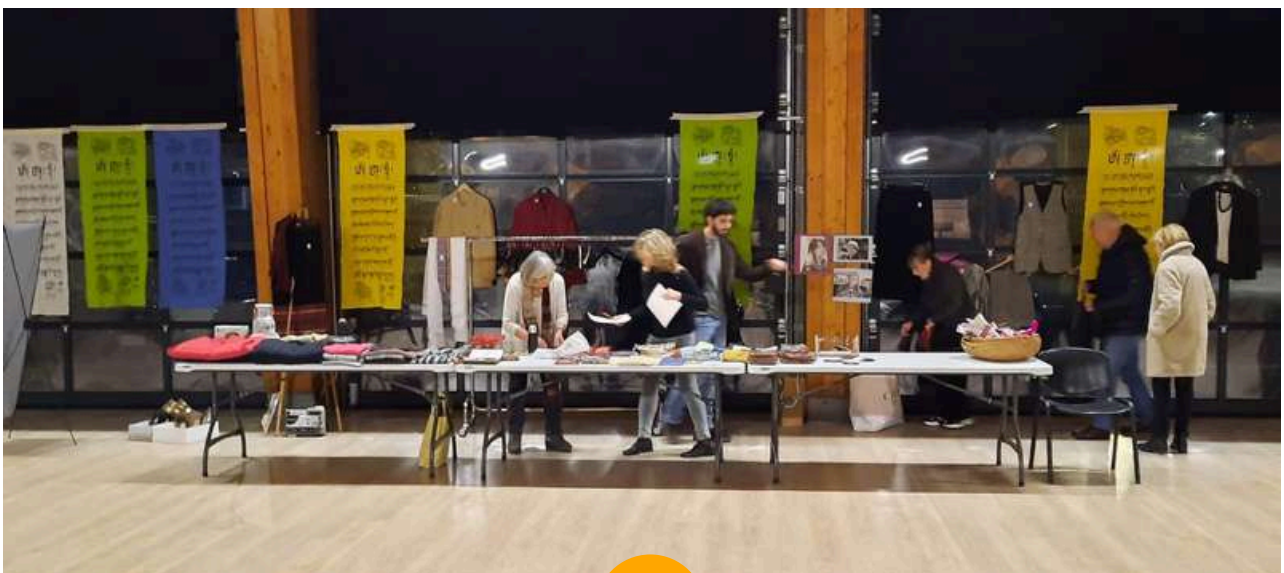
**November saw the start of ASIA's first solidarity trip.** A group of 11 supporters and donors, led by one of our staff members, travelled to Nepal for a fortnight, visiting some of our projects and major cultural and scenic sites. The feedback was very positive: some supporters had the chance to personally meet the beneficiaries of their distance support (a little girl, a young student and a monk), and all of them really appreciated getting to know our projects directly and getting in touch with the local communities, their traditions and lifestyles





**After returning from the trip, some supporters organised events** where they talked about the trip and raised funds for our intervention to support Nepalese communities affected by the earthquake:

- A **SOLIDALE APERICENA** in Modena was enriched with images and travel stories
- An **evening of fundraising, stories and travel pictures** was organised in Como at the auditorium in San Fermo della Battaglia.





- At the customary **APERITIBET** organised in Rome together with Zhenphenling, the momo aperitif and the presentation of the Christmas campaign were enriched by the account of a supporter's trip to Nepal.

Finally, this year we again organised the **APERITIBET** in Naples together with Namdelling, and we took part in the 10-year celebration event of Dzamling Gar together with the International Dzogchen Community by conducting a **Tibetan Calligraphy Course for participants**.



# Campaigns

In early 2023, we continued to emphasise the importance of preserving the heritage of culture and spirituality and supporting the Tibetan refugee communities in India and Nepal, the unique and precious custodians of this heritage. With the 'Hidden Treasures' campaign and the '5x1000' campaign, we have conveyed this message and focused on supporting the nuns and monks and the vulnerable in the Tibetan diaspora.

In the middle of the year, we received a request for help from the Tibetan community of Boudhanath to support the medical expenses of a severely burnt person and launched a fundraising campaign.

At the end of the year, we dedicated our Christmas campaign to supporting the Nepalese communities affected by the earthquake on 3 November, with a special focus on the needs of children.

Here are the campaigns promoted during the year in detail:

## HIDDEN TREASURES

the campaign launched at Christmas last year to support the nuns of the Padmasambhava hermitage (Tso Pema, India) and the other silent custodians of Tibet's spiritual heritage. In the first months of the year, the campaign was promoted with DEM and social media posts, focusing both on long-distance adoption of the nuns and monks and on donations to support the monasteries.



## **DAI IL TUO 5X1000 AL TIBET, NON FARLI SCOMPARIRE (GIVE YOUR 5X1000 TO TIBET, DON'T LET THEM DISAPPEAR)**

We have kept the claim of the 2022 campaign, while modifying the graphic concept, for which we have used images of Tibetan nomads to signify the authentic Tibetan tradition and way of life. We have focused on the fact that the ancient knowledge and values of the Himalayan traditions are very relevant and useful to respond to the challenges of our globalised world, emphasising the value aspect: these populations embody non-violence, compassion, interdependence and are the guardians of a fragile yet precious ecosystem for the whole of humanity, in which they have lived in perfect harmony for millennia.

The campaign was promoted with DEM and a paper letter to our internal target group, and was also supplemented by sending an SMS.

It was also disseminated on social media and bookmarked at events in attendance.

## **SURGERY TO LIVE**

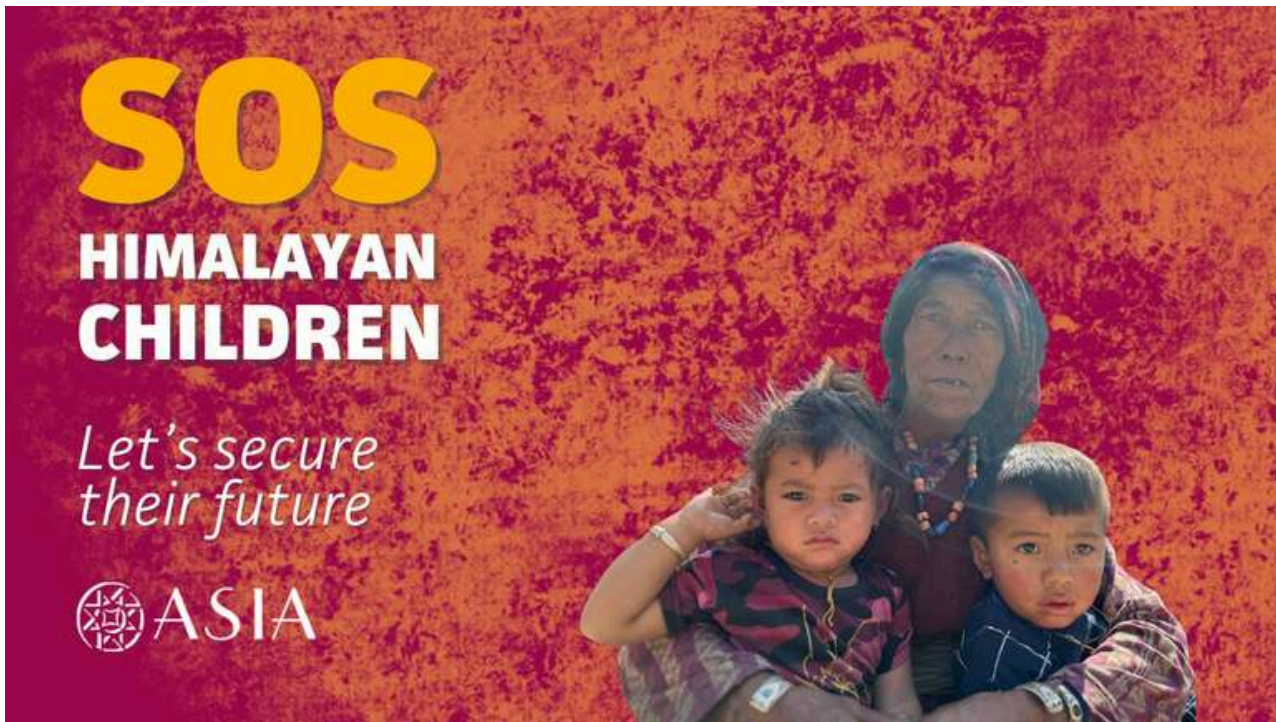
In July, we received a request for help from Tsultrim Sangmo, headmaster of the Manasarovar School, for Dolma Tamang, a Tibetan refugee from Boudhanath and mother of two former students at the school. Dolma was the victim of a terrible domestic accident: due to a gas leak in her kitchen, she suffered second degree burns on 26% of her body.

The surgery, hospital stay and medical treatment were very long and costly, and as health care in Nepal is paid for, the solidarity of our supporters made all the difference for Dolma.

We activated the 'Surgery for Living fund' and with a DEM we appealed to long-distance supporters and constantly updated them on Dolma's health condition, who fortunately has recovered and resumed her daily life.







## **SOS HIMALAYAN CHILDREN. LET'S SECURE THEIR FUTURE.**

Following the earthquake on 3 November, our team in Nepal immediately mobilised to organise humanitarian aid. The most distressed remote villages were identified and the fundraising campaign immediately started.

With a paper mailing - separate for 2 target groups, donors and distance supporters on the one hand and former sponsors and contacts who never donated on the other - some DEM and communication on social media, we asked for help in distributing and setting up shelters and temporary schools in Jajarkot and Rukum West districts.





# Solidarity Gifts

Solidarity gifts in 2023 were enriched with two new products:

## T-SHIRT MESSAGES FROM TIBET

-The Messages from Tibet line - rings and bracelets in silver and steel - were joined by the new Tshirts, made with organic cotton and non-toxic inks by O' PRESS, a social project that uses materials from Fair Trade certified suppliers and prints inside the Marassi Prison in Genoa.

## ENDLESS KNOT

The infinite ceramic knots made by the boys of 'Nciarmato a Nisida, the ceramics workshop of the Nesis social cooperative, inside the Nisida Juvenile Penitentiary Institute (Naples).

As always, the time of year when we most promoted solidarity gifts and raised the most funds was the pre-Christmas period.

**The 2024 Calendar** was dedicated to Tibetan refugee children in India, with beautiful black and white photographs taken by Alessia Bulgari in the Tibetan Children's Village in Dharmasala.



# Communication

---

In 2023, in addition to promoting the fundraising campaigns, communication reported on ASIA's work in the field through **ASIA News**, **the quarterly newsletter** sent out at the beginning of each season, and the usual posts and stories on social media. This year too, visibility has been given to the events, organised both to promote the fundraising campaigns and distance adoptions, and as part of the Global Citizenship Education projects, which were given visibility on all our channels.

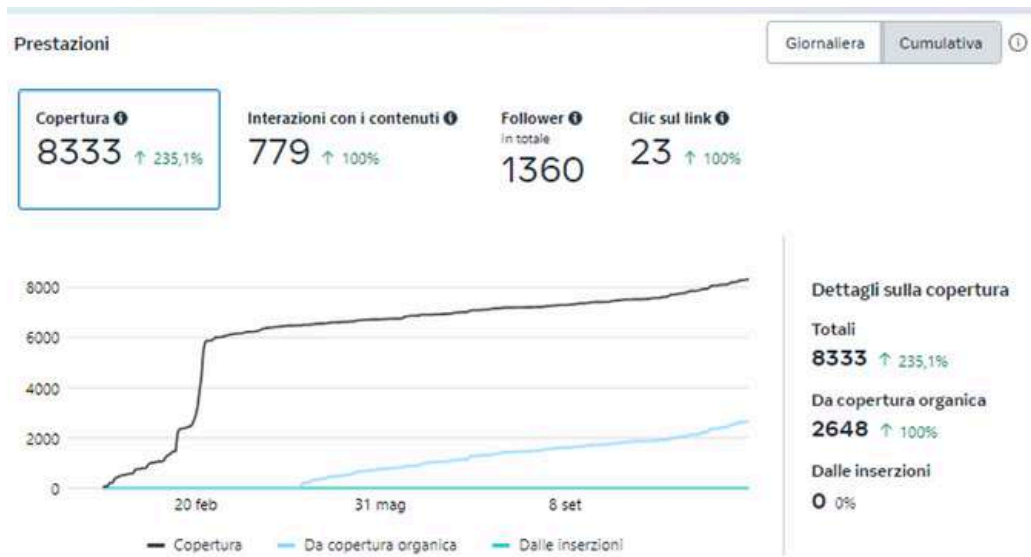
As every year, we were featured with an update article on our work in the quarterly magazine of the International Dzogchen Community, the Mirror.

In 2023, we continued to promote cultural columns. Various themes were explored: **Losar**, the Tibetan New Year; **Notes from Tibet** - the melody and spirituality of ritual musical instruments; **Holi**, the Indian festival of colours celebrated in the days preceding the full moon of the month of phalguna (February-March).

This is some data on communication on Facebook and Instagram:

## INSTAGRAM PERFORMANCE

During 2023, extensive space was given to the Instagram channel, with an increase in the publication of content on this social network. The coverage figures increased markedly compared to the previous year.



## FACEBOOK PERFORMANCE

In 2023, ASIA's Facebook profile continued to be manned with institutional editorial programming, and despite less post coverage we achieved more interactions with organic coverage, indicative of a strategy more capable of creating a relationship with our target audience.



## FOLLOWERS

Net followers increased by 21%, and fewer people chose not to follow the page. These results were achieved through more targeted planning and a more appealing editorial plan.



## VISITS

Visits to Facebook and Instagram profiles have also increased significantly, thanks to more impactful actions, such as sharing content from profiles belonging to partners and donors, in a networking and collaborative approach that meets the needs of the industry and the medium.







04

**FINANCIAL  
STATEMENTS**







# FINANCIAL STATEMENTS

Balance Sheet and Management Accounts	234
Mission Report	243
Audit Report	267
Supervisory Body Report	271

# Balance Sheet and Management Accounts

## Balance Sheet **ACTIVE**

		2023	2022
<b>A</b>	<b>MEMBERSHIP FEES DUE</b>	0	0
	Membership fees current year	0	0
<b>B</b>	<b>FIXED ASSETS</b>	38.343	39.572
<b>I</b>	<b>Intangible fixed assets</b>	0	0
1)	Plant and expansion costs	0	0
2)	Development Costs	0	0
3)	Industrial Patent and Intellectual Property Rights	0	0
4)	Concessions, licences, trade marks and similar rights	0	0
5)	Start-up	0	0
6)	Assets under construction and advances	0	0
7)	More	0	0
<b>II</b>	<b>Tangible fixed assets</b>	32.323	33.413
1)	Land and buildings	0	0
2)	Plant and machinery	0	0
3)	Equipment	2.623	3.713
4)	Other Assets	29.700	29.700

		2023	2022
<b>III</b>	<b>Financial fixed assets, with separate additional indication, for each item of receivables, of the amounts due within one year:</b>	6.021	6.159
1)	Holdings in:	0	0
	(a) Subsidiaries	0	0
	(b) Affiliated companies	0	0
	(c) Other companies	0	0
2)	Receivables	6.021	6.159
	(a) From subsidiaries	0	0
	(b) From affiliated companies	0	0
	(c) From other Third Sector entities	0	0
	(d) From others	6.021	6.159
3)	Other titles	0	0

<b>C.</b>	<b>CURRENT ASSETS</b>	1.517.642	2.020.522
<b>I</b>	<b>Inventories</b>	0	0
1)	Raw, ancillary and consumable materials	0	0
2)	Work in progress and semi-finished products	0	0
3)	Contract work in progress	0	0
4)	Finished products and goods	0	0
5)	Down payments	0	0

		2023	2022
<b>II</b>	<b>Receivables, with separate additional indication, for each item, of amounts due after the following year</b>	502.291	507.751
1)	From users and customers	6.346	8.225
2)	From associates and founders	0	0
3)	From public bodies	47.665	100.343
4)	From private entities for contributions	340.393	267.811
5)	From entities in the same association network	52.918	30.637
6)	From other third sector entities	0	91.910
9)	Tax receivables	0	0
11)	Deferred tax assets	13.200	4.596
12)	Receivables from others	41.779	4.228
<b>III</b>	<b>Financial assets not held as fixed assets</b>	590	590
1)	Investments in subsidiaries	0	0
2)	Investments in affiliated companies	0	0
3)	Other titles	590	590
<b>IV</b>	<b>Cash and cash equivalents</b>	1.014.761	1.512.181
1)	Bank and postal deposits	999.749	1.501.587
2)	Cheques	0	0
3)	Cash and valuables on hand	15.012	10.594
<b>D.</b>	<b>ACCRUED INCOME AND PREPAID EXPENSES</b>	0	0
<b>TOTAL ASSETS</b>		1.555.986	2.060.094

## Liabilities

		2023	2022
<b>A</b>	<b>NET WORTH</b>	976.092	1.504.252
<b>I</b>	<b>Endowment Fund</b>	140.648	138.563
<b>II</b>	<b>Restricted assets</b>	832.422	1.363.603
1)	Statutory reserves	0	0
2)	Restricted reserves by decision of institutional bodies	0	0
3)	Restricted reserves allocated by third parties	832.422	1.363.603
<b>III</b>	<b>Free assets</b>	0	0
1)	Profit or surplus reserves	0	0
2)	Other reserves	0	0
<b>IV</b>	<b>Operating surplus/deficit</b>	3.021	2.086
<b>B</b>	<b>PROVISIONS FOR RISKS AND CHARGES</b>	704	872
1)	For pensions and similar obligations	0	0
2)	For taxes, including deferred taxes	0	0
3)	Others	704	872
<b>C</b>	<b>EMPLOYEE SEVERANCE INDEMNITIES</b>	64.441	64.145
	Severance pay	64.441	64.145

		2023	2022
<b>D</b>	<b>DEBTS</b>	133.687	125.072
1)	Due to banks	0	0
2)	Payables to other lenders	0	0
3)	Payables to associates and founders for financing	0	0
4)	Payables to entities in the same association network	0	0
5)	Payables for conditional donations	0	0
6)	Advance payments	0	0
7)	Payables to Suppliers	28.786	34.789
8)	Payables to subsidiaries and associates	0	0
9)	Taxes Payable	17.002	5.738
10)	Payables to social security institutions	9.596	10.967
11)	Payables to employees and collaborators	17.301	22.327
12)	Other Payables	61.001	51.251
<b>E</b>	<b>ACCRUED LIABILITIES AND DEFERRED INCOME</b>	381.062	365.753
	<b>TOTAL LIABILITIES</b>	<b>1.555.986</b>	<b>2.060.094</b>



# Management Report

COSTS AND EXPENSES		2023	2022	INCOME		2023	2022
A)	CHARGES FROM INSTITUTIONAL ACTIVITIES			A)	INCOME FROM INSTITUTIONAL ACTIVITIES		
1)	Subsidiary raw materials, consumables and goods	448.576	315.780	1)	Income from membership fees and founders' contributions	2.220	2.525
2)	Services	37.401	55.198	2)	Income from members for mutual activities	0	0
3)	Use of third party assets	0	0	3)	Revenues from services and sales to associates and founders	0	0
4)	Staff	376.032	396.127	4)	Liberal Donations	386.423	567.816
5)	Depreciation	0	0	5)	Proceeds of the 5X1000	52.707	63.666
5bis)	Depreciation of tangible and intangible assets	0	0				
6)	Provisions for risks and charges	0	0	6)	Contributions from private entities	383.529	415.405
7)	Other operating expenses	650.778	682.345	7)	Revenues from services and sales to third parties	0	0
8)	Opening inventories	0	0	8)	Contributions from Public Bodies	726.083	581.794
9)	Allocation to restricted reserve for institutional decision-making bodies	0	0	9)	Income from contracts with public bodies	0	0
10)	Utilisation of restricted reserve decided by institutional bodies	0	0	10)	Other income, revenues and earnings	88.790	63.581
				11)	Final Inventories	0	0
<b>TOTAL A)</b>		<b>1.512.788</b>	<b>1.449.450</b>	<b>TOTAL A)</b>		<b>1.639.753</b>	<b>1.694.787</b>
				<b>Surplus/deficit general interest activities (+/-)</b>		<b>126.965</b>	<b>245.337</b>

CHARGES		2023	2022	INCOME		2023	2022
---------	--	------	------	--------	--	------	------

B)	CHARGES FROM OTHER ACTIVITIES			B)	INCOME FROM OTHER ACTIVITIES		
1)	Raw materials, consumables and goods	0	0	1)	Revenues from services and sales to associates and founders	0	0
2)	Services	0	0	2)	Contributions from private entities	0	0
3)	Use of third party assets	0	0	3)	Revenues from services and sales to third parties	0	0
4)	Staff	0	0	4)	Contributions from public bodies	0	0
5)	Depreciation	0	0	5)	Income from contracts with public bodies	0	0
5 bis)	Depreciation of tangible and intangible assets	0	0				
6)	Provisions for risks and charges	0	0	6)	Other income, revenues and earnings	0	0
7)	Other operating expenses	0	0	7)	Closing inventories	0	0
8)	Opening inventories	0	0				
	<b>TOTAL B)</b>	<b>0</b>	<b>0</b>		<b>TOTAL B)</b>	<b>0</b>	<b>0</b>
					<b>Surplus/deficit from other activities (+/-)</b>	<b>0</b>	<b>0</b>

C)	CHARGES FROM FUNDRAISING			C)	PROCEEDS FROM FUNDRAISING		
1)	Charges from regular fundraising	0	0	1)	Income from regular fundraising	0	0
2)	Charges from occasional fundraising	0	0	2)	Income from occasional fundraising	0	0
3)	Other charges	0	0	3)	Other Income	0	0
	<b>TOTAL C)</b>	<b>0</b>	<b>0</b>		<b>TOTAL C)</b>	<b>0</b>	<b>0</b>
					<b>Surplus/deficit fundraising activities (+/-)</b>	<b>0</b>	<b>0</b>

CHARGES		2023	2022	INCOME		2023	2022
---------	--	------	------	--------	--	------	------

D)	CHARGES FROM FINANCIAL AND ASSET ACTIVITIES			D)	INCOME FROM FINANCIAL ASSETS		
1)	On bank relations	7.454	6.048	1)	From banking relations	18.041	3.804
2)	On loans	0	0	2)	From banking relations	0	0
3)	From built heritage	0	0	3)	From banking relations	0	0
4)	From other assets	22.683	6.401	4)	From other income	0	0
5)	Provision for risks and charges	0	0	5)	Other income	59.222	24.127
6)	Other charges	10.910	31.827				

<b>TOTAL D)</b>	<b>41.047</b>	<b>44.276</b>
-----------------	---------------	---------------

<b>TOTAL D)</b>	<b>77.263</b>	<b>27.931</b>
-----------------	---------------	---------------

<b>Financial assets surplus/deficit (+/-)</b>	<b>36.216</b>	<b>-16.345</b>
---	---------------	----------------

E)	GENERAL SUPPORT CHARGES			E)	GENERAL SUPPORT INCOME		
1)	Raw materials, consumables and goods	0	0	1)	Income from the secondment of personnel	0	0
2)	Services	28.502	32.475	2)	Other general support income	201.767	200.809
3)	Use of third party assets	0	0				
4)	Staff and collaborations	258.334	326.699				
5)	Depreciation	1.090	2.443				
6)	Provisions for risks and charges	10.523	14.171				
7)	Other charges	49.593	45.789				
8)	Allocation to restricted reserve for decision by institutional bodies	0	0				
9)	Utilisation of restricted reserve decided by institutional bodies	0	0				
<b>TOTAL E)</b>	<b>348.042</b>	<b>421.577</b>	<b>TOTAL E)</b>	<b>201.767</b>	<b>200.809</b>		

<b>General support surplus/deficit (+/-)</b>	<b>-146.275</b>	<b>-220.768</b>
--	-----------------	-----------------

CHARGES		2023	2022	INCOMES		2023	2022
<b>TOTAL CHARGES</b>		1,901,890	1,921,440	<b>TOTAL INCOME</b>		1,918,783	1,923,527
				Surplus/deficit for the year before taxes		16,905	8,224
				Taxes		13,884	6,138
				Surplus / deficit		3,021	2,086



# Mission Report

## General part

---

### 1. General information on the institution

ASIA, Association for International Solidarity in ASIA, is a Non-Governmental Organisation founded in December 1988 by the will and commitment of a group of scholars of Tibetan culture.

President and founder of the organisation was Chögyal Namkhai Norbu, from whom ASIA continues to draw inspiration in promoting initiatives to safeguard Tibetan culture.

ASIA implements emergency and development projects in Asian countries and in particular in the Himalayan belt in the fields of education, protection of cultural and spiritual heritage, environmental protection and combating climate change, food security and sustainable agriculture and public health.

It promotes the right to education through distance support and works in Italy with Global Citizenship Education projects.

The main objective of ASIA's work is to promote the economic, social and health development of Asian ethnic minorities whose cultural identity is threatened.

ASIA is accredited with the following decrees at:

- Entry in the Single National Third Sector Register under no. 7299;
- Italian Agency for Cooperation and Development, by Decree No. 2016/337/000136/0;
- Prefectural Register of Legal Persons of Grosseto, Decree No. 190;
- Regional Register of Lombardy Associations, section International Relations, no. 89.

In addition, ASIA is recognised as eligible for EU agency funds for cooperation and development.

In all these years in India, Nepal, Mongolia, Myanmar and Bhutan ASIA has helped more than 1,500,000 people. In addition to having acquired professionalism and experience in the management of development and emergency projects, ASIA and all its staff in Italy and around the world have absorbed and made their own the values encountered in many of these ancient cultures. Values such as awareness, compassion, altruism, openness to different cultures and direct involvement of local communities have become an integral part of ASIA's work. The aim of our Association is not only to fight poverty but to create a culture of peace and tolerance in order to participate in the creation of a better society, respectful of the individual and the environment in which he or she lives.

The association carries out the following activities of general interest under Article 5 of the Third Sector Code:

- a) Development cooperation, pursuant to Law No. 125 of 11 August 2014, as amended;
- b) Long Distance Sponsorship;
- c) Promotion of the culture of legality, peace among peoples, non-violence and unarmed defence;
- d) Promotion and protection of human, civil, social and political rights.

The table below summarises the different offices:

DESCRIPTION	CITIES	ADDRESS
Legal Office	Arcidosso – 58031 - Italy	Loc. Podere Nuovo Merigar
Operational Headquarters	Roma – 00185 - Italy	Via San Martino della Battaglia 31
Registered office	Como – 22070 - Italy	Via Casale Roccolo 1
Registered office	Milano – 20141 - Italy	Via Sibari 15
Registered office	Bolzano – 39100 - Italy	Via della Vigna 56
Operative office	Kathmandu - 44600 - Nepal	W.N. 2 Lanzipat House n.85/62
Operative office	Ulaan Baatar – Mongolia	8 Oyu Center 23 apartment, 16th khoroo, Orkhon 1 Bayangol district
Operative office	Yangoon – Myanmar	Excel Tower 305, n.520 Kabar Aye Pagoda Road and Shwee Gone Bahan

The bodies under the current Statute are:

- Members' Assembly;
- Board of Directors;
- President and legal representative;
- Board of Auditors, currently Monocratic Auditing Body;
- Board of Arbitrators

## The Assembly

The Assembly is the sovereign body of the Association. The Assembly meets at least once a year in ordinary session upon convocation by the President by written notice. Within the remit of the Ordinary Members' Meeting are, inter alia:

- The election and dismissal of members of the Board of Directors;
- The election and dismissal of the President;
- The election and dismissal of the Vice-President if necessary chosen from among the members of the Board of Directors. The deputy President replaces the President in all his duties whenever the latter is prevented from exercising his functions;
- The appointment and dismissal of the Board of Auditors ;
- The appointment and dismissal of the Board of Arbitrators;
- The appointment of the statutory auditors;
- The approval by 30 June of the balance sheet for each financial year ending 31 December; the budget and the annual report;
- Outlines the strategy and general directions of activities and priority areas;
- Deliberates on the possible allocation of profits or operating surplus however denominated, as well as of funds, reserves or capital during the life of the Association itself, if this is permitted by law and by these Articles of Association;
- Ratification of the appointment, forfeiture of withdrawal and resolution on the exclusion of members;
- The promotion of liability actions against members of corporate bodies;
- Passing resolutions on other matters assigned by law, the memorandum of association or the articles of association to its competence.

## The Board of Directors

The Board of Directors is the executive body of the Association and is currently composed of nine board members, including the President and Vice President, all elected by the Members' Assembly. Board members hold office for three years and until the date of approval of the budget.

The President is elected by the Assembly from among the members of the Board of Directors for their talents and merits acquired in the field of the preservation of Asian cultures and in particular Tibetan culture. Each President may express a non-binding opinion on the appointment of a successor. The President holds office for three years, until the date of approval of the budget for the last year of his office and the election of new councillors, and may be re-elected.

The President of the Association is the legal representative of the Association before third parties and acts and resists before any administrative or judicial authority by appointing lawyers

## MEMBERS OF THE BOARD OF DIRECTORS AT THE DATE OF APPROVAL OF THE FINANCIAL STATEMENTS

<b>Andrea dell'Angelo</b>	President and Legal Representative
<b>Daniela Garbo</b>	Board Member
<b>Giorgio Cancelliere</b>	Board Member
<b>Gaetano Ruvolo</b>	Board Member
<b>Riccardo Ducci</b>	Board Member and Vice President
<b>Roberto Zamparo</b>	Board Member
<b>Gabriele Mugnai</b>	Board Member
<b>Wolfgang Schweiger</b>	Board Member
<b>Mark Farrington</b>	Board Member

### The Control Body

The Control Body monitors compliance with the law and the statutes, compliance with the principles of proper administration, the adequacy of the organisational, administrative and accounting structure of the Association and its actual organisation. It may also perform the statutory audit of the accounts.

The members of the Control Body are entitled to attend, without voting rights, the meetings of the Board of Directors and those of the Assembly approving the budget.

## CONTROL BODY MEMBERS

<b>Francesco Lauria</b>	Monocratic Auditing Body
-------------------------	--------------------------



## The Board of Arbitrators

The Board of Arbitrators consists of three members, who have been members of the Association for at least five years, elected by the Assembly outside the Board of Directors. The Board is elected for the same term of office as the Board of Directors. Any social dispute between the members and the Association or its bodies shall be submitted, to the exclusion of any other jurisdiction, to the competence of the Board of Arbitrators. The Arbitrators shall judge *ex bono et aequo* without any procedural formalities and their ruling shall be final.

### MEMBERS OF THE BOARD OF ARBITRATORS

**Leopoldo Sentinelli** Board President

**Marco Almici** Board member

**Caponi Carla** Board member

## 2. Data on members, founders and their activities

In 2023, there were 42 members of ASIA, of whom 23 were women and 19 men, 36 Italians and 6 foreigners (1 Canadian and 5 Europeans) in addition to the founding members. ASIA's members participate, on a democratic principle, in the assemblies convened to approve the budget, amend the articles of association and other assembly activities. They participate in the association as stipulated in Articles 11 and 12 of the current statutes. ASIA adopts the ordinary taxation regime and since it does not have any commercial activities, it is not subject to IRES.

## Illustration of balance sheet items

---

### 3. Criteria applied in the valuation of balance sheet items

The financial statements, in compliance with the provisions of Ministerial Decree of 5 March 2020, are drawn up in accordance with the general clauses, general financial statement principles and valuation criteria set forth in Articles 2423, 2423-bis and 2426 of the Italian Civil Code and the national accounting standards OIC, insofar as they are compatible with the non-profit nature and the civic and solidarity and socially useful purposes of Third Sector entities.

In particular, the rules, of recognition and valuation, contained in the national accounting standards OIC have been observed, with the exception of the specific provisions set out in the national accounting standard OIC 35 for entities that draw up their financial statements according to the provisions of Article 13 of Legislative Decree 117/2017 (Third Sector Code).

The institution used fair value as the valuation criterion for non-synallagmatic transactions received during the financial year 2023 (Fair Value).

The accounting items shown in the statement and in this report are given the meanings, unless otherwise specified, set out in Annex I to the Ministerial Decree of 5 March 2020.

The items were valued on a prudent basis, with a view to the continuation of the business, in accordance with the accrual principle.

It should be noted that no items have been merged or eliminated with respect to the ministerial model and that there are no items that could fall under more than one heading in the balance sheet format for which it is necessary to provide information for the purposes of understanding the financial statements.

In the preparation of the financial statements, the accrual principle has been adopted and, therefore, the effect of transactions and other events has been recognised in the accounts and attributed to the financial year to which these transactions and events refer, and not to the year in which the relevant cash movements (receipts and payments) materialise. This report has been prepared on the assumption of associational continuity. The financial statements and this Mission Report are expressed in euro units. In particular, the valuation criteria adopted in drawing up the financial statements were as follows:

#### **Tangible fixed assets**

This item includes all those tangible assets at the disposal of the Association, with a duration of several years. Tangible assets are recorded at purchase cost, including any directly attributable accessory charges and VAT, since this is not deductible pursuant to Article 72 of Presidential Decree 633/72.

Fixed assets whose value at the balance sheet date is permanently lower than their book value are recorded at this lower value and the difference is charged to the income statement as a write-down.

Depreciation allowances, charged to the statement of operations, were calculated on the basis of the use, destination and economic-technical life of the assets, based on the criterion of residual possibility of utilisation.

The rates applied are as follows:

- works of art: 0%
- fittings and furnishings: 12%.
- electronic equipment: 20%.

## Financial fixed assets

They are recorded at cost, adjusted for impairment losses. Financial fixed assets consisting of loans are valued at acquisition cost. Other securities are stated at acquisition cost including directly attributable accessory charges and excluding interest accrued at the date of transfer.

## Receivables

Accounts receivable represent rights to collect, at an identified or identifiable maturity, fixed or determinable amounts of cash, or goods/services of equivalent value, from customers or other parties. Receivables are stated in the balance sheet at their estimated realisable value, which is deemed to be their nominal value. No allowance for doubtful accounts is recorded in the balance sheet.

## Cash and cash equivalents

They represent the positive balances of bank and postal deposits, cheques, and cash and securities on hand at the close of the financial year. Bank and postal deposits and cheques are valued at their presumed realisable value, cash and cash securities at their nominal value, the details of which are set out in Appendix 2. In this specific case, the realisable value coincides with the nominal value.

## Net assets

Net assets include:

- The restricted assets, consisting of the restricted reserves, where funds with a specific purpose not yet used are set aside;
- Free assets, consisting of the results of previous years, as well as other reserves.
- The surplus/deficit for the year.

## Accrued income and prepaid expenses

They are calculated on an accrual basis and in accordance with the accrual accounting principle.

## Provisions for risks and charges

These consist of provisions set aside to cover losses or debts of a definite nature and of certain or probable existence, but whose amount and/or date of occurrence could not be determined at the balance sheet date.

The general criteria of prudence and accrual were observed in the valuation of these provisions, and no generic risk provisions without economic justification were established.

Contingent liabilities have been recognised in the balance sheet and entered in the provisions as they are considered probable and the amount of the related charge can be reasonably estimated.

## Severance pay

This represents the actual debt accrued at the balance sheet date to employees in accordance with the law and labour contracts in force, considering all forms of remuneration of an ongoing nature. The provision corresponds to the total of the individual indemnities accrued in favour of employees at the closing date of the financial statements, net of advances paid, and is equal to the amount that would have been payable to employees if they had terminated their employment on that date.

## Debts

Payables are liabilities of a definite nature and certain existence that represent obligations to pay fixed or determinable amounts of cash to lenders, suppliers and other parties. Liabilities are classified on the basis of their nature (or origin) with respect to ordinary operations regardless of the time period within which the liabilities are to be settled.

They are recognised and entered in the balance sheet at their nominal value.

## Currency Assets and Liabilities

Assets and liabilities in foreign currencies are measured at the Bank of Italy's exchange rates as on 31 December 2023 published in the Official Gazette General Series No. 7 of 11 January 2024. The related exchange rate gains and losses are charged to the statement of operations.

## Management Report

Income and expenses are recognised on an accrual basis and recognised in the income statement according to their nature and correlation.

### Taxes

The association is subject to IRAP tax calculated on the value of production, which in our case is indicated by the value of the cost of employees and collaborators. Since there has been no significant change from last year, the tax calculation has settled at the previous values.

## 4. Movements in fixed assets

### Intangible fixed assets

No intangible assets are recorded in the balance sheet.

### Tangible fixed assets

Fixed assets are stated at their purchase cost, with the total amount of depreciation in progress shown. Works of art are entered at their estimated realisable value. The value of equipment recorded net of depreciation is 2,623 euros.

Tangible fixed assets include works of art in the amount of 29,700 euros. In accordance with OIC16 Tangible Fixed Assets Paragraph 58, no depreciation has been applied to these assets.

Good	Office chairs	Epson v850 scanner	HP T140 Server	Dell Inspiron	total depreciation
Type	Stigmata and furnishings	electronic equipment	electronic equipment	electronic equipment	
initial cost	3.474	779	1.696	1.029	6.978
reevaluations / writedowns	0	0	0	0	0
alienations	0	0	0	0	0
amortisation quota 2023	93	240	339	417	1.090
Residual amortisation	171	0	509	764	1.445
% depreciation	12	12	20	20	

## Financial fixed assets

Financial fixed assets recorded in the balance sheet as at 31 December 2023 amounted to €6,021 and related to security deposits for the rent of the Rome headquarters, local offices and the security deposit with Poste Italiane S.p.A. used for the shipment of publications to supporters.

## 5. Start-up and Expansion Costs and Development Costs

No start-up and expansion costs or development costs are recognised.

## 6. Receivables and Payables

The composition and changes in accounts receivable are shown in the table below. It should be noted that there are no payables or receivables with a term of more than five years, nor are there any debts secured by collateral on corporate assets.

Below is a breakdown of receivables recorded in the balance sheet and the relative change from the previous year:

RECEIVABLES	AMOUNT AS AT 31/12/2023	AMOUNT AS AT 31/12/2022	VARIATION
1) From users and customers	6.346	8.225	-1.879
2) From associates and founders	0	0	0
3) From public bodies	47.655	100.343	-52.688
4) From private entities for contributions	340.393	267.811	72.582
5) From entities in the same association network	52.918	30.637	22.281
6) From other third sector entities	0	91.910	-91.910
9) Tax credits	0	0	0
11) Deferred tax assets	13.200	4.596	8.604
12) From others	41.779	4.228	36.546
<b>TOTAL</b>	<b>502.291</b>	<b>507.751</b>	<b>- 5.460</b>

The debts entered in the balance sheet under D. are all due within 12 months, the changes are detailed below:

DEBTS	AMOUNT AS AT 31/12/2023	AMOUNT AS AT 31/12/2022	VARIATION
To Suppliers	28.786	34.789	-6.003
To the Treasury	17.002	5.738	11.264
To Inps - Inail	9.596	10.967	-1371
To Employees and Collaborators	17.301	22.327	-5.026
Other debts	61.001	51.250	9751
<b>TOTAL</b>	<b>133.687</b>	<b>125.071</b>	<b>-8.615</b>

## 7. Liquid assets

The balance of cash and cash equivalents amounted to €1,014,760 as of 31 December 2023 and decreased by €497,424 compared to the previous year. It should be noted that the high amounts in stock in the Nepal and Myanmar accounts are due to significant bank transfers from Italy close to the end of the financial year for the activities of the Earthquake Emergency project in Nepal and AICS project in Myanmar for the project closure phase in January 2024.

The breakdown of cash and cash equivalents at the end of the year is shown below:

LIQUID ASSETS	AT 31/12/2023	AT 31/12/2022	VARIATION
<b>CASH BOX HEAD OFFICE ITALY</b>	<b>13.218</b>	<b>8.560</b>	<b>4.658</b>
Euro Cash	2.388	2.248	140
Dollars Cash	606	1.487	-881
Renminbi Cash	116	127	-11
Paypal Cash	10.044	4.389	5.655
MNT Cash - Mongolia	8	4	4
Cash MMK Myanmar	55	5	50
Cheque Cash	0	300	-300

<b>LIQUID ASSETS</b>	<b>AT 31/12/2023</b>	<b>AT 31/12/2022</b>	<b>VARIATION</b>
<b>CASH FOREIGN OFFICES</b>	<b>1.794</b>	<b>2.034</b>	<b>-240</b>
loco projects cash	110	0	110
missions loco cash	349	0	349
Kathmandu Cash	261	296	-35
Ulaan Baator Cash	1	827	-826
Yangon usd Cash	14	14	0
Yangon Cash	1.059	897	162

<b>BANK ACCOUNTS IN ITALY</b>	<b>624.039</b>	<b>1.372.626</b>	<b>-748.590</b>
BANK MPS c/c 3893.50	3.378	3.871	-493
BANK MPS c/c 5622.72	4.233	5.726	-1.493
BANK MPS c/c 6069.79	138.718	76.757	61.961
Credit Agricole c.c. 6652	40.525	59.895	-19.370
Credit Agricole c.c. 8051	48.105	60.399	-12.294
Credit Agricole c.c. 8152	97.686	103.220	-5.534
Credit Agricole c.c. 7950	93.671	339.151	-245.480
Credit Agricole c.c. 8253	178.894	699.424	-520.530
Credit Agricole c.c. 8538	826	98	728
Postal account 89549000	12.102	6.902	5.200
Postal account 78687001	5.900	17.186	-11.286



LIQUID ASSETS	AT 31/12/2023	AT 31/12/2022	VARIATION
<b>BANK ACCOUNTS ABROAD</b>	<b>375.710</b>	<b>128.961</b>	<b>246.749</b>
Kathmandu Euro	138.126	20.136	117.990
Kathmandu - Npr - 02	3.756	5.620	-1.864
Kathmandu - Npr - 03	0	577	-577
Kathmandu - Npr - 04	0	28.356	-28.356
Kathmandu - AICS - 05	0	405	-405
Kathmandu 96101 Npr - 01	21.007	47.072	-26.065
Ulaan Baatar Euro	28	22.785	-22.757
Ulaan Baatar Mnt	38	3.030	-2.992
Yangoon PC ASIA euro meb	10	10	0
Yangoon PC ASIA euro	20	20	0
Yangoon PC ASIA usd	18	93	-75
Yangoon PC ASIA MMK	354	189	165
Yangoon PC ASIA usd - MEB	9	9	0
Yangoon PC ASIA - MMK	150	659	-509
Yangoon YOMA Bank	212.194	0	212.194
<b>TOTAL LIQUID ASSETS</b>	<b>1.014.760</b>	<b>1.512.181</b>	<b>-497.421</b>

## 8. Accruals and other provisions

Accrued expenses derive from expenditure commitments pertaining to the closing financial year and which will be paid in the year 2023 to the Long Distance Sponsorship Institutions and income deferred to 2024 and following years for a total of 381,062 euros as detailed below.

ACCRUED EXPENSES	AMOUNT AS AT 31/12/2023	AMOUNT AS AT 31/12/2022	VARIATIONS
For Long Distance Sponsorship	306.889	271.940	34.949

DEFERRED INCOME	AMOUNT AS AT 31/12/2023	AMOUNT AS AT 31/12/2022	VARIATIONS
For Long Distance Sponsorship	74.173	93.814	-19.641

Provisions for risks and charges amounted to €704 as of 31 December 2023, a decrease of €168 compared to the previous year, as detailed below:

OTHER FUNDS	AMOUNT AS AT 31/12/2023	AMOUNT AS AT 31/12/2022	VARIATIONS
Other provisions for risks and charges	704	872	-168
Pension and similar benefits	0	0	0
<b>TOTAL</b>	<b>704</b>	<b>872</b>	<b>-168</b>

The balance of the reserve for employee severance indemnities amounted to €64,441 as at 31 December 2023, an increase of €296 compared to the previous year.

SEVERANCE PAY	AMOUNT AS AT 31/12/2023	AMOUNT AS AT 31/12/2022	VARIATIONS
Severance Pay	64.441	64.145	296

## 9. Net Worth

ASIA's net worth is composed of two main sub-items:

- **Restricted assets**, resulting from donor-restricted funds for projects and long distance sponsorship ;
- **Unrestricted assets**, consisting of the operating surplus from previous years transferred to the Endowment Fund;
- **Surplus/deficit** for the current year.

The net assets existing at the close of the financial year amounted to €976,092. The large fluctuation compared to 2022 is due to the implementation of projects whose funds tied up in 2022 were used in the current year.

The table below shows the changes in the individual items during the year:

RESTRICTED ASSETS	ORIGIN	USE	AMOUNT AS AT 31/12/2023	AMOUNT AS AT 31/12/2022	VARIATIONS
For projects	Institutional Donors - Private Bodies - Associations	Implementation of emergency and ECG development projects	832.422	1.363.602	-531.180
FREE ASSETS	ORIGIN	USE	AMOUNT AS AT 31/12/2023	AMOUNT AS AT 31/12/2022	VARIATIONS
Fondo di dotazione	Operating surpluses from previous years	Non-ordinary activities by resolution of the Board of Directors	140.648	138.563	2.086
<b>TOTAL FREE ASSETS</b>			<b>140.648</b>	<b>138.563</b>	<b>2.086</b>
<b>SURPLUS / DEFICIT FOR THE YEAR</b>			<b>3.021</b>	<b>2.086</b>	<b>0</b>
<b>TOTAL NET WORTH</b>			<b>976.092</b>	<b>1.504.252</b>	<b>-528.160</b>

## 10. Indication of commitments for expenditure or reinvestment of funds or contributions received for specific purposes

Funds received with an earmarking restriction and not used during the year are shown in equity under item A.II. 3 restricted funds for projects. These funds, when used, are entered in the balance sheet under income under item A.4.

## 11. Payables for conditional donations

Payables for conditional donations are entered in the balance sheet as accrued expenses in the amount of 306,888 euros for distance support and 74,172 euros in deferred income.

## 12. The management account

The following is an analysis of the main components of the operating statement according to the areas into which it is divided, highlighting the most important elements and indicating individual revenue or cost elements of exceptional magnitude or significance.

## Management Report - Income

A)	INCOME FROM INSTITUTIONAL ACTIVITIES	1.639.753
1	Income from membership fees	2.220
4	Liberal Donations	386.424
5	Proceeds 5x1000	52.707
6	Contributions from private entities	383.529
8	Contributions from Public Bodies	726.083
10	Other income	88.790

Income from institutional activities amounted to 1,639,753 euros broken down as follows:

1. 2023 membership fees for 42 members;
4. Liberal donations in the amount of €386,424 from individual private entities broken down by type of destination, down from 2022;
5. 5x1000 proceeds in the amount of 52,707 euros;
6. Contributions from private entities relate to donations and funding for projects charged on an accrual basis for a total of 383,529 euros, the major funders include the Italian Buddhist Union and the Tavola Valdese, Tides Foundation and Alessia Bulgari;
8. This is where income from public bodies, such as the Presidency of the Council of Ministers, AICS, and the Autonomous Province of Bozen/Bolzano, for a total amount of 726,083 euros, is posted;
10. Other income relates to contributions from Asia and local project partners in the amount of 88,790 euros;

It should be noted that Asia Germany made donations for projects and distance support amounting to 93,067.05 euros during 2023.

D)	INCOME FROM FINANCIAL ACTIVITIES	77.263
1	On bank relations	18.041
4	Other income	59.222

Income from financial assets derived from bank and postal interest income in Italy and abroad in the amount of €18,041 and from contingent assets and positive exchange rate differences in the amount of €59,222.

In section E.2 we find income from the recovery of administrative charges from projects, long distance sponsorship and unrestricted donations.

## Management Report - Charges

A)	CHARGES FROM INSTITUTIONAL ACTIVITIES	1.512.788
1	Subsidiary raw materials, consumables and goods	448.576
2	Services	37.401
4	Staff	376.032
7	Miscellaneous operating expenses	650.779

The charges in Table A represent, by category of expenditure, what will be implemented of the projects during 2023 for a total of 1,512,788 euros.

D)	CHARGES FROM FINANCIAL AND ASSET ACTIVITIES	41.048
1	On bank relations	7.455
4	Other Assets	22.683
6	Other Charges	10.910

Table D shows interest expenses for tax accruals 1) exchange rate differences and contingencies 2).

<b>E)</b>	<b>GENERAL SUPPORT CHARGES</b>	<b>348.042</b>
2	Services	28.502
4	Staff and collaborations	258.334
5	Depreciation	1.090
6	Provision for risks and charges	10.523
7	Other operating expenses	49.593

Table E of the charges shows the expenses of the structure that are not directly related to ASIA's institutional projects and activities.

### **13. Nature of donations received**

The liberal donations ASIA receives are made by private individuals earmarking the donations for institutional activities such as projects, long distance sponsorship, and free donations. Generally, these donations are of small and medium amounts. Every year ASIA notifies the Inland Revenue Office of the donations made by private individuals and issues a certificate of the funds received each year from supporters.

### **14. Employees and volunteers**

The national collective labour agreement (CCNL) of commerce for the tertiary, distribution and services sector applies to employees. The Framework Agreement entered into with the trade unions renewed on 9 April 2018 applies to the employees and has provided greater guarantees for sickness and maternity protection for this type of worker. The unit indicated as manager is on a VAT registered basis. There are no volunteers referred to in Article 17 co. 1 of Legislative Decree 117/2017. The workforce as at 31/12/2023 is shown below:

EMPLOYEES	WOMEN	MEN	TOTAL
Full-time employees	3	1	4
Part-time employees	1	1	2
Co.co.co Italy	2	1	3
Co.co.co Abroad	0	2	2
Legal representative	0	1	1
<b>TOTAL</b>	<b>6</b>	<b>6</b>	<b>12</b>

The average number of employees by category is shown below:

COLLABORATORS BY CATEGORY	WOMEN	MEN	TOTAL
Managers	0	1	1
Frameworks	0	0	0
Employees/collaborators	6	5	11
<b>TOTAL</b>	<b>6</b>	<b>6</b>	<b>12</b>

## 15. Remuneration of the executive body, the control body and the statutory auditor

Details of the remuneration of the Board of Directors, the Control Body and the statutory auditor, as well as the difference in remuneration between employees, are shown:

### Board of Directors

Councillors receive no remuneration.

### Control body

Does not receive any remuneration.



**Auditing Company entrusted with the voluntary audit**  
Crowe Bompani SpA: 4,100 euros.

## **16. Assets earmarked for a specific business**

There are no assets earmarked for a specific business.

## **17. Related Party Transactions**

During the financial year, relations were maintained with the affiliated association ASIA Trento, which carries out awareness-raising and fundraising activities in the province of Trento and international cooperation projects. Receivables from previous years were repaid by ASIA Trento during 2023.

## **18. Proposed allocation of surplus or coverage of deficit**

It is proposed to the members' meeting to allocate the year's surplus of 3,021 euros to the Association's Endowment Fund, the eventual use of which will be decided by the Board of Directors.

# **Illustration of the economic and financial performance of the organisation and how it pursues its statutory aims**

---

## **19. Situation of the entity and management performance**

ASIA's priorities during 2023 were food security; developing ecologically sustainable agriculture to combat the effects of climate change; improving access to education; supporting gender equality and the empowerment of women; preventing and preparing the most fragile populations for emergencies; and defending the cultural, spiritual and linguistic heritage of cultural minorities.

Our activities focused on Myanmar and Mongolia and the Himalayan area, Nepal and Bhutan.

The operating performance was positive, but the restricted assets fell sharply from the previous year and were affected by the utilisation of both the previous and current year's restricted funds for the implementation of projects during the year. In addition, 2023 closes with a limited number of approved projects and earmarked funds that will certainly be fully utilised in the course of 2024, creating some doubts about ASIA's sustainability in the coming years.

## **20. Foreseeable development of operations**

In the coming years, unfortunately, due to the serious geopolitical crisis worldwide, the consequences that this crisis is having on the world, European and Italian economies in particular, and, given the cooperation strategies of the current government that have directed all the funds earmarked for cooperation in Africa to the implementation of the so-called 'Piano Mattei', an analysis will have to be made on new sources of funding available through international donors and private foundations.

In addition the development of alternative activities such as the organisation of solidarity trips, e-commerce of handicrafts from projects will be carried out. It will be necessary to increase social capital and launch a campaign on testamentary legacies. Moreover, the organisation will have to review its organisation chart at the Italian headquarters level, trying to reduce costs and create a more efficient and responsive team. In some countries, such as Nepal, it is necessary to find a new legal form that will enable ASIA to cut operating costs due to the obligation to implement projects through local partners and directly access calls for local NGOs.

New impetus must be given to the long-distance sponsorship sector, which has been suffering a continuous decline in recent years but still remains one of the organisation's strategic sectors.

Finally, from the point of view of administrative management, the acquisition of an accounting management module to be inserted in the new database, acquired for the management of adoptions and donations, and to provide software for double-entry cost allocation in the local offices, Nepal and Burma, to speed up accounting and administrative management in general, is necessary.

## **21. Ways of pursuing statutory goals**

From a statute and mission perspective, ASIA can only continue to work on the Asian continent and in particular in the Himalayan region, but it will also have to open up new countries such as Bangladesh or Pakistan, the only Asian countries still included in the Italian cooperation tenders.

In terms of areas of intervention, the priority areas remain education; environmental protection and combating climate change; food security and emergency; and the protection of the heritage, historical, linguistic and spiritual of the Himalayan peoples.

It will be necessary to develop activities in Italy to raise awareness of priority issues for ASIA and organise events to raise funds and acquire new contacts. Finally, it is important to continue to develop global citizenship education projects that enable the dissemination of soft skills in schools such as yoga and awareness towards oneself, the environment and the others, compassion and non-violence.

## 22. Miscellaneous and Secondary Activities

No other activities of a secondary nature were carried out.

## 23. Notional income and expenses

No notional costs and income were presented at the bottom of the management report.

## 24. Information on personnel costs

Difference in salaries of employees and facility collaborators:

Maximum gross salary €52,416.00 (VAT-registered)

Minimum gross salary €23,128

**Ratio 1:8 2.26**

## 25. Description of Fundraising Activities under Section C of the Management Report

During 2023, no fundraising activities took place outside normal institutional activities.



## Annex 1 - Detail of Commitments to Projects

PROJECTS	RESTRICTED FUND AS AT 31/12/2022	INCREASE IN THE RESTRICTED FUND	DECREASE IN THE RESTRICTED FUND	RESTRICTED FUND AS AT 31/12/2023
<b>Ministry of Foreign Affairs and Cooperation / AICS</b>	<b>455.494,63</b>	<b>17.312,00</b>	<b>302.419,09</b>	<b>170.387,54</b>
2248 AICS Myanmar	455.494,63	0	286.300,61	169.194,02
3021 Green School_AICS Varese		17.312,00	16.118,48	1.193,52
<b>Presidency of the Council of Ministers</b>	<b>336.625,69</b>	<b>0</b>	<b>243.845,78</b>	<b>92.779,91</b>
2282 PCdM Nepal Sindhupalchock	136.736,96	0	136.736,96	0
2283 PCdM Myanmar vegetable gardens	99.448,50	0	6.668,59	92.779,91
2287 PCdM_Bhutan	100.440,23	0	100.440,23	0
<b>Autonomous Province of Bolzano</b>	<b>156.283,02</b>	<b>121.402,08</b>	<b>123.202,34</b>	<b>154.482,76</b>
2290 Bolzano Sindhupalchowk_Nepal	45.660,66	0	43.955,62	1.705,04
2291 Bolzano Bhutan	43.790,50	16.133,92	51.097,47	8.826,95
2292 Bolzano agricultural practices Nepal	41.868,96	0	3.186,35	38.682,61
2279 Bolzano Myanmar Gardens	24.962,90	0	24.962,90	0
2299 Bolzano Nuwakot_Nepal	0	39.467,46	0	39.467,46
2300 Bolzano Mongolia Tuva	0	36.649,20	0	36.649,20
2301 Bolzano Bhutan	0	29.151,50	0	29.151,50
<b>Tides Foundation</b>	<b>170.283,88</b>	<b>0</b>	<b>153.142,16</b>	<b>17.141,72</b>
2286 Sumthrang 2nd phase	56.786,84	0	39.645,12	17.141,72
2259 Triten 2nd phase	113.497,04	0	113.497,04	0
<b>Italian Buddhist Union</b>	<b>0</b>	<b>41.137,71</b>	<b>5.969,06</b>	<b>35.168,65</b>
2302 Mongolia UBI	0	31.437,71	0	31.437,71
3023 We are One_UBI Merigar	0	9.700,00	5.969,06	3.730,94
<b>Private Donors</b>	<b>244.915,42</b>	<b>160.017,86</b>	<b>42.471,70</b>	<b>362.461,58</b>
0086 Dzongtsa	2.400,00	0	0	2.400,00
0089 Khamdogar	1.586,58	0	0	1.586,58
0094 Dzulung	480,00	0	0	480,00
0614 Surgery for a living	1.082,84	10.109,60	5.801,69	5.390,75
0615 EDA scholarships	38.083,33	2.678,41	17.212,26	23.549,48
0616 Cataldi Scholarships	811,72	2.544,60	2.649,21	707,11
0618 Manasarovar	928,00	845,60	0	1.773,60
2293 Tashi Choeling Nepal	147.441,67	0	1.587,31	145.854,36
2294 Pakel Nepal	12.000,00	0	1.209,33	10.790,67
2303 Earthquake Emergency 2023	0	127.666,65	3.091,90	124.574,75
4016 Merigar	16.388,80	0	0	16.388,80
4023 Seeds of the future	17.824,98	0	0	17.824,98
4027 Hidden Treasures	5.887,50	16.173,00	10.920,00	11.140,50
<b>TOTAL</b>	<b>1.363.603</b>	<b>339.870</b>	<b>871.050</b>	<b>832.422</b>

# Audit Report



ASIA — Association for International Solidarity in Asia - Third  
Sector Institution

Financial statements as of December 31,  
2023

Report of the independent auditing firm  
pursuant to art. 14 of Legislative Decree  
27 January 2010, n. 39

**Crowe Bompani SpA**  
Member Crowe Global

Via Flaminia, 21  
00196 Roma  
Tel. +39 06-68395091  
Fax +30 06 45422624  
inforoma@crowebompani.it  
[www.crowe.com/it/crowebompani](http://www.crowe.com/it/crowebompani)

**REPORT OF THE INDEPENDENT AUDITORS PURSUANT TO ART. 14 OF THE LEGISLATIVE DECREE.  
27 JANUARY 2010, N. 39**

To the members of ASIA - Association for International Solidarity in Asia - Third Sector Institution

**Report on the audit of the financial statements**

**Judgment**

We have carried out the audit of the financial statements of ASIA - Association for International Solidarity in Asia - Third Sector Body (hereinafter also "Body") consisting of the balance sheet as of 31 December 2023 and the management report for the financial year ended on that date and from the sections "General Part" and "Illustration of the budget items included in the mission report.

In our opinion, the financial statements provide a true and fair representation of the equity and financial situation of ASIA - Association for International Solidarity in Asia - Third Sector Entity as of 31 December 2023 and of the economic result for the financial year ended therein given in compliance with the Italian regulations governing the drafting criteria.

**Elements underlying the judgment**

We have carried out the audit in accordance with international auditing standards (ISA Italia). Our responsibilities under these standards are further described in the paragraph "*Responsibilities of the auditor for the audit of the financial statements*" of this report. We are independent of the Institution in accordance with the rules and principles relating to ethics and of independence applicable in Italian law to the audit of financial statements. We believe we have acquired sufficient and appropriate audit evidence on which to base our opinion.

**Other aspects**

The financial statements of ASIA - Association for International Solidarity in Asia - Third Sector Body, for the financial year ending 31 December 2023, are the first to be subjected to statutory audit, as the company has exceeded the limits set out in the art. 31 of Legislative Decree 3 July 2017, n. 117 with reference to the financial years 31 December 2022 and 31 December 2021.

**Responsibility of the administrators and the supervisory body of the organization for the financial statements**

The directors are responsible for drawing up the financial statements that provide a true and correct representation in compliance with the Italian regulations governing the accounting criteria drafting and, within the terms established by law, for that part of their internal control deemed necessary to allow the preparation of financial statements that do not contain material errors due to fraud or unintentional behavior or events.

The directors are responsible for evaluating the Body's ability to continue to operate as a going concern and, in drafting the financial statements, for the appropriateness of using the going concern assumption, as well as for adequate disclosure in the field. The directors use the assumption of business continuity in the preparation of the financial statements unless they have detected the existence or dissolution and

consequent liquidation of the entity or conditions for the interruption of the activity or have no realistic alternatives to these choices.

The Supervisory Body is responsible for supervising, within the terms established by law, the process of preparing the organisation's financial information.

### **Responsibility of the auditing firm for the audit of the financial statements**

Our objectives are to obtain reasonable assurance that the financial statements as a whole are free from material misstatement, whether due to fraud or unintentional behavior or events, and to issue an auditor's report that includes our opinion. Reasonable assurance means a high level of assurance which, however, does not provide the guarantee that an audit carried out in accordance with international auditing standards (ISA Italia) will always identify a significant error, if one exists. Errors may arise from fraud or from unintentional behavior or events and are considered significant if they, individually or as a whole, can reasonably be expected to be able to influence the economic decisions taken by users on the basis of the financial statements.

When auditing in accordance with International Auditing Standards (ISA Italia), we exercised professional judgment and maintained professional skepticism for the entire duration of the audit. Furthermore:

- We have identified and assessed the risks of significant errors in the financial statements, due to fraud or unintentional behavior or events, we have defined and carried out audit procedures in response to these risks; we have acquired sufficient and appropriate audit evidence on which to base our opinion. The risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting a material misstatement resulting from unintentional conduct or events, as fraud may involve collusion, forgery, intentional omissions, misrepresentations or overriding of internal control;
- We have acquired an understanding of the internal control relevant to the audit for the purpose of establishing audit procedures that are appropriate in the circumstances and not to express an opinion on the effectiveness of the Entity's internal control,
- We assessed the appropriateness of the accounting principles used as well as the reasonableness of the accounting estimates made by the directors, including the related disclosures;
- We have reached a conclusion on the appropriateness of the use by the directors of the business continuity assumption and, based on the audit evidence acquired, on the possible existence of a significant uncertainty regarding events or circumstances that may give rise to significant doubts about the ability of the Institution to continue to operate as a going concern. If there is a significant uncertainty, we are required to draw attention in the auditor's report to the relevant disclosures in the financial statements or, if such disclosures are inadequate, to reflect this in our opinion. Our conclusions are based on audit evidence acquired up to the date of this report. However, subsequent events or circumstances may result in the Body ceasing to operate as a going concern;
- We have assessed the presentation, structure and content of the financial statements as a whole, including disclosures, and whether the financial statements represent the underlying transactions and events in a manner that provides a fair representation.

We have communicated to those responsible for *governance* activities, identified at an appropriate level as required by the ISA Italy, among other aspects, the scope and timing planned for the audit and the significant findings that emerged, including any significant deficiencies in internal control identified in the course of the audit.

### **Report on other legal and regulatory provisions**

#### **Judgment pursuant to art. 14, paragraph 2, letter e), of Legislative Decree 39/10**

The administrators of ASIA - Association for International Solidarity in Asia - Third Sector Organization are responsible for preparing the section "Illustration of the economic and financial performance of the Organization and the methods of pursuing the statutory objectives" included in the mission report of the ASIA - Association for International Solidarity in Asia - Third Sector Entity as of 31 December 2023, including its consistency with the relevant financial statements and its compliance with legal regulations.

We have carried out the procedures indicated in the auditing standard (SA Italia) n. 720B in order to express an opinion on the consistency of the section "Illustration of the economic and financial performance of the

Organization and the methods of pursuing the statutory objectives" included in the mission report with the financial statements of ASIA - Association for International Solidarity in Asia Third Sector Entity as of 31 December 2023 and its compliance with regulations by law, as well as to issue a statement on any significant errors.

In our opinion the section "Illustration of the economic and financial performance of the Organization and the methods of pursuing the statutory objectives" included in the mission report is consistent with the financial statements of ASIA-Association for International Solidarity in Asia - Institution of the Third Sector as of 31 December 2023 and is drawn up in compliance with the law.

With reference to the declaration referred to in art. 14, paragraph 2, letter e), of Legislative Decree 39/10, issued on the basis of the knowledge and understanding of the organization and its context acquired during the audit activity, we have nothing to report.

Rome, 30 April 2024

Crowe Bompani SpA

Fabio Sardelli  
(Legal Auditor)



# Supervisory Body Report

## REPORT OF THE CONTROL BODY

### Report of the Monocratic Auditing Body

**For the Assembly to approve the 2023 financial statements of A.S.I.A - "Association for International Solidarity in Asia" ETS**

Dear Members, during the financial year ending 31 December 2023 I carried out my supervisory activity in compliance with current legislation, keeping in mind the principles of conduct of the Board of Statutory Auditors recommended by the National Council of Chartered Accountants and Accounting Experts, supervising the compliance with the law and the company statute.

Regarding the activity carried out, I report the following:

- I monitored compliance with the law and the statute and compliance with the principles of correct administration;
- I obtained from the competent administrative functions the necessary information on the activity carried out and on the operations of greatest economic, financial and equity importance carried out during the year, which are comprehensively represented in the Mission Report, to which reference should be made. Based on the information made available, I can reasonably believe that the operations carried out by the association comply with the law and the company statute;
- I monitored the adequacy of the administrative-accounting system, as well as the reliability of the latter in correctly representing management facts by obtaining information from the managers of the competent functions. From the activity carried out, no anomalies emerged that could be considered indicators of inadequacy of the system, no significant omissions or irregularities emerged that would require mention in this report. Furthermore, I examined and obtained information on the organizational and procedural activities which resulted adequate for the activity carried out and the size of the association;
- I have not encountered any atypical or unusual transactions with third parties capable of significantly impacting the economic, equity and financial situation of the association;
- I am not aware of any facts or complaints that need to be mentioned to the Assembly;
- During the financial year I did not issue opinions pursuant to the law;
- In carrying out the supervisory activity described above, during the meetings held with the members of the Asian Administrative Office, I acquired information on the general performance of the management and on the risk factors and significant uncertainties relating to continuity and the most significant operations carried out by the Association and based on the information acquired I have no particular observations to report.

With reference to the financial statements closed on 31 December 2023, I supervised the aspects and formalities not related to the statutory audit of the accounts, the setup and its general compliance with the law as regards its formation and structure; in particular I was able to find that the financial statements were drawn up in compliance with the art. 13 of Legislative Decree no. 117 of 3 July 2017 (Third Sector Code) and the Ministerial Decree. 5 March 2020 of the Ministry of Labor and Social Policies, as integrated by OIC n.35 ETS Accounting Principle which governs its preparation.

Furthermore, I have verified the compliance of the financial statements with the facts and information of which I am aware following the performance of my duties and I have no observations in this regard.

On 30 April 2024 I received the document drawn up by the auditing firm Crowe Bompani S.p.a. via email. (Dr. Fabio Sardelli Legal Auditor) appointed by the Assembly of Asia to perform the Legal Audit for the 2023 financial year, which issued the Certification of Asia's 2023 financial statements without qualifications.

Considering that the auditing firm Crowe Bompani S.p.a. has issued its opinion without exceptions, the Monocratic Body finds no impediments regarding the approval of the budget as of 31 December 2023 and of the mission report, expressing a favorable opinion on the proposed allocation of the operating surplus as resolved by the assembly.

Rome, 20 May 2024

SOLE AUDITOR

DR FRANCESCO LAURIA



**Associazione per la Solidarietà Internazionale in Asia**

Via San Martino della Battaglia 31, 00185 Rome - Italy

Tel +39 06 44340034 – [info@asia-ngo.org](mailto:info@asia-ngo.org) – [asia-ngo.org](http://asia-ngo.org)

